SECRET OF BEING HEALTHY
FROM BIRTH TO END

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Dr. Amitava Maity

POETS FOUNDATION
KOLKATA

(III)

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by
Dr. Amitava Maity

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First Edition : 26th December, 2021
(Jamna Tithi of Maa Sarada)

Cover Design with photographs by
Dr. Amitava Maity

Type Setting by
Poets Foundation
8/20 Fern Road, Kolkata 700019, India

Printed by
Process Syndicate
4/1A Bhola Nath Paul Lane, Kolkata 700006

Published by
Poets Foundation
8/20 Fern Road, Kolkata 700019, India

ISBN 978-81-88012-32-8

Price : Rs. 499.00, US $10

Dedicated
to
My Pathfinders
Dr. Shymal Kumar Das, & Dr. Biswajit Roy

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Acknowledgement

This article is not only based on medical treatment but also considers complete well-being of sufering humanity in its physical, mental, social and spiritual realm. We are usually conserned with the physical well-being, but along with that the Internal Well-being must be developed.

Hence the perversion, criminalism, vindictiveness, excessive greed, anger, avarice, violence have equally to be sddressed. It requires development of mind from its gross state to the pure and subtle state. Love for sacrifce is greater in the pure mind.

The treatment needs to be done with the help of Allopathy, Homeopathy, Ayurveda and Divine Inspiration.

The Author, Dr Amitava Maity is well aware of the intricate nature of the problems. He, in his own way, tried to show the way to come out of the impasse.

Dr. Maity is an Ex-student of Narendrapur School and possesses, a very good psychological heart to feel the sorrow of others.

I pray to the Holy Mother for his total wellness.

Swami Suparnananda
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Foreword

The total article is based on Philosophy, Genetics, Molecular biology, personalised medicine, sayings of the father of Allopathy, Homeopathy, Ayurveda, i.e. HIPPOCRATES, MASTER HAHNEMANN, CHARAK & SUSRUT.

Also we should know the VERDICT OF CHARLES DARWIN, GEORGE BERNARD SHAW, SIR WILLIAM OSTLER, LUC MONTAIGNER, EMIL ADOLF VAN BEHRING, JACQUES BENEVISTA, DR. MAURICE JENEAR, DR. PETER H. KAY, AUGUST BIER, DR. JEAN PIERRE GALLAVARDIN, DR. PHILIP M BAILEY, DR. LALGI SINGH, MAHATMA GANDHI, DR. MAHENDRALAL SARKAR, ALBERT EINSTEIN, ETC. ALSO RABINDRANATH THAKUR, PLATO, LOUIS PASTEUR, SWAMI VIVEKANANDA, UPONISHAD, VEDANTA, MANY GREATS OF ALL TIME.

Pioneer of Micro Immunogenetics

MICRO - TODAY WE ARE ALL UNDER THE INFLUENCE OF HIGH DOSES OF MEDICINE. Some are very essential. But many of them are Toxic. Gradually we are increasing the Quantity without any permanent long term Qualitative action of Medicine. Also useless combination of Medicines are mailing different types of Drug resistant diseases. So here the author tried his best to minimize the quantity of Medicine and doses, rather in Micro lebel by the help and research by following the sayings of the above mentioned greats.

Always we consider the Diseases of an External Man. Here the author wants to establish that the secret of the internal man to explore the man with consciousness and it is also very much relevant to make the world Healthy.

IMMUNO - Here Immuno means Immunity. Today we are all beginning to understand the role of Immunity. There are many life saving measures (including medicine) which are coming into the market. But most of them have to depend on Immunity. Otherwise nothing will work satisfactorily.

In this respect Modern Medicine had a revolutionary role to develop immunity against Tuberculosis, Polio, Triple antigen,

Measles, Typhoid, Hepatitis, Meningitis, etc. But as Author appears that no such universal and well proved method have been discovered till date to increase the Generalized Immunity of total body and mind of a Human being. Here the Author wanted to prove if we can triggered up the generalized immunity to cover all the system of the body to a certain extent, there the man will automatically feel better so far as his physical and mental well being are concerned. Thus he can fight with the existing diseases as well as the new destructive diseases of which may crop up in future. But the method should be started from the beginning of life. The Genetic feature, have a greater role to play in this regard.

GENETICS - Today Genetics has a main role to figure against all types of Diseases as well as Physical. Mental and Social well being (WHO).

The Genetic History and councelling is very much necessary to know the prognosis, diagnosis, treatment and to cope up with future complications and also to maintain a Healthy life from early stage.

So detailed history taking at least from previous two generation seems to be a vital factor. Even the Psychology, mode of living in the family of Mother, Father, Grand Father, Grand Mother are also accepted some as vital consideration. Even factors of foetal stage, when we are in the abdomen is very necessary. Today digital screening of foetus is going on. We have to know the secret of the foetus from the late pregnancy.

At last we have to conjointly consider the vedantic view, Upanishad and sayings of the Gita and Avatars.

I have tried my bast to go through different system of medicine currently considered in the Medical field (Allopathy, Homeopathy and Ayurveda). I came to know every pathy is in parts in his own arena. It should be established, if we consider the verdict of the Fathers of every pathy, then we will know every pathy has a great power to trigger the immunity as well as treatment. Being a Homeopath I have just given more important on Homeopathic mode of treatment without disgrading others.

Dr. Amitava Maity

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Introduction

The disease patterns are changed and new concepts of healthcare medicine have evolved. These changes can be summarized in 3 words - Commercialization, Technological innovation and globalization. Medicine today is no more a humanitarian Arts and Science, but has a lucrative business opportunity. While technical advancements have brought wonders in certain fields, it has made modern medicinal technique extremely expensive which is beyond the reach of the common man. Communicable diseases and problems of socio preventive medicines related to poverty and sanitation have assumed gigantic proportions in underdeveloped nations.

The Allopathic Medicine cannot boast that all of their patient are treated satisfactorily by them by their high technical sophistication. It's glory lies in the spirit with which patients are served. I have tried my best with my little knowledge that holistic approach also has a role to serve people in a cost effective technical but humanitarian way.

Today, most of the people are suffering from combination of diseases at a time. The physicians of every branch of medicine and surgery are ready to serve the people. Medical science is so vast and diversified it is practically impossible for a physician to become the master of gastroenterology, cardiology, neurology, general medicine, orthopaedic, gynaecology, paediatric, dermatology, pathology, radiology, oncology etc. The surgery of each and every branch of medicine is impossible to a general surgeon. There are definitely some advancement in clinical and surgical medicine. Life savings measures are very much improved.

Technically the physicians of Modern Medicine are the master of the sophisticated Management. So men are recovering from the critical stages. So today Modern Medicine is the main pillar for the sufferers.

In spite of that, there are many instances where unnecessary specializations along with unwarranted pathological & radiological investigations create an extra burden to our health and financial status considering our socio economic condition.

Even today a good considerate and alround general physician can serve the people competently. They can reduce the cost of treatment in a large number of selected diseases. They have to also consider their limitations. The Consumer Protection Act can give some protection to the sufferers. This Act also has a bad aspect. It destroys the doctor-patient relationship. Today Doctors are also cautious during treating simple cases. It is natural. I have seen that in simple cases of viral fever, the General Physicians as well as the Specialists do not want to take any risk. From the very beginning they are going for all types of related and unrelated costly and useless investigations to protect themselves instead of protecting the patient. Today diseases are going towards a very bad stage. So we should be cautious. But we can save some money and harassment if we are confident with our clinical eyes.

Every disease has its own course. But due to fear and apprehension they are helpless. The patient party is also very much impatient today. Even the educated and sophisticated people don't try to understand the course of diseases. This may be due to uncertainties and insecurities

of today's profession. As a result most of the sufferer has to go to costly Private hospitals. Even a wealthy people can't afford the glamorous facilities of private hospital. But it is to be remembered that medicinal profession does not always mean that good looking instruments and good packaging of drugs will cure a patient. Obviously, there are some critical cases where extraordinary management is necessary. But most of the cases do not need the expensive management and medicine. A large number of manageable cases are referred to the useless costly environment. The Hospital managements are also taking advantage of it. Even a normal recent headache with fever is referred to MRI (neurological investigation) within a few days.

However who am I to change the system? We are all under the influence of consumerism and external glamour. As a Physician of Holistic Medicine like others, in spite of curing many chronic & complicated diseases we have to fight against the glamorous outlook of Modern Medicine at every moment. We are rectifying the number of selected diseases of different branches of medicine at a time. For example, if a man is suffering from enlargement of prostrate, chronic respiratory distress (Bronchial Asthma), irritable bowel syndrome & eczema then we can give long lasting relief of all cases without the help of Urologist, Chest Specialist, Gastroenterologist & Dermatologist respectively, with a single group medicine at a time.

It seems unbelievable, but few upgraded Homeopaths are doing this remarkable job for many years which I just want to explain it in this article. How is it possible? Being a

Homeopath I have used the term "Advanced Computerized Micro Immuno genetics based on Homoeopathic pillars (philosophy).

Dynamic - Power which is much stronger than ordinary diseased force.

Micro Immunotherapy-Minimum dose which can trigger up the immune system.

Genetics-Taking of symptoms from the very early stage may be from the history of Father & Mother as well as Grand Father & Grand Mother, inherited factors and late pregnancy.

Advanced-It has been established that Homeopathic DNA targets genes that reduce the symptoms of the disease. The DNA molecules are designed to target immune response genes to help fight against infections & control complicated, chronic, incurable selected diseases.

Computerized-Today without the help of various softwares, the accuracy in selecting the medicine is very difficult, rather impossible. Different useful softwares are launching regularly. Numerous books and softwares are coming into the market which is very difficult to tackle without latest technologies. But ultimately diagnosis of the disease and the intutional factors would come into play.

The future generation physician should know that this gene targeting method can rectify all the system of the body at a time and can protect or reduce the possibilities of future mental, physical and genetic diseases.

The Revolution which gave International Recognition to Author from Vedant Society (New York), USA Established by SWAMI VIVEKANANDA

Check up your health, diagnose the case & to get confirmed which branch of medicine (Allopathy or/and Homeopathy) is comparatively more beneficial, less time consuming & relatively cheaper for your disease & treat them accordingly. This is very vital. Every system of treatment has its own limitations, (prognostic and forecasting future probabilities).

Treatment should be done on the basis of philosophy of the father of Modern Medicine-Hippocrates. Homoeopathic system of medicine based on the philosophy of the father of Homeopathic medicine-Hahnemann. Hahnemann was influenced by the theory of Hippocrates, the father of Modern Medicine. Hippocrates said, "It is more important to know what sort of a person has a disease than to know what sort of a disease a person has." The aim of my article is to prove as far as possible the above sayings of Hippocrates- The Father of Modern Medicine. In case of Ayurveda we have to consider the basic philosophy of Charaka and Sushruta.

We have to consider the basic philosophy of Master Hahnemann and Master Kent and other stalwarts of Homoeopathic Medicine. Just we have to give some extra importance to find out the originality of inner man by going back as far as possible. The history of the patient should be taken considering the genetic factor of father and mother and also considering the patient's foetal stage while in the mother's womb up to the recent diseased state, where age is no factor.

Kent, another stalwart of Homeopathy also said that "you must go back "

External Man and Internal Man

As a Medical Practitioner, we always consider the diseases (Mental and Physical) of an external man. Here the Author wants to establish that in order to find out the secret of an Internal man, i.e. the study of the man with regard to his consciousness is also necessary to visualise the physical, mental, social & Financial well being of that particular person.

Before being a physician of Allopathy, Homoeopathy or ayurveda, we have to learn some thing about the innerman, the soul of the man.

This is the conclusion of one of the great neurologist WILDER PENFIELD of Montreal Neurological Institute, who died in 1976. He was an outstanding neurologist who conducted this experiments in his own laboratory and subsequently written a book, the title "Mystery of the Mind".

Penfield Stated –

"All the Medical education is started with the dead body, where we study man as an object. The study is carried in to this deeper, Subtler field of Neurology where the nerve we can see but the energy crossing through the nerves (action of the nerve) are not perceived and still more, how the brain handles, organizes and perceives the world as well as how one perceives oneself."

Materialistic Science and Transcedental Dimension

Transcendental Dimension means something that goes beyond Normal limits or boundaries, because it is more significant than them. Materialistic Science tells us that man is nothing but the brain, nothing but his body. Just like any animal or a machine is man merely contains this body, or

merely physics and chemistry operating within him. So is the mental life dependent upon the chemistry of the brain only? No, the man has a "transcedental Dimension". The dimension beyond body and sensory system. This would be a tremendous discovery, that we are the soul, we are not the body. The mind is not just the brain; mind is that which stimulates the brain. If we the physicians consider this along with the latest scientific development, the suffering Humanity will get enormous peace and harmony in their life (from birth to end).

The Authors Philosophy and Aim

The readers should not consider this book as an effort to prove the efficacy of any one of the different medicinal systems currently available in todays' world, i.e., Allopathy, Homeopathy and Ayurveda. It is about ***a vision beyond health***. It is a positive effort to bring the physical, mental, social and financial well-beings and to reduce criminality, destructiveness and perversion.

Here, the Author wants to mention, if we physicians of every system follow the advice of our respective FATHERS of different system of medicine, then automatically all patients will enjoy the physical, mental, social and financial well being which will develop by triggering the inborn immunity.

The author's ultimate aim is to promote a concept which will be beneficial for the suffering humanity. The author's experience has coincided with many great in the field of medicine, philosophy, Upanishads and latest scientific developments. The application of different systems of medicine may vary from patient to patient but definitely the application of a purer form of different system of medicine has a tremendous role to prevent and cure the diseases.

Following the concepts of Charaka, Sushruta, ancient Rishis and of course the Father of Allopathic medicine Hippocrates. Author would like to highlight the beneficial effects available in all those medicinal systems after going through their histories to the maximum extent possible.

The applied sciences like Original Ayurveda and Original Homoeopathy will be abolished if it is not modified/ updated and promoted into a purer form with the help of fathers of different pathies, philosophers, Nobel Laureates, scientists of Microbiology, Immuno-Genetics and others and complete all round physicians irrespective of any pathy.

The Ultimate Revolution

- To reduce criminality, perversion, destructiveness and on the other hand to promote inner consciousness, intelligence and honesty.
- **The concept of personalized medicine** – the only way to decrease the number of toxic medicines along with increasing the immunity of the body. There will be no specific medicine, the mode of treatment will vary from individual to individual except some instances.
- **Many Diseases, One Solution** – Trigger up your present and future immunity by dynamic micro immunogenetics, rectify all the systems of the body at a time, reduce the extra burden of different specialist/micro-specialist and unnecessary investigations.
- Today auto-immune diseases are increasing very rapidly. The Allopathic system of medicine is treating them with immune-suppressive medicines which has no preventive measures. On the other hand, they have exceptional preventive measures for polio, triple antigen, measles, typhoid, meningitis, hepatitis, etc. which are mostly acute and life threatening. These are some of the greatest achievements of Modern medicine.

- **Conjoint Therapy -** But we have no option rather depend on them in some cases. But most of the Allopathic medicines are immune-suppressive. On the other hand, there are many incurable diseases all over the world which can be cured and prevented by triggering the immunity. So, in some cases conjoint therapy (Allopathy and Homeopathy) can do miracles. I have saved so many lives with the help of conjoint treatment which is unbelievable. To be a complete Clinician you have to know the limitations of every pathy. Among the major challenges of todays' modern medicine, the future of complicated diseases will be treated through immune-modulation and combination of immunotherapy (This is my personal opinion).
- The specialization and micro specializations of modern medicine increase longevity and reduces the suffering and other complications by their sophisticated management and the latest research-oriented techniques.
- We can rectify a life starting from birth if it is promoted by some great scientists, physicians and spiritual leaders. To some extent, we may change the genetic pattern of a life, the scientists of modern medicine are watching the movements of the foetus, psychology of the mother through digital screening and councelling of the parents.
- The invention of the stem-cell therapy (modern medicine) has a tremendous potentiality which may throw a new ray of hope. Life does not exist without the soul, a man without a rational thinking cannot live, that is why some God-gifted and talented Nobel Laureates said that there are some mysteries in dynamic power of water molecules, which can come out with exciting revelations about the nature of the future generations.
- We are very much depressed as to why the Government and scientists all over the world (except some Nobel Laureates and researchers) are not at all keen to develop this glorious art of treatment- **Homeopathy.**

- Holistic or Alternative system of medicine cannot be a replacement of Modern medicine. Alternative medicine cannot be applied in all forms of acute and devastating diseases like Cerebra-Vascular Accidents, Advanced Stage of COPD, Advanced Brain Tumor, Septicemia, acute gastro intestinal, peritonitis, acute appendicitis, acute subdural Hematoma, etc., as there are no alternatives of ICCU, ITU, Heart-Lung Machine, Ventilator, Defibrillator, Acute Trauma care system, electrolytic replacement opportunity, etc. So, Alternative Medicine may be a branch of total medicinal system.

Today, modern medicine is also seriously contemplating the role of immuno-therapy, immuno-genetics and personalized mode of treatment for every devastating, chronic and complicated diseases including cancer.

Many years ago, some great Nobel Laureates have opined that there are no substitutes for chronic and complicated diseases without the help of immuno-therapy and immuno-genetics.

We may live longer, our DNA may be mapped and researchers can predict our chances of getting ill, new modern drugs are being developed all the time. In spite of these developments in modern medicine, still a growing number of populations of developed countries are suffering from cancer, dementia, schizophrenia, bipolar depressions, Attention Deficiency hyperactive Syndrome, heart problems, diabetes, genetic abnormalities, auto immune diseases, etc.

One of the most important duties of science is preventing and understanding why so many people are becoming ill and scientists are currently debating the best usage of technological advances and new knowledge to ensure the best option for public health.

From the very beginning, we should learn the art of living.

The author remembers few words of **Swami Vivekananda, "The more, therefore, the Hindus study the past, the**

more glorious will be their future, and whosoever tries to bring the past to the door of everyone, is a great benefactor to his nation", and got inspired by it.

Illnesses can be Analysed at the Cellular Level

Scientist Nordic asked a number of Danish researchers to give us an idea of the current trends and challenges in European health research. They told us how far researchers have come in understanding ageing, obesity and resistance to antibiotics.

"We are going through a paradigm shift in our understanding of diseases," said Professor **Liselotte Højgaard**, head of the Department of Clinical Physiology, Nuclear Medicine and PET at Copenhagen University Hospital. "As we find more and more biomarkers, and get technology to sequence more and more DNA details, we're really starting to understand that the health of some people is more susceptible than that of others."

Professor Højgaard said "that we can analyse how illnesses develop down to a cellular level is a revolution. The technology and our new understanding that diseases develop differently in different people opens up for a long series of possible ways of treating and preventing illnesses."

Personalised Medicine is the Future

I'm again reiterating the importance of personalized medicine.

Højgaard organized a seminar about personalized medicine, which is a course of treatment adapted to the individual patient's genetic composition, epigenetic, life history, age, gender and other factors that can influence how the patient's health develops.

In this aspect Højgaard opined – Individualized treatments are today's big trend - more and more research show that some people may need another type of therapy than other people because they have certain

genes, or that people with special biomarkers can run a higher risk of developing certain diseases".

"Before long I think we'll all have our clinical record and genetic sequence on a USB key," she said. "Then if you're admitted to a hospital the USB key will be read by a machine and the doctor can see your genetic composition, case record, and personal information."

"This way, the doctor can immediately target the treatment to the individual patient, based on the information on the USB key about genetic factors, epigenetic, social circumstances, lifestyle, age, family history and so on," said Højgaard. "In principle we could do it today."

To make a man healthy from birth to end.

To make a man healthy from birth to end. I want to start with the verdict of **Eleanor Foster**.

In trying to make man free of diseases and for his physical, mental, social and financial well being, the present author is inspired by a book of spiritual psychotherapist, **Eleanor Foster**, who explains the key for recovery.

I cannot express it better than Spiritual Psycho-therapist-**Eleanor Foster**.

Mrs. Foster writes, "I don't believe that in the end, their healing will come from outside. I can only turn them towards their own healing within each of us is a source of life and health, divine center that is called 'God' (Soul of Man).We shall find even a wider healing. We will find a gentle awareness that others! share our same struggles, our imperfections, our Yearnings. We will begin to understand we are all alone. The divine centre is LOVE".

"But the fullness of health can't be hurried. Scrubbing over a wound too quickly without and slow steady growth of new healthy tissue only leads to festering and break down."

I want to add something, it will not take time to grow healthy tissue if treated by Mirco-immuno genetics, the speediest way to heal internally (selected cases) but the aim of my research is – the patient will be better and completely free from chronic and complicated diseases and the divine centre will begin to rejuvenate...**But we have to match the soul of the man with the soul of the medicine**.

Longer Lifespan Equals more People with Dementia - Lenejuel Rasmussen

Technology, new knowledge, and more ways of treating people have already meant that doctors can keep us alive longer than ever before. But a longer lifespan is not synonymous with better health as well as mental well being. As we live longer, an increasing number of us end our lives suffering from severe dementia or become so ill that we cannot look after ourselves.

"In future, age-related diseases will have rising human and societal costs," said **Lene Juel Rasmussen**, a professor of cellular and molecular medicine.

"Many elderly people will suffer from cancer and various metabolic diseases such as type 2 diabetes because they are overweight, but our greatest challenge will be dementia diseases that we still cannot treat or prevent," said Rasmussen, who heads the Centre for Healthy Ageing at the University of Copenhagen.

"We've come a long way with stem cell therapies and we can now replace diseased brain tissue with healthy tissue," she said.

Furthermore, researchers have recently started looking at how social relationships and lifestyle can influence when people develop dementia.

"But there is still a great deal that we don't know about the many different types of dementia that exists," said Rasmussen.

I came to know the importance of Mitochondrial DNA in ageing and cancer from Claus Desler (Professor –

University of Copenhagen – Centre for Healthy Ageing) and LeneJuel Rasmussen (Managing Director, University of Copenhagen – Centre for Healthy Ageing)".

Ageing is still a Mystery

Dementia is a blanket term covering diseases where the brain loses its functions. Again, as similar to Alzheimer's and Parkinson's diseases there are many other illnesses and some are yet to be classified. While researchers are becoming better at preventing, treating or relieving diseases such as cancer, type 2 diabetes and heart ailments, they still know very little about diseases that affect the brain's functions.

"There's a simple reason why researching dementia and developing therapies is difficult," said Rasmussen. **"You can't just take a sample of the brain out of a patient and carry out tests, like you can if it is the intestines or the blood that is ill. We can scan the brain, but that only tells us something about the brain's structure. To develop therapies against dementia means we must know something about how brain cells behave, and that requires fresh brain tissue to work with – and that is very difficult to get from human brains."**

"In fact, researchers know very little in general terms about what happens in our cells when we grow age", said **Rasmussen**. In the future, one of the most important tasks of the health sciences will be unraveling the secrets of how and why the body ages, she said.

"Quite some time will pass before we understand the molecular and cellular ageing process," said Rasmussen. **"We know that the ends of chromosomes, called telomeres, shorten as we grow older. We also know that the biological processes in some cells become a little weaker - but we don't know precisely what happens and why? There are really very many unknowns."**

Combination of Mateialistic and Holistic Methods of Treatment

The new aspects of Modern Medicine are entering in the market. The scientists of multinational companies are also trying their best to discover new life saving medicines. So as a whole our life expectancy is increasing day by day, but they are all through the materialistic way of treatment. Apparently, there is no option. Holistic medicine also cannot compete with modern medicine in multiple devastating diseases. I cannot disobey the materialistic way of treatment, most of the patients are relieved by these medicines and management, but **Mental Well Being** (to feel good as a whole) is also necessary.

But are we bound to give non materialistic pleasure of the mind along with longevity of life by way of triggering inner Consciousness.

Unstableness comes from an Ungathered Soul

We have to feel the unified soul. We do not want longevity with tight breathing, tense smile, restless hand, vigilant posture, even the relatively minor offences bring reminiscence of early childhood to old age. Hence our feelings may subsides, finally leading to "Depression".

Our selves are mingling together between unique inborn qualities and unique pattern of relationships. Ultimately in spite of inborn qualities (man with consciousness) we are mostly deviated towards criminality, terrorism, destructive attitude, perversion, selfishness etc., due to differences/inequality of social, environmental, physical, financial and genetic factors.

So, if we can rectify life from early childhood by collecting symptoms as per the verdict of **Master Kent, "You must go back..." i.e. collecting symptoms as early as possible. We can gradually control and improve the physical and**

mental well-being of a person throughout life – occurrence of longevity with tight breathing, tense smile, restless hand, vigilant posture will reduce to a great extent."

The Obesity Epidemic is Still a Great Threat

"Obesity remains one of the really big risk factors in connection with the lifestyle diseases that often affects people who are getting old", said Professor Thorkild I. A Sørensen who works with metabolic and clinical epidemiology at the University of Copenhagen and head of the Institute of Preventive Medicine at Frederiksberg Hospital.

According to him, "there's still a great deal that researchers do not quite understand about why too much fat gets stored in the bodies of many people."

"We know much less about obesity than you would think, and the obesity epidemic is a large global challenge, not least in developing countries. There is no doubt that it is still a threat to world public health, because obesity increases the risk of getting a large number of diseases."

"Looked at in general terms, the development of obesity cannot be explained solely by how much you eat and how much exercise you do", said the professor.

He said, "we know that some people can stand eating more than other people, but we still know very little about why some people store too much fat in their tissue while others burn it. It's difficult to determine that because very few calories end up in the fatty tissue every day."

In Homoeopathy we are very much concerned about the desires and aversion. What type of food he likes, what type of life style he maintains, what type of environmental factors

they are facing? From this information how can we target genes? It is now known, many environmental and nutritional factors can influence gene expression. People willingly or unwillingly expose themselves to different agents that disturb optimum gene expression in daily basis. There are many food components that can interact directly or indirectly with the genetic blue print and have effect the expression of our genes. Diseases may be promoted from that.

For example, nutritional factors such as some polynutrients can deregulate the expression of a set of genes that produce kinase, a family of proteins that are involved in metabolism. This alteration of kinase gene expression are associated with obesity, type 2 diabetes atherosclerosis, and in particular type of cancer. This novel gene targeting system is known as dynamic micro immunogenetics proved highly successful as it covers all the system of the body at a time, and can prevent the dreaded diseases. This is what Dr. Maity is trying to establish to the world.

May be Epigenetics(the study of changes in organisms caused by modification of gene expression rather than alteration of genetic code itself) Makes Us fat

Perhaps the answer to the obesity mystery will be found in epigenetic, which is the study of changes in the DNA caused by environmental factors such as pollution, stress, and diet. It has been shown that babies weighing too little at birth because their mothers did not eat enough while they were pregnant run a greater risk of becoming fat and developing type 2 diabetes later in life -possibly because some of their genes are no longer active.

The research field that looks at how genes work and interact with environmental effects is very large, "**Perhaps we should look backwards to before the foetus was formed. There could have been epigenetic changes in the DNA in one generation that are transmitted to the next generation" said Sorensen.**

In line with the theories behind individualized therapies, the professor believes that the development of obesity should be looked at in a holistic way where the individual's social and psychological factors are considered together with the brain's function and the role of the genes.

In our author's understanding, it's not un-natural and safe for cells to store fat but in some patients the fat gathers in very large quantities and affects the cells and the rest of the body as fatty acids, that are not burnt quickly or stored are harmful. This is probably a matter of the ability of the brain to instruct the fat cells about how much they should store for existence. In some people, the brain function may not work normally.

Resistance to Antibiotics is Spreading Globally

Now a days, many doctors around the world are of the belief and it is one of the largest current threats to world public health: resistance to antibiotics.

"Multi-resistant bacteria will continue to spread very quickly throughout the world", said Dr. Henrico C. Wegener, provost at the Technical University of Denmark.

In my view, if antibiotics can no longer kill bacteria then simple infections such as inflammation of the bladder can be lethal and surgeons cannot carry out larger operations due to septicaemia.

"Resistance to antibiotics is a problem that arose just after antibiotics were discovered - bacteria are very smart and can give off and absorb genes so they build up resistance to anti-micro biotic substances," said Wegener.

"Finding new antibacterial substances in nature went well in the beginning and that made it possible to develop new types of antibiotics when bacteria became resistant to the old types," he said.

But we've lost that race because we haven't found new antibacterial substances since the 1980s and there's probably very little chance of finding some again for the time being.

Too much Dependancy on Antibiotics

Resistance to antibiotics is spreading quickly across the world – in particular because we travel more, have surgery abroad, and in the worst case by carrying multi-resistant bacteria with us when crossing borders between countries. The more antibiotics we use, the faster bacteria develop resistance -- and we use a lot in agriculture, in hospitals, and in our homes.

“We can postpone the agony by behaving sensibly and reducing our consumption of antibiotics, but it's a tough fight,” said Wegener. “In Europe we have a quite stringent policy for antibiotics but authorities are far more liberal in large parts of the world - in many countries including India, you can even buy antibiotics over the counter without a prescription.”

Around the world, researchers are trying to find alternatives to antibiotics but Wegener is skeptical when asked about the chances of success.

Wegener said – “I don't want to be too pessimistic, nor is there any reason to be a rejoicing optimist. The problem is that our backs aren't so hard against the wall that the pharmaceutical industry wants to invest millions in finding alternatives.”

Author believes that if the internal immunity is triggered up then the necessity of consuming antibiotics will reduce to a great extent which indirectly will save unnecessary medical expenses. Today we are experiencing useless combination of antibiotics with high cost from pharmaceutical industry. Author is only concerned with the complicated septicaemia where regular trial is going on by administering too much costly antibiotics. Sometimes it is very vital but after a

certain stage resistance will be too much. But it is very difficult to assess where to stop. On the other side life saving measures like ventilator, defibrillator, heart lung machine, dialysis and many other measures are going on. So it is very difficult to succumb. Also septicemia is increasing, hence doctor has no option. So off and on we are experiencing, the body is lying like a log of wood with no sense of living. But officially there is no brain death. Too much sophisticated costly management is helping to prevent Brain Death. Machine not Heart controlling cardio vascular system. This is mainly happening in case of VIP and VVIP. But many rich, influential people are also experience it. Ultimately there is an irreversible loss of property. Some common people are also trying to save the life of their relatives and friends by taking this opportunity with the hope of a miracle. Sometimes miracle is happening considering constitution, age, genetic factor and increase of overall immunity. I myself also may not be overcome this trap.

The Author Starts with the Father of Allopathic Medicine – Hippocrates :

1. **I, however consider it right to see the whole, no disease is local.**
2. **See not the disease but the diseased individual.**
3. **Stress not only on diagnosis but on prognosis.**
4. **The final prognosis should follow from careful observations.**
5. **No explanation, but phenomena and detailed description of individual cases are needed.**
6. **One Man's meat is another man's poison.**

HIPPOCRATES collected data and conducted experiment to show disease is a natural process that the signs and symptoms of a disease caused by the natural reaction of the body which overcome metabolic imbalance and restore health and harmony to the organism.

Ayurveda, Mind and Ancient Rishis

The source of physical ailments are traceable to the mind. Everything that we see or hear, leaves a mark on our mind. The mind must therefore, be treated with care especially from childhood or to early adulthood. The mind can be easily hurt which makes it withdraw from the society and become dull and insensitive, that will be reduced.

Still today the contribution of Charaka (physician) and Sushruta (a surgeon) can bring back a man to enjoy physical, mental and social well-being.

Here the author wants to describe the spiritual role of different systems mostly **AYURVEDA, ALLOPATHY and HOMEOPATHY.**

Charaka - the Father of Clinical Medicine

Charaka said "The varied herbs of the world if applied after duly processing and administering the Original Medicine will come into play".

Ayurveda sees the physical body as the crystallization of deeply sited mental tendency carried over from previous years which presently is mostly ignored.

Charaka has described "fetal development, anatomy of physical body. The physiological function of the body based on Vata, Pitta & Kapha (Gas, Acidity and Phlegm). Literally translated from Sanskrit, it is composed towards Ayus which means Life and Veda which denotes knowledge. Life is a vast and an encircling phenomenon, which includes death. One side of life is celebration of birth, growing with sexuality and on other hand life also brings forth disease, decay, ageing loss of vigor etc. Ayurveda brings above profound of the inner ability to have sound body, mind and spirit."

Sushruta – The Father of Surgery

Qualities of an Ideal Surgeon are fearlessness, swift action, sharpness of instruments, absence of perspiration, trembling, confusion etc.

SUSHRUT (600 - 1,000 B.C.E) is the well-established name in Ayurvedic Surgery, he was a surgeon, a reputed teacher and the author of Medical Science. He identified, calculated and catalogued the total number of bones in human body, Sushruta was a Kshatriya and had detailed knowledge of sharp and blunt instruments. He also mentioned other specialization such as Shalya Vidya (Disease of eye, ear, nose and throat), all parts of the body and Kaumara Dhritya (treatment of infants and mother).

Sound body, mind and spirit should come from his ancestor, so we can say the role of immunogenetics started from Charaka and Sushruta time.

In the author's opinion, the rectification of genetic influence begins from zygote, embryo Fetus childhood, even adulthood. If a man comes to us at the age of 70 years, with history of bronchial asthma then also, we have to search for his originality i.e. soul of the man and we have to match with the soul of the medicine to cure him by taking the symptoms from the early age. The art of this treatment needs Perseverance, glorious medical achievements of the past and latest diagnostic techniques.

Embryology

It is the branch of biology that studies the developments of gametes (sex cell), fertilization and development of embryo and fetus. Additionally, embryology is the study of congenital disorders that begins before birth. A maternal effect is a situation where the phenotype of an organism is determined.

Phenotype

Phenotype is the composite of organism's observable characteristic traits such as its morphology, development, biochemical and physiological property behaviour and product of behaviour. So it's an observable type of an organism, and it can refer to anything from a common trait, i.e. height, hair colour, to presence or absence of a disease.

Genotype

The genotype of an organism is the inherited infrastructure. It carries with its genome. In modern molecular biology and genetics, the genome is the genetic material of an organism. It consists of the DNA and RNA.

So, we have to find out the way how to change the pattern of genome. ***Charaka Samhita*** said healthy motherhood is the basis of family life which is known to all. We all know that if a couple desires to have a good progeny both the partners should be careful about their diet, activities, behavior and emotional status.

It is very easy to give advice but in practical life, today both the parents have to go through different trials and tribulation before or after the formation of zygote. We are mostly not born with good, evergreen 'Sanskar' (i.e. past deeds).

The author's ultimate aim is to transform or rectify undesirable effect of progeny by way of different systems of medicine i.e., Allopathy, Homoeopathy, Ayurveda and *Spirit of the Nature*.

All the religious prophets and philosophers instructed humanity about the glorious and spiritual art of living. But it is equally true that these are very difficult to be followed by a large number of common people. So, if we can change the pattern of Zygote / Embryo, childhood, adulthood, then rectification comes from inside, which will inspire us to learn, to increase our eagerness to modify ourselves to know that there is another eternal joy beside the materialistic joy. It is only possible if we can start our journey from the zygote, embryo, fetus, childhood etc. Though it can be started from any age like adulthood or older stage, it is never too late, but it is easier to start from or before birth.

Many spiritual monks can say all the happenings are due to our past deeds, environment, and other factors. So what is

the necessity of meditation, man making spiritual organization, different kinds of spiritual works. Our **Holy Mother Sarada Devi** said,**"Generally, the mind acts as an agent of lower self- the aspect of our personality that tries to drag us down and leads us to entertain the evil emotions. It is a great enemy of higher self- the aspect of our personality that inspires us to inoculate good habits and pure emotion."**

According to Ayurveda and other established therapies, just like preparing from conception to process of farming -like the healthy crops depend on quality of soil, seeds, proper timing of sowing, quality of water (containing nutrient substances), similarly healthy generations should come from the proper genetic influences, environmental and social factors.

Solution from Ayurvedic Point of view

The couple does not consume dry vitiating diet as it suppresses the natural urge, hence fetus produces hoarse or nasal voice, deafness. The vata produces baldness, premature greying of hair, and absence of hair on the face. If a pregnant woman continuously consumes a diet capable of aggravating the Kapha it produces Kustha (Leprosy), Leucoderma, etc. For the mental faculty, psychosomatic temperaments of the parents should be treated considering Vayu, Pitta and Kapha to prevent congenital and genetic abnormalities.

Secret of healthy baby on the basis of Ayurvedic Concepts

In various condition of the pregnancy, the mother should drink regularly 12 gm butter boiled with Madhushuddhi.

The paste of chandana, natural gifts of nature like shatavari (*Asparagus Recemosus*), Madhuyasti (*Glycyrrhiza Glabra*) and Aswagandha (*Wyetheni-somnifera*) has a role from one month of pregnancy up to full term. The basic philosophy of

Ayurveda – The roots of physical ailments are traceable to the mind. **In todays' world, practically it's not possible to follow all the directions of Ayurveda. It's very difficult to find the fresh ingredients at a time, so Ayurveda is standing on Yoga, Pranayam and some available fresh products of nature**.

Few easy and practical method of Modern medicine

Some common foods, minerals, vitamins which will help the baby's memory and capacity to learn and can promote the proper brain development are discussed below:

1. **Folic Acid, Vitamin B-12 to make red blood cells.**
2. **Vitamin C to produce collagen.**
3. **Vitamin D for bone building.**
4. **Zinc and Iron etc. for brain development.**
5. **Fish rich in Omega-3 fatty acid may boost your baby's brain power.**

In a study by Harvard Medical School, the more fish a woman will take during second trimester of pregnancy, the higher will be the baby's health at 6 months of pregnancy. Our Holy Mother Sarada Maa, already advised more than 100 years ago that every woman should take fish, meat and other proteins.

Today, a large number of woman are suffering from Osteoporosis (destruction of bone due to lack of balanced diet including protein, calcium, Vitamin-D).

Osteoporosis increases - the numbers of Osteo-arthritis, Rheumatoid Arthritis, ankylosing spondylitis, decompression sickness of spinal cord are increasing. A large number of female patients are the victims of transplantation of knee without knowing the art of miracles of natural medicine which can prevent the transplantation if taken from early stage of life with individualized treatment.

Antioxidant protects the baby's brain tissue from damage. Deep colored fruits, dark leafy greens, papaya, blue berries, tomatoes can help to prevent the mental and physical damage of the baby. Avoid alcohol to protect fetal alcohol syndrome. Definitely the above factors play a great role for a healthy baby.

But due to hazards of modern life, pollution, insecurity, perversion, frustration, greed can produce a permanent impact on the zygote, embryo and fetus. So a large number of human beings has to depend on the spirit of the nature.

On the other hand, a large number of rich influential and heartless intellectuals all over the world are destroying natural resources specifically to enjoy the external beauty by constructing luxurious hotels and different types of useless amusements. I'm very much sorry to say, most of them are totally out of reach of eternal joy. As a result, global warming, earthquake, flood and natural calamities are very much frequent today. The application of advanced Micro Immuno-genetics from the early stages of life can rectify their destructive attitude (Proved by Dr. Gallavardin).

Role of Modern Medicine to make a Person Pure and to Minimize Genetic Influences

Modern medicine is always concerned with the physiological and pathological approach and is necessary in different situations. Still now they are not successful to go through the beauty of inner man, the man with consciousness. This is mostly of their materialistic approach. The most important reason is that this system is not following the advice of their Father Hippocrates - the Father and Founder of Modern medicine. So, **there is a huge gap between advice of Hippocrates and the materialistic attitude of today's physicians.** The multinational pharmaceutical companies are entering through this gap through the brain of heartless intellectuals.

So, in spite of spectacular developments in western medical science since the last century still we have to search for holistic medicine. Curative specific medicines have also attempted in removing diseases from individuals which is also very vital.

Specialization and micro specialization have made medical treatments very efficient, but at the same time unaffordable to the economically backward section which constitutes the larger population of the world. A noble clinician knows that all the costliest investigations are mostly not necessary in most of the cases. Unfortunately, we are becoming the toys of sophisticated, external glamour and latest medical instruments oriented private hospitals, diagnostic laboratories and multinational companies.

Today, the individual private chambers are already diminishing because the common patients are hypnotized by the external outlook of the big private hospitals. However, in a great number of complicated and chronic diseases, still now the modern medicine can't reach to the roots of diseases by triggering the immune system.

On the other hand, they are giving new life to the patient with acute devastating conditions, i.e. C.V.A. (Cardio Vascular Accident/Cerebral Vascular Accident), COPD (Chronic Obstructive Pulmonary Disease), Chronic Renal Failure, Angioplasty, By-pass Surgery and many other conditions.

But, however it is a universal truth that modern medicine is trying to change the genetic pattern along with physical, mental and social well-being.We are very pleased to know that the scientists of Modern medicine are trying to rectify the genetic diseases. Today we have to take the help of Modern medicine in every aspects of life (birth to end of our life). There is no option. Still there are many hidden openings where we the physicians of Homeopathy with the help of advanced computerized methods based on Micro Immuno-Genetics can help the suffering humanity. It is an

universal truth that there is no chance of horror or apprehension by consuming the dynamic power of the world class homeopathic medicines.

Role of Micro-Immune Therapy by today's Scientists

Micro-immune therapy uses high dilutions of synthetic immuno-competent substances to modulate the immunization of the body and restore biological balance. No gross substances of human or animal origin are used. The basic components of the Micro-immunogenetics formulate are "Cytokines".

Cytokines are specialized protein that organize and communicate different units of immune system, such as lymphocytes, macrophages and other cells involved in immune response against the attack of the body. The cytokines should be described as the words of the immune system.

Effects of Cytokines

- Autocrine effect (Effect of cells)
- Endocrine effect (Glands)
- Paracrine effect – Form of cell to cell communication.

Cytokines regulate the metabolic pathways within cells, muscles, adipose tissue, central neuro transmission and liver.

Immune-Mediated side Effects of Cytokines in Humans

Induced flu like reactions, vascular leak syndrome, effects the brain particularly neuro endocrine and behavioral effects when interferon (contains of cytokines) is given they typically bring fever and chills, malaise, tachycardia, arthralgia. Effects of Cytokines may be reduced if it is applied **in micro doses**.

Role of S.N.A (Specific Nitric Acid)

This is an oligonucleotide – Homologous – to a particular gene.

The mode of action of Cytokine induced Immune Therapy is based on physiology, not holistic foundation of life.

This is a classic strategy for viruses to use the ribosomes of their host to proliferate. So, in this case, the Micro immunotherapy often supports the body in its antiviral struggle. The cause of the above description is to trigger up the immunity but still they cannot remove the destructive side effects. The Dynamic Power of water molecule comprehensive knowledge of philosophy and practical technology may be necessary to trigger-up the immunity.

Inner intelligence make it lively

The cream of VEDA, the totality of the natural law in the human philosophy by Prof. Tony Nader (M.D, PhD) established the holistic foundation of life.

But in my opinion the main obstacle is with the holistic art of treatment which is not maintained comprehensively. The art of Homeopathic treatment is diversified approach compared to Allopathy. In case of Modern medicine after confirmation of diagnosis the mode of treatment is almost same all over the world. Hence, in the Homoeopathy result may vary from Physician to Physician. But sometimes in many selected diseases we have to go for Homeopathy, there is no option.

- **Elizabeth II and Prince Charles are avid supporters of Homeopathy, as was Princess Diana.**
- **Abraham Lincoln and his team of Homoeopathy recognized the vital principle of Homoeopathy which is deeply related to the spiritual nomenclature. The American Institute of Homoeopath dedicated a monument named Scott Circle. There is a SAMUEL HAHNEMANN MEMORIAL in Washington D.C. at Massachusetts Avenue, 16 Street NW (SCOTT CIRCLE)**.

Sometimes with the application of conventional cancer therapy along with Homeopathic medicine (Conjoint Therapy) the lifespan of the patient may get enhanced with less medical expenditure.

There will be no clash between Allopathic and Homeopathic medicines. After some days the doses of immune-suppressive toxic medicine may be reduced. The Dynamic Power of world class medicine will come into play.

A large number of cancer patients are coming to the author when they are not getting positive improvements from Allopathic Treatment. Immediately after consuming Homeopathic medicine prescribed by the author the immunity starts to trigger-up within a short period of time and patient begins to feel better. The Author has saved many patients from intolerable pain, burning, cachexia and have increased the span of life. The author's advice is during the treatment, the doctors may have to face many obstacles if they are not aware of the latest diagnostic techniques and the limitations. It is very difficult to manage the patient. For example, during the treatment the blood transfusion may be necessary, sodium and potassium level may fluctuate, the ascites (deposition of water into the peritoneal cavity of abdomen) in case of cancer of liver, pancreas and other parts of human body. Here, the Management of Modern Medicine will be the only option (Conjoint Therapy) but in most of the cases, if the medicines are selected properly the necessity of the above management of Modern medicine may be reduced.

Our God Gifted scope

Now, I shall expose the secret. If any patient who is having a hereditary background of cancer in his family, comes to us for treatment of any other disease and continue our treatment for few months, automatically along with his existing diseases the possibility of future cancer and other complicated diseases may be minimized by triggering-up the immunity. (it needs perseverance of research oriented physicians).

We know it will take some more time because till date the science based on "The Dynamic Power of Water Molecules" has not progressed to a satisfactory level in the world of Molecular Research.

I want to give an illustration on the same.

New Drug Discovery in Advanced Prostate Cancer (Role of Homeopathy) an Example

After continuous research by the scientists, the progression of prostate cancer (CRPC - Prostrate cancer that keeps growing even when the amount of testosterone in the body is reduced to very low lebels. Many early stage of prostrate cancer need normal levels of testosterone to grow. But CASTRATE - RESISTANT PROSTRATE CANCERS do not. Also called CRPC is still facing therapeutic challenges. In our field, if a patient with difficulty of urination, dribbling and involuntary urination, we will advise U.S.G. of Kidney, Ureter, Bladder and Prostate along with Prostate Specific Antigen – USG report confirms hypertrophy of prostrate and increased level of Cancer Marker (PSA). In such case, with the help of Homeopathic medicine, author has reduced the size of the prostate and decrease the level of PSA (Cancer Marker) within one or two months have also reduced the level of Cancer Marker of Ovary (CA 125), etc.

The author is not claiming that he has cured Cancer, by normalizing the cancer marker in all cases, but atleast he has reduced the possibilities of metastasis, reduced the financial burden and increased the life span with minimum pain.

Today, all over the world Cancer Immuno-Therapy are promising method of Cancer Treatment. Since 200-300 years ago, the greatest Nobel laureates and Scientists has highlighted many times that the best possible way of treating Cancer is by increasing the immune system of the body. Already the author has cured a pancreatic cancer by utilizing the personlised Oncology (reference given)

Today, Micro-Immuno genetics based on Homeopathic philosophy can relatively trigger-up the immunity faster, hence the relief is also quicker.

Secret of Stem Cell

We have to know in a very simple way the secret of stem cell – Stem cells are undifferentiated biological cells that can differentiate into specialized cells and can divide through Mitosis to promote more stem cells. They are found in the multi-cellular organisms (Mammals). There are 2 broad type of stem cell mass of blastocyst and adult stem cells which are found in various tissues. In adult organism, stem cells and progenitor cells act as a repair system of body, replenishing adult tissues.

In a developing embryo, stem cells can differentiate into all specialized cell ectoderm, endoderm and mesoderm but also maintain the normal turnover or regenerative organs such as blood skin and intestinal tissues.

Advantages of Stem Cells:

Stem cells are cells in a body that have the potential to turn into anything such as a skin cell, liver cell and brain cell. For example, stem cells that turn into blood cell are called Hamato-poetic stem cells. It is used to treat a wide range of disease including cancers like leukemia, lymphoma, neuroblastoma and certain testicular and ovarian cancers. Scientists are on the way to discover latest scientific revolution with the help of stem cells that is how an organism develops from a single cell and how healthy cells replace damage cells in adult organisms.

Till now we cannot change the quality of embryo, fetus. We have to be updated with the latest revolutions of stem cells. My only hope is in future the Quality of fetus may be upgraded to decrease inherited, genetic incurable diseases to improve the physical, mental and social well being.

There is no such established method which can trigger up the immune system and to form a healthy zygote to produce a complete man or woman. The author as a Homoeopath is very much hopeful to change the behavior of a man and to give protection from many types of disease with learnings from the philosophy of our great master, noble laureate and various scientist and philosophers. The basic principle of Homoeopathy is that a substance that can trigger certain diseases can also be used to treat that disease which is reflected in the "law of similar like cures like". This form of alternative medicine was discovered by a renowned Homoeopathic physician Dr. Samuel Hahnemann, the father of Homeopathy and his most successful ancestor Dr. Kent.

The Glorious Art of Healing - Spiritual Core of the Person

Without the tremendous improvement of technology, life-saving medicines and sophisticated investigations the total humanity will be in turmoil.

So, how Homoeopathic science is the alternate way to cure all disease? Modern medicine itself has to depend on various branches of specialist so it should be considered as a branch of total medical field. Homoeopathic philosophy only mentions that all diseases has an underlying chronic deep rooted and inherited cause that cannot be effectively treated by just suppressing the symptoms.

It is our great pleasure that Homoeopathy, the great applied science is refined over the last few years in spite of severe opposition. Still it will take some time to glorify itself to prove that in most of the chronic, complicated and incurable diseases Homeopathy can do miracles. In some cases, if the patient can be convinced then along with Homeopathic medicine, Allopathic medicines can also be applied. For example, when a patient with Migraine, Gastric Ulcer

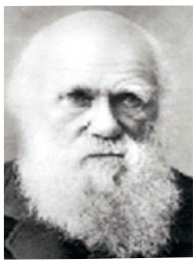
approaches us for treatment, and already taking life-saving Allopathic medicines for Diabetes, Hyper Tension, Thyroid, etc., then that patient may be advised to continue with the Allopathic medicine to prevent the withdrawal symptoms in some selected conditions. There will be no clash between the two system of medicine rather it may partially prevent the complications of diabetes and hyper tension viz. Cardiovascular & Cerebra Vascular accident, Chronic Renal Failure, Diabetic Retinopathy, etc., due to it's unique power to increase the Generalised Immunity (VITAL FORCE).

Homoeopathy is rare among systems of medicine in possessing a clear and thorough view of dynamics of health and diseases. In Homoeopathy, disease is regarded as an affection of the **spiritual core of the person**.

The Target of Immuno Response Gene

The use of highly diluted DNA is well established in Homoeopathic practice. It is included in proving and such as those compiled by Dr A Julian and Dr A Murphy. Homoeopathic DNA however is derived from various sources, sometimes from Fishes, other species and plants. It includes wide range of DNA Molecules with unknown nucleotide sequences including foreign DNA and mutated DNA molecules, which may vary from one manufacturer to another depending on their source of DNA. Homoeopathic DNA targets genes that reduce the symptoms of disease. It also effects expression of genes that cause disease. This is so because it induces symptoms of disease in healthy subjects (the proving process.) In an attempt to increase the specificity and safety of gene targeting by highly diluted DNA, Dr M Marichal developed remedial measures in defined sequences. This DNA gene targeting system used only in highly diluted pure DNA molecules with defined sequences. The DNA molecules are designed to target immune response genes to help fight against infections and control the infectivity of viruses.

Verdict of All Time Greats :



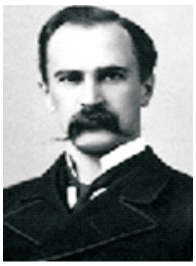
Charles Darwin -

Could not have written origin of species without the Homeopathic Treatment that he received from
Dr. Gully (Based on Darwin's letter)



George Bernard Shaw -

"I have already explained that the savage opposition which homeopathy encountered from the medical profession was not a scientific opposition, for nobody seems to deny that some drugs act in the silence manner."



Sir William Osler (Germany) -

The Father of Modern Medicine.
"Homeopathy is wholly capable of satisfying the therapeutic demands of this age better than any other system or school of medicine



Luc Montaigneir -

(Nobel Prize winner, The French Virologist who own the prize in 2008 for his work on the HIV) spiritual successor of Jacques Benveniste - I can't say that Homeopathy is right in everything. What I can say now is that the high dilutions (used in homeopathy) are right. High dilutions of something are not nothing. They are water structures which mimic the original molecules. Water carrying only the electromagnetic signature of a DNA. (Memory of water)



Emil Adolf Van Behring (MD) -

The father of immunology own the first Nobel Prize for his discovery of diptheria and tetanus antitoxin in 1892. "Behring actually experimented with serial (Homeopathic) dilutions and found paradoxically enhanced immunogenic activity. Behring broke from the orthodox medical tradition by recognizing the value of the Homeopathic law of similars. Behring said if I were confronted with hitherto incurable disease I could no way to treat it, other than Homeopathy"



Jacques Benveniste -

(A Nobel Laureate-France) -

Benveniste had claimed that vigorously shaking water solutions of an antibody could evoke a biological response, even when that antibody was diluted out of existence.



Dr. Maurice Jenaer. -

(Leading Scientist of Belgium)-

"Developed Homeopathic specific nuclei DNA & RNA which is a nonstop trigger to maintain immune system functioning.



Dr. Peter H. Kay. -

(World renowned Scientist, molecular pathologist, immunologist & geneticist)-

"High dilution technology in Homeopathy has been used successfully for many years to alleviate disease, this is known as Micro DNA Therapy System.



August Bier -
(Father of spinal anesthesia) -
"Above all I am of the opinion that no one should judge Homeopathic remedies or who has failed by reading to familiarise himself with the theory of Homeopathy.

World Health Organization

World Health Organization -
"Health is a state of complete Physical, Mental & Social well being, not merely an absence of disease or infirmity".



Hahnemann -
"Mind is key to the man. To know an inner man it needs sound senses special circumspection, attention in observing, tact, patience in an eminent degree."



Dr. James Tyler Kent -
The greatest comfort on earth to man is to cure incurable disease through Homoeopathy. Prescription for the result of disease causes changes in the result of disease but not in the sickness, except to hurry its progress



Dr. Philip M Bailey -
Studied at the Royal London Homoeopathic Hospital and practiced in Perth (Australia). Some people born with several layers of pathology which they inherited from their parents. They will usually continue to express the upper most layer until the correct Homoeo-pathic Remedy dissolves it, revealing the one underneath.



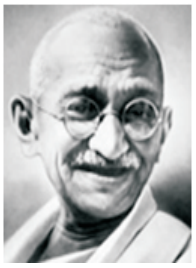
Dr. Jean Pierre Gallavadin -

Based on Hahnemann's philosophy he is the first Nobel Physician of World to save many person from alcoholism and criminality. HOW? - He considers the human beings in his unity body and soul. Body articulates the soul, the mind becomes materialized and becomes manifest the whole body and attitude. Thus classical Homoeopathic Treatment may ameliorate character of a man and developed intelligence.



Dr. Lalgi Singh -

Immunologist and Scientist of cellular and molecular biology. “Every sick has got its own medicine according to his genetic background and inherited properties. The action of the medicine is depend upon the genetic setup of an individual.



Mahatma Gandhi -

Homeopathy cures a larger percentage of cases than other method of treatment and is beyond doubt safer and more economical and most complete medical science.



Dr. Mahendra Lal Sarkar -

Physician of Thakur SreeSree Ramakrishna. Although educated in the traditional European system of medicine Mahendralal Sarkar turn to Homoeo-pathy. He was influenced by reading William Morgan’s The Philosophy of Homoeopathy. In a meeting of the British Medical Association he proclaimed Homoeopathy to be superior to the Western Medicine.

SOME OTHER GREATS

George Berkley–"Material reality had no independent existence outside the mind, consisting solely on God's perfected thought".

Plato said "No attempt should be made to cure the body without the soul. If the head and body ought to be healthy you must begin by curing the mind".

TO REDUCE CRIMINALITY, ADDICTION ETC.

So, on the basis of above information I think that it may be possible to prevent the destructive attitude of man including Criminalism, Terrorism prevention as well as some physical and mental disease. I know it is very difficult to start the treatment before or after the marriage if we do not get any scope. Also it is very difficult to get the opportunity to rectify the zygote or behavior of the pregnant mother to produce a healthy baby. But this process of rectification can be started from any stage of life from zygote to end of life. But which gives me so much joy if we treat any disease by considering the attitude as early as possible then the patients are improving dramatically. I firmly believe that this is due to the verdict of Sri Ramakrishna, we all know he was under the treatment (Throat Cancer) of Dr. Mahendralal Sarkar, the pioneer of Homeopathy all in India. Being an Allopathic physician of high dimension he was disgusted in Allopathic mode of treatment.

Next to Hahnemann Dr. Jean-Pierre Gallavardin consider the human being in his unity body and soul. The minds become materialize and manifest the whole body and attitude. Inhuman attitude of today's generation may be rectified by great Homeopaths. Dr. Gallavardin was also succeeded to change the defective attitude and character. Some cases from Psychism and Homeopathy.

- **A child of 4 years old disobedient, authori-tative, stubborn, violent, do not get pacified even by force cured by Silicea.**
- **Wicked husband, sullen, jealous and drun-kard, cured by Lachesis -200 & Sulphur -5000.**
- **In case of a lady, the impulse to throw herself out of the window. Coquettishness, spending habit, cured by Belladonna -300.**
- **Beginning of a dementia of an old man, who was very intelligent aged 78 years, cured by Natrum Mur.**
- **The taste and aptitude for Mathematics developed by Calc Carb in two patients.**
- **The impulse to libertinage (too much genital passion in a young girl of 18 years), amelioration by NuxVom - 200, cured by Platina – 200.**

There are many instances, but the most interesting thing is that, man may be free to some extent from cruelty, selfishness, jealousy impulse to murder, social crime, addiction, etc. The man will be so much lucky if he can taste the opportunity of gene targeting therapy in pure form as early as possible. To establish this miracle we have to go through the philosophy of Sweden Borg.

Dr Sweden Borg's idea influenced Kent to form concept regarding soul, inner-man & personality. Dr. Sweden Borg said "all creations has its origin in divine love and wisdom. It aspect that all created things are necessary forms an effect of specific aspect of that divine love and wisdom, and so correspond to material plain to spiritual realities. Soul, mind and body and degrees of existence in descending order and the annotative existence of higher degree creates and moulds that of lower degree. So in order to cure the lowest form of disease we have to influence the higher plain which contains the secrets."

Our God gifted scope can only reach to the soul of the man by our dynamic power of water molecules discovered by Jacques Benveniste (French Nobel Laureate). He claimed that vigorously shaking water solution of an antibody could evoke a biological response, even when that antibody was diluted out of existence.

Luke Montaigneir (French Nobel Laureate who won Nobel prize in 2008 for his work on HIV)– High dilutions of something are not nothing they are water structures which mimic the original molecules, water carrying only the electro magnetic signature of a DNA.

Emil Adolf Van Behring (MD)-The father of immunology, won the first Nobel prize for his discovery for diphtheria and tetanus anti-toxin in 1892, he broke from the orthodox medical tradition by recognizing the value of homoeopathic law of the similar , he said if I were confronted with hitherto incurable disease I could no way to treat it, other than homoeopathy.

Sir William Osler (Germany)- Father of Modern Medicine- Homoeopathy is wholly capable of satisfying the therapeutic demands of this age better than any other system or school of medicine.

Rabindranath Tagore – It is not merely a collection of few medicines but a new science with a rational philosophy as its base.

Swami Vivekananda – (The Spiritual Leader of Universe) "An Allopath comes and treat a cholera patient and gives their medicines, the Homoeopath comes and gives his medicines and cures perhaps more than the allopath does because the homoeopath does not disturb the patient but allows the nature how to deal with them."

Dr. Mahendralal Sarkar conducted the first scientific seminar on 29th, July 1876, after Dr. Sarkar converted himself from allopathic system of medicine.

The Philosophy Behind the Miracle

In this respect I want to give some explanations, after the Hahnemann Dr. J. T. Kent said, **"the patient has the same disease when he was born. This array of symptoms represents the state before the pathological condition have been formed as after. And it is true if he has liver disease, a brain disease or any of tissue changes then "YOU MUST GO BACK" and procure these very symptoms before you can make a prescription (Kent's Philosophy)."**

So, more or less 300 years ago the great scientist and physician realized that there is something hidden in Homeopathic Philosophy which can shake the whole world. Thakur Sri Ramakrishna realized it and appreciated the Homeopathic system of treatment. So it is very much difficult to abolish it in spite of severe opposition from multi-national companies, some heartless intellectuals and some Allopathic physicians, who are totally unsuccessful to break the barrier of some complicated and chronic diseases in spite of prescribing several immuno-suppressive toxic drug.

Hahnemann said, "There are no diseases, but sick people "

Kent said, "The tissue could not become sick unless something prior to them had been deranged and so makes them sick."

To save the civilization the most important factor is the consciousness must be present among the mankind, which is only possible to follow the unique idea - The rectification should be started as early as possible. May be before marriage, may be from fetal stage, and may be from childhood, teenage, it is possible in old age also. If we want to treat an old man again we have to try to take the original symptoms from childhood as far as possible.

But as a Homeopath, I personally believe that as a whole without the help of modern medicine the survival of total

mankind will be under a big question. But still there are many diseases where our dynamic power of medicine is the only option. Every time we have to take the help of diagnostic procedure.

BIRTH DEFECTS

There are some congenital anomalies and birth defects, known as 'Teratogen'. It is a study of human congenital abnormalities. I don't want to discuss the above matters, but there is a chance to minimize different types of birth defects.

So, I want to prove by the help of spiritual concepts. The purer form of any system of medicine (Ayurveda, Allopathy and Homeopathy) is regarded as an affection of the spiritual core of Human being.

THE 4 SUBLIME STATES (BRAHMA- VIHARAS)

- Loving Kindness
- Compassion
- Sympathetic joy
- Equanimity

Birth like death is a process. Some sutras describe conception as the appearance of an entity of intermediate existence –the introduction of consciousness. Conception is the moment when the intermediary existence is wedded to its new human form.

Also today we have to update ourselves every time by the help of computers, to know the conception of the physician, past or present, who are doing the tremendous job regarding the upliftment or rediscovery of Homoeopathy like Dr. Vidhoulcous, Dr. Rajan Sankaran, Dr. Jahar Shah, Late Dr. Sehgol and his sons, Dr. Asoke Mohanty, Dr. Biswajit Roy etc. and last but not least Dr. Shyamal Kumar Das.

ZYGOTE TO EMBRYO TO FETUS IN HINDU CONCEPT

First we have to know something about the SOUL

Atma, which exists as life of light in every human being, is a part of the parameter therefore identical with

nature. Just as the seed of a tree contains all its qualities, the soul contains all the qualities of the supreme self.

The Jivatma, an individual soul, is the reflection of the Atma within an individual- a wave that emerges from the ocean of existence and wanders from embodiment to embodiment and after a long process of development in to unity of Atma.

The Soul has manifested itself in a form which entered into the body. However, it does not identify with its divine essence but rather with its attributes, the physical body, the mind, the thoughts of physical, mental element associated with the individual.

So ultimately we come to know under the supervision of the supreme **LORD** and according to the result of the **WORTH** (past deeds) the living entity, the soul is made to enter in to the womb of a woman through the particle male (Virya), semen to assume particular type of body.

So we came to know the influence of mother begins to grow on 6th month of pregnancy to the fetus.

The fetus is already aware, reacting and emotional health in being shaped before he or she is even born.

The part of that setting is determined by how the parents especially the mother feel about life and each other.

On some level, what pregnant mother feels emotionally is transferred directly to the unborn child. Because of this constant negative emotion can have a damaging effect on the fetus.

The Negative influences are anger stress or frustration. Feeling most adults experience throughout their stressful period, however most harm is done when a mother does not want her child. That gives the negative emotions shape in the baby's personality.

Then there is a father throughout the pregnancy the fetus is also affected by the father's feelings towards the mother and the child. That is because the fetus can absorb the parents' emotional energy.

The energy helps to create how the child will see itself in its life ahead. For example he will feel happy or sad or be aggressive or insecure.

Some studies show parents begin affecting their child's personality soon after the conception.

We can rectify the emotions, impatience, greed, anger, destructiveness; criminality of both mother and father then the influence of their attitude should make the child pure to some extent.

IMPLANTATION GENETIC DIAGNOSIS

Prenatal diagnostic testing by Jefferys S Dungan, MD, has the measurement of certain things in the pregnant woman's U.S.G. help estimate the risk of genetic abnormalities in the fetus.

Result of these tests suggest an increased risk, doctors may do test to analyze the genetic material amniocentesis and chorionic Villas sampling. These genetic tests are invasive and have certain risks for the fetus. Also Chorionic Villas Sampling, amniocentesis and percutaneous umbilical Cord Sampling. Usually there may be more invasive tests are done when there is an increased risk of having a baby with a genetic abnormalities such as a neural tube defect or a chromosomal abnormalities, particularly when the woman is 35 or older.

However, many doctors offer this type of testing to all pregnant woman. There tests have risks although very small particularly for fetus.

The patient and doctor should discuss about the revolutionary achievement of Modern Medicine. If in fertilization is done, genetic disorders can sometimes be diagnosed before the fertilized egg is transferred from the Culture dish to the uterus (-implantation genetic diagnosis). Some genetic disorders can be detected before birth by the Scientist.

Some blood tests to know the congenital abnormalities like Down syndrome are 1) The Maternal Serum Screen 2 : Dual Trisomy 21 Screening Test.

SCIENTIFIC EXPLANATION

Sonograms taken while parents are in bad mood shows that the baby's entire body is in turmoil. Imagine the damage caused by months of feeding this negative energy to a foetus.

In fact studies also show a bad relationship between parents increases the child's risk of Psychological damage, perversion, going towards bad attitude.

It is mentioned earlier, soon after the conception during formation of zygote – Magical journey of consciousness begins from this stage.

Still now, we do not expect that a Man will come to increase his potentiality or immunity (mental or physical) from the childhood stage. To develop a healthy progeny our **Master Kent said – "Man today is destroyed as to his interiors, so that truth looks as black as smoke, and false philosophy as bright as Sun."** Till date, I never think that the rank and file of society can try to take the advantage of this revolution due to relatively lack of charisma, external glamour and sophisticated useless instruments and unrequired pathological tests.

MORE DETAILS REGARDING FOETUS

Foetus is developing through a Sophisticated network of highly interconnected components of nerve cells.

It's physical substrata that the Thalamocortical complex that provides consciousness with its highly elaborate content, begins to be in place between the 24th and 28th weeks of gestation – roughly 2 months later. The Synchrony of the electroencephalograph (EEG rhythm across cortical hemisphere) signals, the onset of global neuronal integration.

Thus, many of the circuit elements are necessary for consciousness in third trimester.

RECTIFICATION BEGINS FROM ZYGOTE – SWAMI VIVEKANANDA'S VIEW

Let us begin with one cell zygote. **Swami Vivekananda** said, **"From the lowest protoplasm to more perfect human**

being there is really but one life the whole of this life which slowly manifest itself evolves itself from the protoplasm to the perfected human, the incarnation of god on earth. The whole of this series is but one life and the whole of this manifestation must have been involved in the protoplasm (*Complete Works of Swami Vivekananda*, vol. II, page 228).

LAST PRAYER TO GOD GARV UPANISHAD

Our subject is to search for original inner man. After the formation of zygote we can try to stimulate the inner man. (The incarnation of god on earth) we should try to trigger up his immune system. He will certainly gain power to fight against the present, past, future and genetic diseases. I am giving so much stress on this point because I have convinced that a large number of selected chronic and complicated cases [recent and past] are remarkably well. How is it possible? We have to start from Garbha Upanishad. Symptoms to be taken as early as possible Medicine may be applied to pregnant mother. **Swamiji said, "man cannot do any sin".** He wanted to convey us that the man means the purer form of man (inner man). That is why the main pain that man is going to encounter after birth is that he did not attain the real objective of his life, which happens to be to realize his true spiritual potential.

Garbha [womb] Upanishad said, **"When the Brain of the fetus forms while in womb, the fetus is not distracted by the senses, and its connection with the attractions and distractions of the outside world."** So now the soul, imprisoned within the mother, goes through physical and emotional turmoil. He now realizes the fact that he is going to incarnate once again to go through trials and tribulations, whose main objective is that he learns through pain to become, what is intrinsically an image of God. The Garbha Upanishad states, that the fetus promises God, that he will not repeat his evil deeds, But alas, when a child is born a force called the 'VaishnavaPrana' touches him, and he forgets his thoughts and prayer. So the learning process continues. After several trials and tribulations. He begins to

know the sayings of Gita, **"The self is never born, never dies. It never undergoes change and never ceases to exist. Unborn, ancient, eternal, immutable, everlasting, the self does not die when the body dies."**

BHAGAVAT GITA & RAMAKRISHNA

To know this secret Arjun in *Bhagavat Gita* asked Krishna **"what happens, if man dies while putting in his effort to learn about spiritual truth in one life?" Bhagawan Ramakrishna said "it is possible. But that man takes off from where he left."** These are all eternal truths as our ancient rishis [the seers of truth] were able to grasp and visualize such intense secrets about body and soul in those ancient days when there were no traces of today's modern science and research. To go one step ahead we can even say that parts of this Upanishad are yet to be physically researched and understood.

Secret of Nine months

It is during the nine month all the sense organs and intellect organs attain completeness. And during this time, the jiban is reminded of its previous birth and it realizes all the good and bad deeds it committed during such previous birth. However, when he reaches the birth source and comes out of it with great difficulty on to the earth, he is inflicted with the illusory force [maya] created by Vishnu and immediately forgets all the previous births and the deeds performed therein.

His memory is cleansed of all the history the very moment he first inhales the air after coming to the earth. So under the influence of Maya [illusion] and samaskara he inherits the coatings of grief, sorrow, joy, cruelty, selfishness, amusement, vindictiveness, habits, addiction, gentleness religiousness, and various types of physical and mental diseases.

The above occurrences are influenced by **'Maya'** and Samaskara and are due to their past deeds, environmental, social condition, faulty life styles, and above all the genetic background. So originality of character is more or less intact

in the childhood. As the day advances, he tries to behave according to the condition. He is superimposed by other external factors. Our task will be easy if we try to identify the inner man from the very beginning.

MASTER KENT – A NEW LIGHT TO FUTURE GENERATION

Master Kent said, "Although the chief characteristic features are inherited from parents, present in the unicellular zygote, from different organs and their functions and sensations remain unchanged throughout the life, although it is considered that identifying characters have been changed. But to identify that chief inherited features among the crowd of symptoms [both inherited and acquired] is the most difficult job, which is the easiest way by going back to the patients' childhood following the guiding symptoms YOU MUST GO BACK."

Master Kent also said "That the patient has the same diseases he had when he is born. This array of symptoms represents the state before the pathological conditions have been formed as after."

We should consider the go back theory to reach towards the purer form of man. But other factors i.e. miasm, uncommon symptom, present persisting and predominating symptoms should also be considered. But the first and foremost duties of a physician to confirm the diagnosis after complete health check up. After that we have to consider the above factors. I think in chronic conditions the mental is comparatively more reliable as there is too much overlapping of physical symptoms in Repertory and Materia medica.

A DIVERSIFIED APPROACH

A GLORIOUS SCIENCE WITH A DIVERSIFIED APPROACH
Sri Sri Ramakrishna said, 'Jato Math,Tato Path' : A man can achieve the joy of self-realization according to their religion. God can be realized through all paths. All religions are true. The important thing is to reach the roof. You can reach it through stairs either by wooden stairs or by Bamboo steps or by a Rope.

Similarly, the Homeopathy is also so diversified that it can be used in various ways to reach to the top. Even an incomplete physician without any degree or diploma can give some relief to a patient.

The Golden Verdicts of The Greats of all time to prove/ expose the truth of Micro Immuno-Genetics based on Homeopathic Philosophy.

GOLDEN PHILOSOPHY - KENT

1) **The Homeopathy of the purer kind can change the Psychological aspects of mother and father.**
2) **"Original Homeopathy treats the man and man is the Mind."**
3) **"Every scientific man today is trying to find something he can claim as his own. Such a man can't understand Homeopathy.**
4) **Man worships himself as dwell on the external so long that is impossible for him to think rationally. ... Kent**

SOURCE & MECHANISM OF CURE

During the time of Hannemann the number of healthy and pure people are more than today. We know our medicine should be given to a complete healthy person to find out the original symptoms. Hence, the ideal treatment of Homeopathy should be based on the symptoms given by a healthy man. We, the physicians of mainly mind based Homoeopathy, who depends mostly on the psychology of the patient, wants to take the symptoms of the mother from the zygotic stage and the movement of the children in the fetal stage and the psychology of mother and father is immensely beneficial to prevent and cure most of the chronic and complicated diseases of the world.

So we can take the history of man and woman as early as possible after the development of will, intelligence and understanding. Also movement in late stage of Pregnancy. Before exposed in the coatings of environment, social factors etc. But it is very difficult, so we can start it in the childhood, teenage, adulthood, even old age etc.

So if we can prove the dynamic power of medicine on healthy person Considering the Homeopathic philosophy, automatically the pure symptoms will come out – i.e. the symptoms of original sick man by way of drug proving.

Our Master always said if you want to cure and prevent a patient you should start from beginning. But when the fetus has been formed we can select our drug by feeling the movement of the fetus during pregnancy. We can give our Medicine accordingly. Myself cured some diseases only on the basis of movement of the baby (Quickening).

For an example, for Slow movement of fetus in pregnancy – Silicea, Pulsatila etc., and for fast movement – tarantula, Heparsulph etc. considering the cream of mental attitude of the above medicines.

So we have to know the "person or problems ", which one is the most important for treating a Patient.

PRECEPT OF BIO-ETHICS BY HIPPOCRATES

Hiprocrates said, All health care students are taught in the school a fundamental principle throughout the world.**"Given an existing problems it may be better to do something or even to do nothing. I will apply for the benefit of the sick, all measures which are required avoiding those twin traps of treatment and therapeutic nihilism"**. It requires more time and ultimately the modern medicine has to follow the advice of Hippocrates to help the helpless.

THE CONCEPT WHICH HAS GIVEN ME SOME EXPOSURE & CONFIDENCE

I have selected some of the disease from different branch of medicines with the help of our Masters, different Nobel Laureates and philosophers etc. we have to know relatively which branch of medicine is better, less time consuming, less toxic effect and cheaper.

We have to match "soul of the Man" with"soul of the Medicine. The personalized Medicine will be the King. Sometimes you need some Medicine to help the "King" just

like king should have to depend on to his soldiers, Minister, gate keeper etc.

IMMUNITY PROFILE

1) **If any patient at any time, at any age comes to us for treatment, automatically the total immunity against all sorts of diseases will be triggered up. Suppose a lady comes to us with pain in the right shoulder and only stressed on pain. After taking the history it reveals she has also suffering from severe gastritis, Migraine, and Leucoderma etc. The miracle is after taking the Medicine of Frozen Shoulder, the other diseases will start reducing.**
2) If anybody comes to us with some diseases, then our medicine can create immunity more or less against present and future diseases. I do not want to say I am right. Many great Homeopath cured many diseases with the help of their own conception. So it is very difficult to bring all of them under the one roof. I myself failed in some cases where other doctors of remote villages can cure it.

Most of the symptoms may relieve. So the diagnostic techniques and the latest investigations are very crucial factors to prove the efficacy of treatment.

SCOPE OF MICRO-IMMUNOGENETICS ON MENTAL DISEASES

It is pertinent to mention that though this thinking will take a long time but the Truth can't be established, until and unless the toxic effect of immune suppressive Medicine will destroy the physical, mental, social and financial well being of the large number of population and Psychotic Disorders of the Mother during pregnancy. Our advantage is that we do not have to do pin pointed diagnosis of Mental Diseases, i.e. Depression, Panic disorder, Schizophrenia, Dementia, Alzheimer's, Delirium, Anxiety Neurosis etc. Today the psychological diseases are increasing by leaps and bounds i.e. depression, oppression, obsession, panic disorder, anxiety neurosis, schizophrenia, bipolar depression, panic

depressive disorder, panic attack etc. Most of the above diseases in acute form may require the help of Modern Medicine. Due to today's life of insecurity, consumerism, perversion, the Modern medicine has to continue in most of the cases for the whole life. In spite of that we are observing Modern Medicines cannot give well being to the patients properly.

Sudden withdrawal of these medicines can cause furious withdrawal symptoms. The author has experienced if Homeopathic medicine is given along with Allopathic medicine the number of toxic drug will be reduced and patient will feel mental well being. Obviously, only the promoted Homeopathy alone can rectify a man who is suffering from mental diseases. The author has succeeded to give long-term relief in Dementia, Alzheimer's, Depression and obsession etc.

AUTO IMMUNE DISEASES

Auto immune diseases are rapidly increasing day by day. It is being developed with the help of the presence of self-reactive – immune responses (i.e. auto antibodies, self-reactive T. Cells. Some of the common auto immune diseases are as follows.

Rheumatoid arthritis –(Inflammation of joints and surrounding tissues. (Confirmed by R.A. factors, Anti CCP Antibody etc.)

Systematic Lupus erythromatosis effects 'skin Joints Kidneys, brain and other organs (Pathological landmark is ANA factor).

PERNICIOUS ANEMIA

Decrease the red blood cells, caused by inability to absorb Vitamin B-12.

The Autoimmune Diseases are increasing due to external factors like stress, anxiety, insecurity, pollution, food and decrease of immunity etc. It is a great fun that the autoimmune diseases are treated by immuno suppressive medicines in Allopathy as our philosophy is to treat diseases

by triggering the immunity not suppressing it. In some case we have to treat conjointly.

THE LATEST SCIENTIFIC RESEARCH ON PERSONALIZED MEDICINES

Modern Medicine is also today thinking about the Personalized Medicine. SIR Don Richard (Virginia School of Medicine, USA), internationally reputed specialist of Immuno-genetics and Peter Coutly (USA) the specialist of Molecular Biology and Radiation Oncologist said, "The Medicine should be given on the basis of generic back ground, environmental background, social condition. It is impossible that the same medicine can give the same result in every individual Man." Dr. Lalji Singh, Immunologist and Scientist, of Centre of Cellular and Molecular Biology said,"Every sick man has got his own Medicine according to his genetic background and inherited properties"

We have to consider our limitations. Now I want to go through the practical application of diagnosis. Otherwise we can't know our limitations and prognosis. We should not be considered as doctor if we have no sufficient knowledge of diagnosis.

THE ART OF DIAGNOSIS IS THE MOST IMPORTANT THING

The author wants to give an example on Gastro-intestinal system – If a patient comes to us with General or Localized pain between the bottom of the ribcage and the groin that has occurred within a very short time we have to ask some question to patient or Patient party to confirm the disease along with some pathological investigation.

1) If the pain is severe? - we have to ask about vomiting, swollen Abdomen, faintness.

The above symptoms indicate the possibilities of a severe abdominal condition.

- ✯ **Acute abdomen**
- ✯ **Appendicitis**

- ✯ **Intestinal Obstruction**
- ✯ **Peptic ulcer perforation**

There may be some exception but the above condition needs immediate attention of Modern Medicine Management.

If the patient complains of severe diarrhea and vomiting we have to think about infection may be from food poisoning.

After a certain stage irrespective of Allopathic or Homeopathic it may need intravenous procedure (Na+, K+ labeled may decrease). If the pain start in the small of the back and move to the groin with fever we have to know it is **Pyelonephritis**, or **Renal calculus**. (Without fever)

If the pain is in lower abdomen – We have to ask the patient regarding constipation and passing of flatus frequently or not. If pain is not better after passing the stool then Doctor's advice is needed.

If the burning of lower about frequent urination with burning and pain it may **Urinary tract infection (UTI)** or Cystitis.

We have to ask whether the pain is in the upper abdomen (middle portion) – may be gastritis, Peptic ulcer etc. But if the relaxation of the muscle at the junction of the Esophagus and the stomach in a obese person – we have to think about **HIATUS HERNIA**. If the pain starts below the ribs on the right side and tendency to go back, **Cholecystitis** or **Cholelithiasis**

So before giving the medicine (Allopath or Homeopath)at least we have to know the diagnosis.

Here I only discussed very short about abdominal pain. We have to know the above factors of all the system of the body and to consider the role of Homeopathy or Allopathy.

A good neurosurgeon can't do the job of a pahthologist, a good Cardiac Surgeon can't remove the gall bladder (Cholecystectomy). A good dentist can't repair a simple hernia or hydrocele. But we have to advise our Patient to whom he/she should go.

Again I am repeating that the word of the scientific development along with Philosophy. All will go in vain if the physicians are reluctant to promote or develop their pathy (irrespective of Allopathy, Homeopathy and Ayurveda). Also they should have an idea about the latest development of Medical Science. Patients are totally dependent of their Physicians. But every branch of Physicians has their limitations. But Doctor should have a responsibility to whom he will refer to his patients.

PRACTICAL EXAMPLES OF MENTAL ILLNESS - SPECIALLY THE VIEW OF DR. GALLAVARDIN AND MANY OTHER WORLD FAMOUS PHYSICIANS.

Frequent fit or frequently ill, confused no clear judgment in a man of 34 years cured by Cantharis.

BELLADONNA

In a lady, impulse to throw herself, coquettish-ness, spending habit cured by Belladonna.

The lady also had lacked Intelligence. Belladonna fails to cure it.

Ammonium Carbonicum cured it.

CASE OF ALCOHOLISM & CRIMINALITY

In a greater number of drunkards among them, the addiction of drunkenness is caused by a kind of morbid impulse more or less irresistible, as it is admitted by a representative of the official medicine.

There are various medicine Causticum, Sulphur, Calcarea Carb, Hepar Sulph, Ars Album, Opium, Conium Mac, Staphysagria and many other. We should know the art or technique of administration of above medicines.

To reduce criminality

Fury to strike – Nux Vomica, Hepar Sulph, Veratrum Alba, Hyoscyamos

Fury to kill other – Bell, Hepar

Create genital excitation to rape – China, Phos, Cantharis

Examples in Allopathic Treatment unconsciously the Allopath doctors cured many diseases by the help of Homoeopathic Philosophy about 250 years ago (Minimum dose and Radiant State).

The Allopathic doctors use unconsciously apply their remedies in infinitesimal doses and radiant state. For example, sometimes, they prescribed to their patients the water of wild bad (Württemberg).

The traditional Healing properties of wild-bad thermal waters have opened up a world of Health and well being today. Emperor Charles the 4th used the Healing Water for his recovery as gratitude he makes Wildbad, a Corporal space. Württemberg – A historical German territory.

These waters are drinkable waters and do not contain any chemical matters. However, they cure Paralysis. Their curative agents are not some medicines in radiant states, because chemistry cannot reveal their presence. The chemistry cannot reveal the nature of such medicines in Homeopathic dilutions, medium or high. However, these medicines cure many disease.

So it was proved 250 years ago only chemistry can't proved everything. So Chemistry may not prove dynamic Power of Water Molecule.

The forces of our body seemed to be re-established, not only by the medicine in radiant states but also by food in radiant.

The foods produce their effect almost immediately, they are introduced in the mouth or at least when they reach the stomach. The painful hunger pain disappears and in its place there is a feeling of general well being. The forces are re-established immediately it seems that a new life penetrates our whole body. However, this effect is not due to the assimilation, because no nutritive molecule has yet been brought.

To prove the efficacy of dynamic Power of water molecule the radiant state may be manifested still in other forms, as for example in the form of light, heat and electricity. Thus light, is other thing than the matter in radiant state since the

spectral analysis helps to recognize their respective luminous differences. Electricity, heat and light are really splitting some forces because they cannot be isolated from the matter that produce them.

Now it is the duty of scientist to prove tremendous role of Micro Immuno Genetics After Hahnemann, many greatest physician said.

"Homeopathy will became a powerful agent of civilization, moral and intellectual because it will contribute."

1. **To the development of intellectual aptitudes of which the creator has put the seeds in us.**
2. **To the amelioration of characters which would bring a greater peace between the individuals, in the families and in nations, to the development of morality and as consequence the diminish of criminality.**

Dr. Gallavardin cured inaptitude for the study of law by Staphysagria. Inaptitude to study of Theology by Platinum, Lycopodium and Calcarea Carb etc.

So I think I have given an idea that proper selection of Homeopathic medicine can change the character of a Man.

The above miracle was happened 300 years ago. After that the promoted Homeopathy began to show the miracles. The great Physicians are –

"Clemens Maria Franz Von Bonninghausen (12.3.1785), Samuel Cockburn (1823-1915) 26.1.1864, Constatine Hering (1800-1880), James Tyler Kent (1849-1916), New York, Federic Hervey Foster Quin (1799–1878). (The first Homeopathic Physician in England) – The physician of Napoleon.

The above physicians cured plenty of chronic and complicated diseases.

Kent was follower of a mystical Christian religion headed by **Emanuel Swedenborg**.

Kent believes, **"You cannot divorce medicine and theology. Man exists all the way down from his innermost spiritual, to his outermost natural".**

Now we believe that the symptoms of the pure form of a man may be from very early stage. If it is considered the patient feel better within few minutes. After a series of treatment we will be confirmed for his personalized medicine. After that no need to go to doctor frequently except some emergency.

The four gems of SEPIA

1. **Timidity.**
2. **Quiet disposition from the childhood.**
3. **Asking nothing for (No demand).**
4. **Careful of domestic affairs etc.**

The most difficult thing is to convert the language, attitude, family history in to the repertory language.

However, Dr. Philip M. Bailey describe Sepia within one word - THE INDEPENDENT WOMAN

SULPHUR

- Indifferent attitude to his personal
- Indifferent to duties of life, pleasure etc.
- Delusion of wealth.

Dr. Philip B. Bailey describes Sulphur as The inspired ego.

Veratrum Album

- **Delusion of Prince he is.**
  Delusion great person he is reverence for those around him lack of Dogmatism.
- **Alumina – Mental instability.**
- **Anacardium – Good Vs Evil.**
- **Argentum Nitricum – Impulsive, erratic personality**
- **Arsenic Album – Physical insecurity.**

- **Aurum Met – Loathing of life.**
- **Baryta Carb – Immaturity.**
- **Belladonna – Mania**
- **Calc Carb – Intertia**
- **Causticum– The idealist.**
- **China – Sensitivity**
- **Hyoscyamus – Erratic Psychosis**
- **Ignatia – Emotional Roller – Coaster**
- **Kali Carb – Rigidity.**
- **Lachesis – Sexual Tension**
- **Lycopodium – Impotence**.

I am not forcing anybody to follow it. If anybody wants to follow there are lots of thing we have to learn.

We have to strengthen the root at first by going to through the recognized course of BHMS, MD etc.

After that we have to promote ourselves to go through some books like comprehensive Homeopathic Materia Medica by Dr. H.L. Chitkara. Perfect Materia Medica by Dr. Sehgol etc. The promotional journey begins with more labour, dedication, spiritualism, perseverance etc. To get more option regarding the basic philosophy, uncommon peculiar symptom and concept of miasm and after all psychology of a man is very vital.

FUTURE APPROACH

Immuno Genetics can trigger up the creation of human brain. By the strength of thought and hope rather than muscles human lifted the linage of life to the capacities to love to cherish to ponder, to guarantee the future of the species not just by proliferation, but by nature and wisdom. Some genes promote aggression in humans, while others are the product of a likewise encourage creative realization by a process of alliance. All those words are very much necessary to know the inner man.

Now we are searching for the inner man to select our remedies.

Regarding the latest research still the secret is not discovered in this world & human freedom is virtually non-existent; as such individual is genetically engineered and Physiological condition to fulfill a specific role.

CRISPR TECHNIQUE

CRISPER technique sequences are crucial component to make three categories of DNA alternations. Possible embryonic modification to element genetic diseased, alterations to protect against future disease and genetic enhancement of human form and function.

So Drugs of Modern Medicine in Pharmaceutical industry and new drug concept from the concept of CRISPR to create drug for blood disorder and blindness used by Gene Technology. The above Scientific research cannot be possible by any Alternative medicine. A revolution that has encouraged the scientific community only within a few years, and the research laboratories worldwide have adopted a new technology that facilitates making specific changes in the DNA of human and other animals and plants, compared to previous techniques for modifying DNA this new approach is much better and easier. The technology is referred to as "CRISPR" and it has changed not only the way basic research is conducted, but also the way we can now think about treating diseases.

THE QUEST FOR A THEORY OF EVERYTHING

Such a theory would give us the ability to read the mind of God says Cambridge cosmologist Stephen Hawking.

There is a 50 – 50 chance that someone will discover the holy grail of Physics within the next 20 years.

For example many years back we had no weapons to know the chance of malignancy and the treatment was done blindly. But today at least we can smell a possibility of Cancer before the incurable condition.

As for examples are PSA (cancer marker of Prostate), Ca 125 (cancer marker of Ovary). Alfa Fetoprotein and Alkaline Phosphate, (can give up some hints for cancer of Liver and Gall-bladder).

UNIVERSAL SOUL IS STARTING TO WORK TO GIVE INNER CONSCIOUSNESS

The present author's objective is to re-establish the original dynamic power of Homeopathy scientifically. For example, if a man is suffering from sinusitis, allergic rhinitis, frozen shoulder, duodenal ulcer, benign hypertrophy of prostrate, and psoriasis, he can be treated at a time.

After practicing successfully for 30 years (except some initial uncertainties) now for the last 15 years I can realize that actually we are not discharging our duties properly for the suffering humanity. It may be due to our ignorance, or inability to collect the pearls of Homeopathy hidden under the sea. We have forgotten the classical art of healing. We are ignoring the basic philosophy of every system of medicine.

Being a Homeopath, I don't want to underestimate other systems of medicine. Rather, it is quite justified that without the glimpses of Modern medicine the total destiny of human race is bound to be jeopardized. Without the help of the Modern medicine the total human resource would be under a question mark. On the other hand, if the applications of all the systems of Alternative medicines are not utilized, apparently it will be not so harmful. There are lots of scientific developments in the history of Modern Medicine. Today we can fight against the dreaded diseases with the help of Scientific research and the skill of the Physicians of the Modern Medicine. Today it is possible to transplant Kidney, liver and many parts of our body quite successfully. As a result, the average life span has been extended. Even the critical stages are managed successfully by means of ICCU, ITU, Dialysis, Heart-Lung Machine, Ventilator and many other sophisticated methods. But mostly it depends on

affordability. Yet the eternal peace of human being are not well, rather disturbed.

From the very beginning we do not consider the man as a whole. We always search for pathology in every aspect of life. I do not want to ignore pathological and radiological investigations at all. After confirming the diagnosis clinically as well as pathologically (if necessary) we have to rejuvenate the inner man to eradicate the external disease force and maintain the internal equilibrium of the body.

Swami Vivekananda said "Try hard to earn money but do not attached with it." But unfortunately this attachment is increasing by leaps and bounds which destroy the humanitarian base of treatment. We cannot prevent our temptation for prescribing unnecessary investigations and unrequited medicines. Affordable patient can afford .we can also earn sufficient amount of money without unnecessary investigations. Still there are some complicated and chronic diseases where the patient had to spend huge amount of money without any result. They came to know relatively less amount of money can give more relief in comparison to huge expenditure of Modern Mediation. I have established **Ramakrishna Sarada Arogyo Niketon** with my own expenditure and initiative for the poorer class of people. A good number of patients are recovering very fast by our treatment, without any side effect. We have to learn and harassment of the sufferers who are suffering from combination of diseases. We can control more than one disease at a time. So at least few patients are somehow relieved from unnecessary different types of toxic drug and specialized investigations.

Many years ago our Master Kent said, "Man today is destroyed as to his interiors, so that truth looks as black as smoke, and false philosophy as bright as sun."

Dr. William Oslar said "variability is law of life; and as no two forces are the same so no two bodies are alike and no two individuals react alike and behave alike under the abnormal conditions which known as disease".

After Hippocrates Galen, the last great Greek physician(AD 129 – AD 200) perpetuated Hippocratic medicine for a short time, moving both forward and backward. Then for hundred years the clean and gentle clinical properties were mostly abandoned. In this regard Hippocrates said "the natural forces within us are the true healer of disease."

In today's world there is no want of talent. Their researches are sold in the market by intelligent, heartless mediator against such amount of money, where our common people cannot reach. Swami Lokeswarananda rightly said "Intelligent but heartless people are dangerous to the nation."The research workers are not always obeying the basic philosophy of medicine i.e., centralization, goal orientation and equifinality.

CENTRALISATION - All rhythms of the body are hierarchically organized and not a bundle of unconnected material of single cell and organs.

GOAL ORIENTATION - The organism tries to maintain in changing environment, describing the process of recovery in a teleological way implies that the observed processes, here the inflammation, has to fulfill a task.

EQUIFINALITY - A goal (here the goal of recovery) can be achieved in different ways depending on the state of the system.

I have also been practicing Homeopathy for the last 38 years like many others Doctors in the World. I have tried my best to follow the basic principles of Homeopathy. We learnt this from our respected teachers, but in practical life I fail to follow the basic philosophy of our Masters in all cases, though the rate of success was not so bad. Like other therapeutic system, Homeopathy is also going with a combination of famous classical Homeopaths and quacks. Many acute, chronic, complicated and genetic diseases are cured by the Homeopaths all over the World. Also there are lots of failures for the lack of knowledge in practice of

medicine, Orthopedic, Pediatric, Neurology, Gastro-enterology, Cardiology Dermatology, General surgery & for want of updated latest investigations and improper way of selection. The present author came to know this theory 15 years ago, which were highly appreciated by many intellectuals and general people of all spheres of life. Misconceptions are that Homeopathy is a slow method, entailing different restrictions, chance of aggravation, restrictions of taking lifesaving medicines, stoppage of long term beneficial treatment of modern medicines of hypertension, diabetes mellitus, hypothyroidism, epilepsy etc. Sudden withdrawal of above treatments of modern medicine may give rise to critical condition. It is also believed that effect of medicine will be destroyed in case of habitual drinker smoker and those who are accustomed to highly seasoned and pungent food etc. It is considered by most of the people that it (Homeopathy) is reliable for children and mothers only. Still some body believes any one can do it. It requires no University degree or Master degree. Also somebody believes it is not necessary to use the sophisticated medical instruments and latest pathological and radiological investigations. Always a large numbers of customers want to buy patent medicine (mixture of several drugs) which has no role in Homeopathy. But there are some stages of disease where the patent medicine may be required. But if they are expecting cure only from the help of combination medicine they cannot cure and prevent from the route. This type of treatment cannot trigger the immune system which is the only weapon of Homeopathy to become the future generation medicine. Today we are getting help from the software. It may not be possible for the poor country like us. Most of us are successful in giving immediate relief to the patient due to tremendous and diversified dynamic power of our medicine. But we have to consider the following guide lines.

IMMUNITY

If we cannot increase the immunity, we cannot succeed to cure a single case. Diseases are so destructive today

that only by temporary destruction of bacteria, virus and parasites, you cannot win the battle. Only the internal force, can save a person from this catastrophe. According to Swami Vivekananda 'all the human beings are born with supreme power'. This power is within us under coatings of genetic factors, environment, susceptibility, poverty, habits, mode of living etc. Not only in Modern Medicine, it is difficult to reactivate this internal power. I can say the dynamic power of Homeopathy can do the task to some extent. But to utilize the original dynamic power of Homeopathy is very much difficult in practice in every case. It requires constant endeavor. At last but not least we have to think life is Divine from the beginning.

Plato said,"No attempt should be made to cure the body without the soul. If the head and body ought to be healthy, you must begin by curing the mind."

ART OF KNOWING THE INNER MAN

There are many cases which can be cured by our Homeopathic treatment. Example of such cases are selected cases of alopecia, baldness, migraine, sinusitis, rheumatic and rheumatoid arthritis, gastric and duodenal ulcer, cervical lumber and ankylosing-spondylosis, frozen shoulder, tennis elbow bronchial asthma, polycystic ovarian cyst - uterine fibroid, hysteria, benign hypertrophy of prostrate, renal stone, nephritis, partial heart block, early stages of coronary artery diseases, impotency, sterility (functional), skin diseases like psoriasis, eczema, fungus infection except leprosy, dysfunctional uterine bleeding, piles, fistula, fissure, early stages of uterine, rectal, urinary prolapse (cystocele) etc. and many diseases of mother and child. Rest of the practice life might have passed similarly. There was no apparent revolution in our clinical practice. We had no idea to penetrate the internal barriers of a man more precisely before knowing the Art of inner man.

Dr. M.L. Sehgal already said, "That the patient has the same diseases he had when he was born and to find out a prophylactic for an individual on the basis of day to day abnormalities found on his emotional level. These abnormalities are indicative of immune deficiency of an individual's economy, which if taken care of well in advance can help a person from every disease to come over."

Dr. M.L. Sehgal's method added a new dimension in Homoeopathic prescription. Dr. Sehgal gave special importance to day to day abnormalities which consist of Kent's thinking, willing and doing. **I am sorry to say that followers of Dr. Sehgal are taking the help of Kent's mental symptom and on the other hand they are neglecting the theory of Miasm completely.**

Kent said,"Thinking, willing and doing are the three things in life from which finally proceeds the chronic miasm."

Still I have to learn a lot to know the art of this unique method. I have astonished to observe what a small globule can do a miracle if selected properly. The patients are experiencing the tremendous relief within a week (in acute, chronic, and complicated diseases). The most remarkable thing I have experienced that this small dynamic power is covering almost all the system of the body by constitutional method of treatment (except in some small number of cases). I began to belief that this dynamic method can bring down the burden of specialist. It can cover the diseases of different systems at a time, by applying YOU MUST GO BACK.

PERSONAL EXPERIENCES

I saw a patient suffering from Migraine (Neurology) for a long time without any substantial benefit. The same patient was also suffering from tendency to catch cold with recurrent asthmatic attack without permanent relief (chest medicine), bleeding from rectum continuing after operation of piles - (General Surgery), severe vertigo due to cervical spondylosis (orthopedic). The patient came after consulting

the different branches of medicine for 3 to 4 years without any permanent benefit. Only one group of medicine of this revolutionary method have given him permanent relief within a very short span of time covering all the above mentioned branches of medicines and surgery. There was no necessity of CT Scan/ MRI of Brain, Pulmonary Function Test (for Asthma), Echocardiography with color Doppler (to exclude cardiac involvement), Colonoscopy for bleeding rectum in all cases. Only X-Ray of cervical spine, chest X-Ray and TC, DC, ESR and Hb% were necessary. But to avoid the unnecessary investigation you have to follow the philosophy of Master Hahnemann. Now let us go back to the previous case after Diagnosis.

So after confirming the diagnosis our journey begins. After taking the history it reveals that from the very childhood she wanted to be very much independent. She does not want to take help from the others. In school she did not like to mix with the inferior quality of students. She thinks herself special among the others. Rubric Found in the Patient:-

Delusion Proud- Lach, Plat.

Exclusive too- Cal, Nat M, Plat,

Delusions of Superiority- Plat.

Contemptuous- Hard to subordinates and agreeable to superiors - Lach, Lyco, Plat, Vert.

The patient was given Platina-200/1 dose. Apparently it looks that case was very easy to manage. It takes one hour time to identify the inner man. The lady looks so polite and amiable from outside that it seems there was no superior complexity. She is also very much conscious and careful of his domestic affairs like Puls, Sep, Baryta Carb etc. Talks with a very low tone and timidity. The Lady was completely thirst less, but not so much affectionate, looks very confident. After considering the above symptoms Pulsatilla 200 was given, but it did not work. But when we go to the childhood to school life, I collect the symptoms of Platina. We have to go to the original inner man. The external

environment attached with an educated family makes the lady so gentle i.e. the outer coatings. To materialize this sort of cures the physician has to come in close psychological, spiritual and confessional relationship with the patient. The patient needs someone who can listen to him patiently and to whom he can disclose his secret, worries and feelings of guilt. Someone who can understand problems and sympathize without demoralizing or accusing. A deeply religious doctor can do this job better.

There are many complicated and obstinate cases, which were cured by this method.

THE BASIC PHILOSOPHY

Hahnemann said "To cure a man it needs sound senses, attention in observing special circumspection, tact, patience in an eminent degree (organ on of medicine aphorism 83 and 98).

Dr. Kent also said, "A physician's attitude in performing his duty to the sick is different from that of any other person. He has a different sphere from that of the ordinary man. This is thousand times amplified in Homeopathy. One who has to entertain that peculiar circumcision of the heart, always looking to the good of the patient, never thinking of the criticism of man, acquires an ability to say what is right to do. He establishes a garment of righteousness. You can't get on lucky shots and guess work; everything depends on long study of each individual case."

The physicians also should have the courage to admit his mistakes or faults and adapt to changing conditions. Resistance to change is stagnation and stagnation means death. We have to think all men are divine from the beginning.

Louis Pasteur said:**"Blessed is he who carries within himself a God, an ideal of beauty... for there in lying springs of great thoughts and great action."**

LIMITATIONS

There are many complicated and obstinate cases, which were cured permanently by our panel physicians and many others. I do not want to go further. Also I do not want to underestimate the different branches of medicine. We failed to understand the cause of chronic hoarseness without indirect laryngoscopy (ENT), we can't repair a ruptured tympanic membrane without microsurgery (tympanoplasty - ENT). We can't repair completely damaged lobe of a lung due to maltreated drug resistance Tuberculosis of long standing or from Bronchogenic Carcinoma without lobectomy, (Chest Specialist). Today in most of the cases we can't diagnose intestinal tuberculosis, ulcerative colitis, gastric-carcinoma, colon carcinoma, without the help of Endoscopy and Colonoscopy. A femur neck fracture patient would be invalid if there was no orthopedic surgeon etc. There are various aspects where Modern Medicine is indispensable.

SUCCESS CONSIDERING LIMITATIONS

What I want to say that still a large number of complicated cases where promoted Homeopathy has achieved its superiority over the Modern Medicine. That is because its dynamic energy can trigger up the immune system more than any other systems of the world. We the modern people are completely hypnotized by the fruitless glamorous system of treatment in every type of disease. That is why due to minimum dose and lack of external glamour today's' generation sometimes hesitant to accept the supreme power of natural medicine. They can reduce the huge expenditure of modern medicine and can use it for the maintenance of their family. Perhaps still they do not know- highly diluted dynamic energy is well established in Homeopathic practice. Dr. William Osler, Father of Modern Medicine in Germany said, **"No human being is constituted to know the truth, the whole truth; and nothing but truth, and even the best of men must be content with fragments with partial glimpses never the**

full fruition. Greater the ignorance, greater is the dogmatism. Homeopathy is wholly capable of satisfying the therapeutic demands of this age better than any other system or school of Medicine."

Swamiji said **"Each will in time, come to know the highest truth. No one can teach you. You have to teach yourself. Your growth must come from inside."**

Dr. James Bryce said **"The only difference between medicine and poison is the dose intent."**

Dr. Georges Duhamel, the famous author of France said regarding the atomicity **"The matter only unfolds the whole energy of its active powers in an atomic state, imponderable so to say immaterial as for example the vapors, the gas, the calories, the electricity. Nothing is more logical and more rational but the atomicity, the invisibility the imponderability and infinitestimality of doses."**

Luc Montagnier told in the conference, "That solutions containing the DNA, pathogenic bacteria and viruses including HIV could emit low potency radio waves that induced surrounding water molecules to become arranged in to nanostructure. This water molecule could emit radio waves. He also suggested that water could retain electrochemical properties even when solution was massively diluted."

This idea is not new. It is one of the key tenets of Homoeopathy that the potency of a substance is increased with dilution so long as the liquid is succused (vigorously agitated) and that highly diluted substances can do biological effect.

Some Famous Personalities used it

Royal family including Prince Charles.

Literary greats.

Mark Twain, Rabindranath Tagore, Gabriel Garcia Marquez, Henry Wordsworth, Antoni Gaudi, Vincent Van Gogh, Claude Monet, Auguste Rewoir.

Some Of The Theater And Movie Stars Treated With Homoeopathy.

Sarah Bernhardt [French Actress] Edwin Booth (American Actor) John Wayne Catherina Zeta Zones, Jennifer Antison and many others.

Spiritual and Political Leaders.

Mahatma Gandhi, Swami Sivananda, Ananda Moyee Ma, Mother Teresa, Swami Vivekananda etc.

Some world famous Athletes are treated with Homoeopathy where Modern medicine fails to penetrate the long lasting effect of severe injury and sprain. They includes David Beckham, Martina Navratilova, Boris Becker, Paul o Nil, Nancy Lopez, (American professional Golfer) Elvis Stojko (three times world champions of figure skater) P. T. Usha (Treated by Late Dr. B. N. Chakraborty) etc. I do not want to increase the number of sufferers. We cannot imagine how many common and poor people of practical experiences all over the world are benefited by this treatment.

THE HIDDEN POWER OF COMMON SALT (NATRUM MUR) AND AMMONIA (AMMON CARB) WHICH ARE FREQUENTLY USED IN HOMEOPATHY-

DARWIN'S EXPLANATION GIVEN BELOW:

At First we have to understand the difference between bigger and smaller. The big things always may not be mightier. Rather it is valued by those who can think deeper, that is the minuets form of matter and energy, and the subliminal currents of conscious force are exponentially more powerful than their gross manifestation. As an example, 500 grams of gold cannot do what an atom of its negligible particle does. All activities of this material world are governed by this rule. This atomic energy of the drug is given maximum importance not only in Homoeopathy, but other party also.

DARWIN, the father of the theory of evolution said in one experiment "I have seen how a millionth part of a milligram of Ammonia could stimulate an artery. A

hundred and twenty million fraction of a tiny crystal of common salt (Natrum Mur) also causes similar effect".

DR. SCHUSSLER

Dr. Schussler had shown that if a large quantity of common salt is taken it causes giddiness and other harmful effects. That is because a negligible amount is sufficient for maintaining the cellular and biochemical reactions without disturbing the trans-membrane ionic current. One RBC is about twelve millionth of an inch in size. A small drop of blood is constituted by about 0.3 million of such particles. How much iron could these tiny particles contain? Now radium available in this world is not more than four to five ounce. It is sufficient for many years to maintain its key role in nuclear medicine and other scientific and technological experiments. To realize the dynamic power of healing we have to understand from the beginning. The visible facts of life appear quite familiar and unattractive. But if we think little deep, we would find the excellence of order and absolute art of nature of life. Only by the use of greater knowledge and realization, we can find out the hidden powers of perceivable and subliminal forms of nature.

English churchman and philosopher, Bishop George Berkley said "Material reality had no independent existence outside the mind, consisting solely on Gods perfected thought.

CHARITY BEGINS AT HOME

Till now I do not want to prove myself as an intellectual man. I always care for the younger generation and those who are unable to feel the physical, mental, social and financial well being. They all helped me to serve the suffering humanity as per my resources.

Swamiji said "you can earn money but don't attached with it".

Sri Sri Thakur also said "Definitely there is a joy to establish a good property, reputation and power" this is called Bishayananda. (Joy of property).

Unless we have a substantial earning to maintain our family and perform some limited external joy we cannot be motivated to search the hidden joy (self-realization within us). At last we have to distinguish the comfort of financial well-being, property, social status, intellectual, satisfaction **with self-realization etc.**

Obviously the above qualities are very much necessary to build a country.

A country demands, educated man, intellectuals, powerful defense, different institutional hard working labor, good administrator and a balanced family life etc.

But above all, we have to search for eternal joy of self-realization. We have to think that we are borned to do our duty as a perfect care taker. At any moment we can be discharged. Our Bhagawan Sri Ramakrishna solved the controversy. He advised we should do our duty perfectly in one hand and praying for selfless work on the other hand. After a certain time we will automatically get the chance to do selfless work and praying to God.

However I began to feel only by reading book & per forming daily pujas, accepting duties to earn money but too much amount of money could not bring enormous satisfaction to us. Instead of that this writing along with the prayer to Almighty and helping the helpless give me enormous joy. I have already written two books.

Rabindranath Tagore wrote in one of his poem, "I was asleep and dreaming that life was only joy. I woke up and saw that life was all service I served and saw that service was pure joy".

All of us in one way or other are searching for a sense of satisfaction and contentment in life. At one time or another we all experience deep feelings of contentment even if they are only momentary.

It is natural to seek happiness and we invest the whole of our natural resources to seek happiness and we invest the whole of our energy in seeking this despite of apparent

obstruction. So we want to stop this vicious circle where we can find more stable source of well being and so, I want to re-establish basic concept of WHO regarding the Physical, Mental and social well being.

If we can try to rectify the man (incarnation of GOD on earth in the early stage then today the increased activities of criminality, terrorism, perversion, selfishness, destructive-ness is bound to be less. We know the future criminals are trained from early childhood. Otherwise you cannot motivate an adult man with consciousness towards terrorism and criminality. Here I think it gives some additional satisfaction to all the human beings through the help of Upanishad, Philosophy of Christianity, Buddhism, Hinduism and others along with this scientist of all-time greats, the greatest novel laureates the greatest researcher of microbiology, immune genetics. Also, pay regards to the Father of Allopathic (Hippocrates), Father of Homoeopathy (Hahne-mann) and the ancient greats of surgery (Sushrut), Charaka (the inventor of clinical medicine) and above all Sri Ramakrishna, Sarada Ma and Swami Vivekananda for their Vedantic concepts.

I tried to justify the role of mental attitude in every system of medicine. "**You will be what you think this is the common to all religion" described by Swamiji**. If you serve the suffering humanity and do your duty you will feel enormous joy. The condition is- at first we have to think we have no disease, no sin and we are all with the pure form of a man with consciousness.

Both the branches of Allopathy and Homoeopathy have undergone sea changes the way different diseases are treated. Modern medicine has opened up numerous methods of investigations to diagnose not only the disease but also the extent to which a patient has been affected with the disease. The point I want to make is that it is not a conflict between Allopathy and Homoeopathy that should occupy our attention, rather a physician needs to be a complete physician that should not only make use of

meaningful combination of the two branches of medicine and take all advantages of various investigative facilities available (conjoint form of treatment) but also look into the personas of the disease. In this context, the sermons of great philosophers and ancient Indian rishis and spiritual persons like Sri Sri Ramakrishna, Swami Vivekananda and Ma Sarada is molding the mindset of people, especially from childhood, are extremely important as many of the diseases could thus be prevented. Many of the diseases result from the overly materialistic attitudes of men. A complete physician needs to take all these into account too. Homoeopathy is also an Applied Science. **Journey of applied science never ends, today the diseases are so critical that we have to modify our weapons still millions of pearls are waiting under the sea, they are waiting eagerly to mix with the SOUL OF THE MAN**.

A book Ajker Projonmer Kache Thakur Ma o Swamiji published to learn the art of living for today's generation.

ALBERT EINSTEIN

I am going to Sir Albert Einstein,

Einstein first established the determination of true size of an Atom. He proves that bodies on the order of a magnitude of 1/1000 mm, when suspended in liquids, must already have an observable random movement.

Einstein established the diameter of a SUGAR CANE which is 0.000000099 cm. **He also discovered the Avogadro Number. This idea has glorified him in Jurick University by the way of PhD Thesis.**

Again He confirmed that ATOMS actually exist. He said "I have your answer-let somebody else confirm it". After many years ultimately in 1949 Scientist Max Born has written on the basis of Einstein's work.

"It did more than any other work to convince physicists of the reality of atoms & molecules, of the kinetic theory of heat & the fundamental part of probability in the natural laws".

In 1905 Einstein's next research was on the Electro-dynamics of the moving bodies - "The special theory of relativity". So with the help of highly diluted water molecules carrying only electromagnetic signature of a DNA (Memory of water), we can increase dynamic power of our Molecules by shaking it vigorously, so it will be the moving bodies.

The next and ultimate Golden egg "The mass of a body is a measure of its energy content"

So energy (the shaking) & the body (sugar molecule) are different form of the same thing.

Then He writes a letter to his friend **"The Contemplation is amusing and attractive, but I do not know if the good Lord is laughing at it and leading me around by the nose".**

So I pray to God please give birth of a man with consciousness who has got tremendous potentiality like Einstein to prove that if dynamic power of water molecule is taken as early as possible it will minimize criminality, Perversion, Terrorism Destructive attitude. I am not a scientist, I may be wrong. But again I want to say there is something in the dynamic power of water molecule. For the last 15 years I am so much astonished to see plenty of patients are recovering within a very short time without any side effects. Several complicated diseases are cured at a time.

So we have to wait for another Einstein to feel the joy of living by the tremendous dynamic effect of this glorious science of Homoeopathy especially in chronic, complicated and genetic diseases and to **decrease the number of Autistic Babies and congenital abnormalities**.

Still there are some negative Talks and campaign continued against Homoeopathy. It is natural because this is the time of materialistic treatment, the robotic treatment. Newton's law of gravitation is generally based on a famous story that NEWTON came up with an idea for the law of gravity by observing an apple falling on his head. Newton's law

enabled the general public to become aware of the forces of nature about which they were ignorant in early days.

It led to better understanding of the world, specially the force.

It formed the basis of further studies in this area.

So the same thing has been happening in Homoeopathy . Already there are lots of successful research. But I am sorry to say that still there has been some secret , science yet to reach there.

Swami Ranganathananda said **"There is something non-physical in us, we do not use the word physical to describe it but the word mind comes into play-that the mind is not just the brain; mind is that which stimulates the brain".**

YOU WILL CERTAINLY DISCOVER WHAT VEDANTA HAS BEEN SPEAKING ALL THESE THOUSANDS OF YEARS, THAT MAN IS ESSENTIALLY DIVINE; HE HAS SPIRITUAL DIMENSION OVER AND ABOVE HIS PHYSICAL AND PSYCHIC DIMENSION"

When you look at the eyes of small baby, you find a strange depth that is revealed through its eyes. All eyes do not reveal the depth, but a living baby's eyes reveal some depth. Is there a science which can penetrate into the depth revealed by these external eyes? This is what the science of spirituality developed by Vedanta or Upanishads ages ago discovered by a systematic investigation into the depth of human spirit. Highly competent sages discovered this and in the light of their investigations, modern scientific investigations are welcome because these investigations re-establish this truth all the more securely-so that an average person can also have the strong conviction that **"I am not this tiny little body ; I have a profound spiritual dimension"**

For an example **Dr. Paschero (Famous Homoeo-path of Argentina) cured some diseases of a girl of two and half years, her parents said she was very fond of music and**

dancing and that this had begun before she was even born. Whenever her mother had listened to music while pregnant, she noted strong movements in her womb .We have a homoeopathic medicine, Carcinosin where we get symptom "Fetal movements, music, with"

Spiritual explanation of inner life: Ranganathanandaji said from the Upanishad "man had tremendous courage, energy and purity of the inner life, hence He could achieve it without much difficulty.

From here we know the basic philosophy of Homeopathy is to give a medicine of a pure form to a man, the man is in pure from the beginning of existence, the same medicine is given to a patient on the basis of the symptoms of the inner man. So after the diagnosis and prognosis, we can administer the remedy as early possible.

I have just tried to add some sayings of greats to prove the efficacy of my article.

PROFESSOR OF GENETICS

"Man is a body-mind complex. So He soon discovers the physical and mental development. He also discovers that progress depends more upon his mind. Professor of genetics of oxford university Canel Use Vosa (spelling may be wrong) seems to agree with the Hindu view that the universe originated from one single source-that is unified soul. (NOW BIG BANG THEORY)

Hereditary Transmission is vital , but the child's inner nature is primarily responsible for development.

A distinctive characteristics of the mind is that it can transmit consciousness. No chemical analysis in the mind is possible hence the body as a whole is dependent on consciousness. The consciousness or thinking rule the body. The thinking will be original if we collect the symptom before exposure to environment.

Swami Satyaprakasananda said "**every child is born with a particular psychological constitution. Biology**

acknowledges two determining factors in the development of an individual, heredity and environment. Of these two, hereditiy is basic. The functioning of environment is dependent on heredity-that is the individual's physical and mental constitution acquired from the parents" (from the book how a man reborn).

HEREDITY AND ENVIRONMENT

So Conklin, Edwin grant (1863 to 1952) said (heredity and environment). "Unquestionably the factors or causes of development are to be found not merely in germ cells but also in the environment not only in intrinsic , but also in extrinsic forces , but it is equally certain that the directing and guiding factors of development are in the main intrinsic and are present in the organization of the germ cells , while the environmental factors exercise cheaply a stimulating in inhibiting or modifying influence on development.

REPEATING THE SAME WORDS

Hence we can conclude the sayings of one of our fathers – Dr J T Kent in homeopathic philosophy- "that the patient has the same diseases when he was born . This array of symptoms represents the same state before the pathological conditions have been formed after. We can find out a prophylactic for an individual on the basis of day to day abnormalities found on emotional label. These abnormalities are indicative of immune deficiency in an individual's economy, which if taken care well in advance."

Hence, we can help to save a person by stabilizing the mental, physical well being for the future.

HOW TO COLLECT RUBRICS

Importance of Present, Persisting and Predominant Symptoms

Patient's version – I have tried many treatments, but there is no improvement. I want some assurance from you – Desire for light.

Patient – I am not concerned over the white patches of the leg, but cure the patches of the neck **– delusion of wealth.**

I am the director of the company. I have to meet several dignified people; My job is not as an ordinary man –

"The delusion of a great person he is." "The delusion of a distinguished person he is." "The delusion of a noble being."

Phosphorus Lady

After some conversation with her husband, it revealed that she shares the best of his behavior to those who will believe to be useful in the future. She does not care about her family, but she knows very well how to project herself – **Hypocrisy and Foetus will die in the uterus.** [Always conscious, Just like a pregnant lady is always conscious about her baby.] However considering the above rubrics phosphorus – 30 was given. After 5 days headache, vertigo and constipation were better. After 40 days the pain during menstruation was better. Now she is recovering from all complaints. White patches are still remaining, but less than before. After 2 months phos 200 was given…

So it can cover all the systems of the body. The medicine has acted over the emotional and biochemical label and trigger up the immunity – henceforth specialized treatment of Leucoderma (Dermatology), Endometriosis (Gynecology), Duodenitis [gastroenterology] spondylosis [orthopedic] was not necessary. Many other physician can also cured the case with their own view

Importance of Physical Symptoms and Personality Profile

In spite of that if the physical of the case are keynotes of one remedy, and mental only vaguely fit a different remedy, the physical should be given more importance. i.e. Feels better when constipated (Cal carb)

MIND REGULATES ALL

Philip bailey described, "There are typical cases of just about every type from the mental point of view, which

can mislead the Homeopath. In such cases, the essence of the personality, if it can be divine, may be more useful than the particulars. The essence is a theme that runs every aspect of the personality of Arsenicum. In other cases, a single strange, rare or peculiar mental trait can reveal the correct remedy. The hand washing of the compulsion of syphilinum is a good example."

Only considering the above two symptoms of two medicine we have cured many cases of irritable bowel syndrome, gastric ulcer, eczema insomnia [arsenic], on the other hand, syphilinum helped to improve mental disorder, ulcerative stomatitis, premature baldness, rapid emaciation addiction, etc.

After considering the philosophy of Dr. Hahnemann, Dr. Kent, Dr. Sehgal, It will be very much easier to follow Dr. Philip M Bailey – He said – "In my experience, the mentals, the personality of the patient are still the least understood. This is the most underdeveloped aspect of Homeopathy."

"The human organism appears to retain a memory of all preceding chronic states of the body and mind. This memory retains certain inherited traits. Each stable state of body and mind can be considered a layer of the person's constitution. When it has been superseded by a different stable state, it remains as a cellular memory, which can be reactivated in the future. This takes place when more recent layers have been peeled off by correct homeopathic prescribing."

"In my experience inherited layers of pathology frequently correspond to the miasmatic remedies –psorinum, syphilinum medorrhinum thuja tuber etc.. when these layers have been removed one often finds non-miasmatic remedy layers underneath."

"However, it often happens that a person is born with only one constitutional layer, whether it be miasmatic or not, and treatment will simply rebalance the vital force within the same layer. Thus A person may benefit from occasional

doses of the same constitutional remedy throughout his or her life."

"Additional layer of pathology may be acquired after birth by exposure to, traumatic influences, be it psychological trauma (NAT MUR), direct physical trauma, [natrum sulph], gonorrheal trauma (medorrhinum). It must be remembered before exposure to trauma (psychological, injury, gonorrhea), the patient was may be nat mur, nat sulph, medorrinum respectively."

We are very much glad to announce that our colleagues' Dr. Shyamal Kr Das & Dr. Biswajit Roy have been working hard to re-establish this idea. But Dr. Das and others should explain the ART of diagnosis to the newcomers every time before going to YOU MUST GO BACK along with **PRESENT, PERSISTING AND PREDOMINATING SYMPTOMS** Otherwise the number of quacks will be increased.

At last, if there is any confusion, we can follow SWAMIJI – "In a conflict between the heart and the brain, follow your heart."

Importance of Miasm

A lady, aged 40 yrs, having a history of sciatic pain, pain in knee & back, pain in the heel (Calcaneum spur) severe burning all over the body including restlessness for the last 6 months, excessive menstrual bleeding, chronic headache aggravates in sun, very much sentimental, cautious and very much neglected, cannot express her grief. Most of the time feels alone with weeping Desire salt, fish, hot food. History of Mother – headache. Diabetes mellitus, arthritis, and hysterectomy. History of Father – History of Angioplasty, Uric Acid.

Diagnosis – Dysfunctional uterine bleeding, Migraine, Calcaneum spur, depression, sciatica.

Natrum Mur – 1M – 2 doses were given.

Reporting – The headache and DUB were better, the anxiety is less, but the tremendous pain of sciatica and heel and other joints was not improved at all. So after

considering the family history (sycotic) and other mismatic factor – Medorrihinum -1M – 1 dose was prescribed. After that, DUB and pain began to improve. However, the case was finished by Sulphur – 200 – 2 dose.

Investigation – X-ray L S Spine – Osteoarthritic changes with inter-vertebral spaces are consider-ably reduced. USG –of Lower Abdomen – Uterus Flabby but no evidence of SOL (Fibroid).

So again a single medicine at a time has been successful to cover the migraine (Neurology) DUB (Gynaecology) Sciatica (decompression sickness) (Orthopedics), Depression, [Psychiatry]. This type of cure might not be possible all the time due to the limitations of our system. At that time the necessity of specialists is urgently needed. But practically speaking a large number of patients do get benefit benefitted by the Homoeopaths all over the world.

How it is possible

The human body is initially composed of a single cell. There is only one DNA chain in the cell. All newly formed cells will also require DNA. DNA completes this operation one after another, which is a miracle. This sequence of miracles by DNA is different in every human being. This is a basic reason why the billions of people who have ever lived on earth look different from each other. The basic structure and functions of organs are the same in every person. In spite of every person is created in such a detailed and special manner and that is why one is different from other. So we see everything is going in order.

LIMITATIONS OF CELLS

The cells are devoid of consciousness to accomplish such collective action. So by the newly produced DNA molecule, more mistakes can be done than normal due to external factors. What I want to convey the idea to the next generation is that the pure man is coated by the various external and internal [mainly heredity] factors

as the day advances. This is also proved by the nature of the multiplication of DNA. Just imagine Master Hahnemann and Master Kent realized this phenomenon 300 years ago. So they advised us "you must go back" as far as possible to know the inner man. I think they are not less great than Sir Albert Einstein, Sir Isaac Newton, Charles Darwin, etc.

DNA REPAIRING ENZYMES

We have to know another beauty of nature to understand the beauty of **genetics**. The mistakes due to external and internal factors of the above-mentioned DNA must be rectified by nature. HOW? **The ribosome in the cell starts to produce DNA repairing enzymes. Thus the DNA protects himself. It also guarantees the Preservation of the generation**.

So the dynamic power may activate the body's own DNA – repair system which is responsible for activation of all enzymes (Crucial for all life). When all the enzymes a healthy body requires are present, all pathogens (bacteria, viruses, fungus, parasites) can no longer survive & die off. This occurs because there is no longer a breeding ground for germs. Living cells have evolved a series of enzymatic systems that repair DNA damage in a variety of ways. Failure of this system can lead to a higher mutation rate. A number of human diseases can be attributed to defects in the DNA repair so if we trigger up the immune system as well as the enzymatic system then what happens?

***All allergies & sensitivities disappear.**

***Every kind of toxins & metabolic products are eliminated. (Toxins are the creators of symptoms. Every pathogen produces toxins)**

***Elimination of metabolic disorders covering more or less every system. This elimination happens by way of mineral utilization & energy production.**

So to maintain the state of health we will require a simple maintenance program i.e. regular exercise, balanced diet,

yoga, and pranayama, meditation. Then it will be difficult for the infection to invade. This non-materialistic approach can increase the number of miracles.

SPIRITUAL HEALING BY GOLDSMITH

To realize the non-materialistic aspect We have to understand the words of Goldsmith, the Master of the Art of Spiritual Healing. **"Finding and inner communication with something greater, for greater than anything in the world; it is finding ourselves in God, finding yourself in spiritual peace, an inner peace, an inner glow, All of which comes to us with the realization of God with us ..... Resting in that peace; the body resumes its normal function and those functions are carried on by a power not our own. The body then began to show perfect complete health, youth vitality & strength, all the gift from the Lord. Man is then lifted into a new dimension of consciousness, one in which the physician did not operate. Spiritual healing then is not so much in our activity. As a submission to the activity of supra-mental realms and resting in the recognition that perfect health already exists at the plain of conscious-ness."**

There are many instances, but the most interesting thing is that man may be free to some extent from cruelty, selfishness, jealousy impulse to murder, social crime, addiction, etc. The Man will be so much lucky if he can taste the opportunity of gene targeting therapy in pure form as early as possible. To establish this miracle we have to go through the philosophy of Sweden Borg

Dr. Sweden Borg's idea influenced Kent to form concepts regarding soul, inner-man & personality. Dr. Sweden Borg said **"all creations have its origin in divine love and wisdom. It aspect that all created things are necessary forms an effect of a specific aspect of that divine love and wisdom, and so correspond to material plain to spiritual realities. Soul, mind, and body and degrees of existence in descending order and the annotative existence of higher degree create and malt that of a**

lower degree. So in order to cure the lowest form of disease we have to influence the higher plain which contents the secrets."

The father of the child is sleeping in every child. The child of today will be a child's father tomorrow. A child is a symbol of simplicity, purity, and sinlessness. Childlike simplicity is very much necessary to describe a person of excellent character. Bhagaban Shri Shri Ramakrishna is the perfect example of childlike simplicity throughout his whole life. At least we can try to do something to re-establish the power of Judgment* of this new generation to some extent.

Kent said, **"all human beings have the like possibilities of degradation; so we cannot look down upon any member of the human race. We sometimes find the lowest characteristics that are noblest."** He also felt **"man has an exalted change in anything but himself."**

I think the spiritual evolution of human personality is lacking today. It is really very much painful. **Swami Tathagatananda, who had given me International exposure. President of the Vedanta Society, established by Swami Vivekananda expressed "the supreme divine truth is flashed in a pure mind free from all blemishes of a human being."** It will be possible when man will begin to understand his true nature. Only after this realization, the greed of political leaders, the destructive attitude of media, selfishness, terrorism, cruelty, and jealousy will be less. Then the environment will be healthy. **The Vedanta agrees with Darwin that heredity and environment can modify a species**.

MODERN MEDICINE–PROGRESS AND LIMITATION

Modern medicine is indispensable today. We can't survive in critical emergency cases & many other dreaded diseases without the help of the modern medicine and its latest management.

In spite of that, there are many instances where unnecessary specialization along with unrequited

pathological & radiological investigations creates an extra burden to our health & financial status considering our socio-economical condition.

From the above viewpoints, the author has established the idea of Micro immune genetics for the first time in the history of medicine.

We can not survive without the help of Modern Medicine. Today the competition at every level of life has increased. The man becomes restless, nervous, tense, and insecure. So they deserve to treat from inside as well as outside. Modern Medicine is reluctant to cure from within.

Voltaire, the great philosopher, and physician said "Doctors are men who prescribe medicines of which they know little to cure diseases of which they know less, in human beings of whom they know nothing."

Andrew will, another great, expressed, "Treatment originates outside you, healing comes from within."

They still consider the physical body is like a machine, made up of cells, joints, muscles. The great and tremendous advancement of Modern Medicine is designed for mechanical conceptualization. If they can not consider the man who has a mind, thought and emotion, the system can not be complete.

COMMERCIAL MEDICINE

Today the medical world gradually takes the shape of big industry. When a new drug is coming into the market, the manufacturers are trying to overemphasize the benefits. The limitations and side effects are not mentioned. Already some health personnel belief the so much cost of Modern Medicine including high rated investigations are not proportionately balanced with the mental and physical well being of suffering humanity.

Mathew Prior, an English Poet & Diplomat said, "Modern Medicine is the negation of health, it is not organized to serve human health, but only itself, as an institution. It makes more people sick than it heals."

The Philosophers said, "The rich physician, honored', lawyer ride whilst the poor scholar foots it by their side." Some Indian doctors have attempted to evolve a concept of holistic medicine on the basis of the spiritual concept. I can say the classical dynamic Micro Immunogenetics is carrying the Vedantic concept. There are many limitations, but this therapy can trigger up all the systems of the body at a time. At least some people can avoid visiting different specialists and consume different medicine along with different unnecessary investigations. In each and every type of disease. **Swami Brahmeshananda said**, **"Technicalization has stunted the growth of head and heart of doctors and made them medical Technicians."**

Most of today's sufferer begins to feel, "Cured yesterday of my disease, died last night by my physician."

LATEST DIAGNOSTIC TECHNIQUE

The author has established that promoted Homoeopathy is not only an alternative system of treatment. It can be considered as a branch of Modern Medicine, like ENT, Opthalmology, Gynaecology, Gastroenterology, neurology, etc. The dynamic approach of the treatment also can not cover all the diseases of a human being.

Modern medicine is improving very fast. But even today there are many conditions where Modern Medicine can not reach. Promoted homeopathy or dynamic Micro immunogenetics also can not control or cure the majority of critical cases. It can cure and control some selected cases from different branches of medicine. Just like an ENT can not remove a brain tumor or an orthopedic surgeon can not perform a bypass surgery.

INFECTIOUS DISEASES

It is very difficult for us to manage infectious diseases like tetanus, diphtheria, meningitis, etc. we have no infrastructure to control these types of cases. Modern medicine has a larger scope due to its tremendous advancement in serology and management. A few great

Homoeopaths may have cured some cases of above infectious diseases but the practical situations may not be possible by all of us.

Diseases & Treatment

DISEASES OF BONE AND CONNECTIVE TISSUE

We can control many cases of cervical, lumbar and ankylosing spondylosis, sciatica, frozen shoulder, coxalgia, osteoarthritis rheumatoid arthritis, lumbago, calcaneum spur, synovitis, writers cramp, more reliably and relevantly. The main advantage of our pathy is zero side effect, prompt and long-lasting effect of the purer form of our medicine. On the other hand, Modern Medicine can treat better - Tuberculosis of hip, knee and shoulder joint and many other infectious diseases of bone for their specific and prompt action of medicine on bacteria.

For example, a case of tuberculosis of hip joint, if the treatment is delayed, then it may give rise to a cold abscess, pathological dislocation of the hip. Arthritis due to gonococcus, syphilis, and leprosy should be treated by Modern Medicine. Orthopedic surgeons are indispensable to trauma management and all surgical cases.

EARLY APPLICATION

In the early stage of polyarthritis, and history of repeated attack of backache in a young male with general systemic disturbances may give rise to rheumatic fever, and ankylosing spondylosis in the future. Homeopathic medicine can prevent future disability if applied in the beginning. It can also reduce the effect of the toxic drugs of today. I have some opportunity to treat these types of cases. Generally patient comes in a very late stage after consuming so much toxic drug and surgical intervention. We have to begin our treatment along with modern drugs to prevent withdrawal effects. By God's grace gradually these types of patients are improving slowly. The number of toxic

medicine will be gradually less, disability will be less. Psychologically patient becomes hopeful and positive.

Today there are many diseases of connective tissue and bone. The risk of powerful modern drugs is increasing day by day. This is one of the main causes of SLE [systematic lupus erythromatosus and other auto immune diseases and obviously cancer] we can prevent this dreaded disease to some extent by triggering the immune system. If our medicine is administered early, the complications of the diseases of bones and connective tissue will be less.

NEUROLOGY - SUCCESS & LIMITATIONS

In neurology we can manage safely migraine, facial palsy, Meniere's syndrome, lumbago sciatica syndrome, hemiplegia [along with physiotherapy], hemicrania, trigeminal neuralgia, tennis elbow, trigger finger, etc. But it is difficult for us to manage an intracerebral hemorrhage, subarachnoid hemorrhage, hypertensive encepha-lopathy, tubercular meningitis neurosyphilis, viral encephalitis, etc. Advanced management of modern medicine can control these successfully.

DISEASES OF GASTROINTESTINAL SYSTEM - ADVANTAGES

We can manage many diseases of the gastro-intestinal system. We also have some limitations in some critical conditions.

We can start with the mouth. We have a better scope in stomatitis, ulcerative stomatitis, aphthous ulcer, allergic stomatitis, ulcer due to deficiency of vitamins. We are experiencing regularly that, vitamin and food supplements are doing nothing if the absorption power is less. Believe me or not I have cured many cases of long-standing maltreated ulcerative stomatitis and carcinoma in situ, the precancerous condition and cured a case of cancer pancreas. We have a better scope for permanent relief of gastritis, duodenitis, gastric, duodenal and peptic ulcer, reflux oesophagitis, chronic

pancreatitis, and many intestinal diseases including spastic colitis and irritable bowel syndrome. We have dynamic power to increase immunity which can prevent frequent attacks.

In cases of acute perforation of peptic ulcer, severe gastroduodenal hemorrhage, malignant ascites, acute peritonitis we should take the help of modern management.

We can say chances of malignancy and other complications can be reduced if we get an opportunity to treat gastrointestinal diseases in early stages.

DISEASES OF RESPIRATORY SYSTEM

We have tremendous confidence to treat allergic diseases of the respiratory tract. I have the opportunity to treat thousands of cases in my carrier. The diseases are allergic rhinitis, bronchial asthma, pulmonary Eosinophilia, allergic alveolitis etc.

Practically speaking apparently there are no permanent curative measures both in Modern medicine and Homeopathic system of medicine in many cases. But micro immunogenetics can decrease the power of allergen by increasing the immunity of the inner man. This is something special in the history of medicine. Homeopathy is also very much successful in the treatment of chronic tonsillitis, laryngitis, pharyngitis, bronchitis, bronchiectasis, etc.

On the other hand advanced stages of tuberculosis, pneumonia, sarcoidosis [multi system glaucomatous disease], pleural effusion and in the acute stage of chronic pulmonary obstructive diseases we should take help of modern therapy in most of the cases.

DISEASES OF SKIN

We can control different types of eczema i.e atopic eczema, allergic eczema, seborrhoeic eczema, psoriasis, acne vulgaris, cystic acne in a teenager, warts, moles, and generalized pruritus.

On the other hand, it is practical to consult a dermatologist where there is a suspicion of basal cell carcinoma, squamous cell carcinoma, malignant melanoma, leprosy, etc.

Here I want to close this chapter. We can discuss selective treatment from other branches of medicine. I want to give some examples from my practical experience. There may be some exceptions and differences in opinion. But it may give some idea about the limitations as well as positive aspects of Homoeopathy.

The Author, a physician of international repute gives Homeopathic system of medicine a new dimension for his alround performances. He has succeeded to establish Homeopathy as a future generation medicine. This revolution is possible due to his long experience of thirty five year's painstaking service in each and every corner of west Bengal. Besides that for the last 15 years he is engaged in research work to prove that the Non Materialistic Approach of treatment can also bring speedy and permanent recovery in this Materialistic world. He establishes Vedantic Concept of this Holistic Medicine, shaking the whole World.

Check – up your health, diagnose the case .Select the system of treatment [Allopathic or Homeopathic] according to your disease. This is very vital. Every system of treatment has got its own limitations. Prognostic value should also be considered.

Treatment should be done on the basis of philosophy of Modern Medicine and Homeopathic Medicine. Hahnemann, basically a physician of Modern Medicine realized the theory of Hippocrates, the father of Modern Medicine. Hippocrates said," It is more important to know what sort of a person has a disease than to know what sort of a disease a person has."

We have to consider the basic philosophy of Master Hahnemann and Master Kent and other stalwarts of Homeopathic Medicine. Just we have to give some extra importance to find out the originality of inner man by going back as far as possible.

We also have to rethink the utility of applied mind on the basis of present persisting and predominant mental

symptoms from Dr. M.L. Sehgal's Revolutionized Homeopathy.

The Author has successfully proved that the mind based therapy also considers the importance of present persisting and predominant symptoms and search for the inner man by going back. **[personality of the patient should be considered from birth]**

For an example – A baby cannot be quieted, only by being carried rapidly. – Arsenic Alb. Wandering – desire to wander only at night – Calcarea Carb, Elaterium.

The improvement should be confirmed clinically as well as pathologically. Evaluation of symptoms, Miasmatic Factor, and uncommon peculiar symptoms are also very much important.

The journey just begins not ends. The journey of the applied science never ends.

Master kent said, "Homeopathy is an applied science, not a theory."

The future generation physician will feel enormous joy when they will know the Kent's verdict, **"The time may come when Homeopathy of the purer kind will be popular, but it is a very long time ahead."**

The life is very fast today. The main reason to publish this book is, if we can learn the art of triggering the immune system perfectly, the patient will feel better within a very short span of time, may be within a few hours in some cases.

Kent said - Prescribing for the result of disease but not in the sickness except to hurry its profess.

Charaka said - Ayurveda sees the physical body as the chystallization of deeply sited mental tendency carried over from previous years which presently is mostly ignored.



Swami Vivekananda

Each work has to pass through these stages – ridicule, opposition, and then acceptance. Those who think ahead of their time are sure to be misunderstood.

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36. Eleanor Foster - Spiritual Psychoterapist.

37. Lenjuel Rasmussen - Professor of Cellular & Molecular Medicine. Also Heads the Centre for Healthy Ageing at the University of Copenhaegen.

38. Claus Desler - Professor University of Capenhagen, Centre for Healthy ageing.

39. Thorkild I. A. Sorensen - Works with Metabolic and Clinical epidemiology at the University of Copenhegen and Head of the Institute of Preventive Medicine at Frederiksberg Hospital.

40. Dr. Henrico C. Wegener - Provast at the Technical University of Denmark.

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44. Jeffrey S. Dungan - MD North Western University, Feinberg School of Medicine. Famous for Prenatal Diagnostic Testing.

45. Francisco Mojica - Discovered Crispr technique.

46. Dr. James Bryce - Regius Professor of Civil Law and Juriceprudence.

47. Geores Duhamel - The Famous Author of France.

48. Bishop George Berkley was An Anglo Irish Philosopher whose Primary achievement was the advancement of a theory he called “immaterialism”.

49. Scientist Max Born - A German Physicist and Mathematician who was instrumental in the development of Quantum Mechanics.

Personalised Oncology

Miracles of Micro Immuno-Genetics in the Treatment of Cancer Pancreas: Dr. Amitava Maity (Pioneer)

Immuno genetics is the study of the genetic basis of the immune response. It includes the study of normal immunological pathways and identification of genetic variations that result in immune defects which may lead to recognition of new therapeutic mode of treatment.

The word Genetics has been added to Micro Immuno-therapy which is termed as Micro Immuno-Genetics. The term Micro Immuno-Geneticscomprises of all the processes of an organism which on one hand are controlled and influenced by genes of the organism and on the other hand are significant with regard to the immunological defence reaction of the organism.

The transfer of characteristics of an organism takes place from one generation to the next generation. The transfer of genes from the parent to the child generation of an organism within the scope of possible variations are the fundamentals of genetics. Definitely, Genetics has some role to influence the Immunity of the whole body.

Here, I want to explain Micro Immuno-Genetics in a scientific manner. (The philosophical and spiritual explanations are given in my website

http://www.dramaityimmunetherapy.com/).

I believe Micro as small doses with Dynamic Power which Charles Darwin, the father of Theory of Evolution also said in an experiment, “I have seen how the millionth part of a milligram of Ammonia could stimulate an artery. A 120 million fraction of a tiny crystal of common salt (Natrum Mur – a famous curative medicine of homeopathy) also causes a similar effect”. So, I'm also convinced that a million fraction of a tiny particle also has the power to cure complicated diseases.

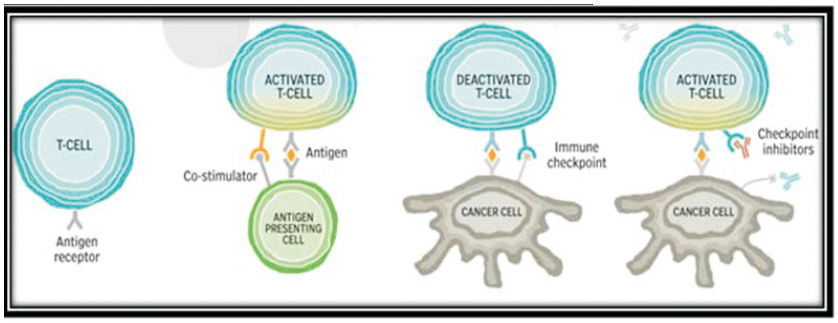
Jacques Benveniste (France) A Nobel Laureate of digital biology had claimed that vigorously shaking water solutions of an antibody could evoke a biological response, even when the antibody was diluted out of existence (memory of water).

Similarly, immunotherapy is a therapy that triggers up the Immunity to heal our mental and physical ailments. Hence, my process of application includes the understanding of the genetic background to increase immunity by fighting with the internal and external destructive factors.

The medicine should be selected by considering the total body of a human being (physical and mental). Here, I want to describe the scientific aspects to cure or give long-standing relief by increasing immunity as a whole. We all know that globally all scientific researchers are following the single path of increasing or building internal immunity to cure cancer and other deadly diseases.

I'm thankful to the 2018 Nobel Laureates in Medicine, Dr. James P Allison of US and Dr. TasukuHonjo of Japan who showed that it is possible to stimulate the inherent ability of our immune system to fight against cancer which established an entirely new thought process for Cancer therapy – the fourth category for Cancer Treatment other than the existing ways of surgery, radiation, and chemotherapy.

To increase immunity Dr. Allison had to discover another protein promising strategy to fight against cancer. Honjo demonstrated that by utilizing a protein as a target in the treatment of cancer by increasing the immunity to stop the metastasis (spreading of cancer cells in the body) for long term remission.



(The above diagram depicts how Immunotherapy works to identify and attack Cancer cells)

The inherent aim of the existing worldwide processes which are followed to fight against Cancer is to increase internal human body immunity. Some of the processes are given below:

1. Check Point inhibitors.
2. Chimeric antigen receptor (CAR) T-Cell Therapy.
3. Cytokines.
4. Cancer Vaccines.
5. Developing Mono-Clonal Antibodies.
6. Oncolytic Viruses

I want to discuss in brief on the utility of "Check Point Inhibitors" therapy.

To date, the application of "Check Point Inhibitors" in pancreatic cancer has been disappointing. An individual pancreatic cancer patient can have a deficiency in one or multiple steps of the anti-tumour immune response. So, here always the conventional mode of cancer therapy may not be beneficial for pancreatic cancer. Thus, a personalized medicinal approach will be required for long-lasting benefits.

Recently scientists are researching the mode of application of sequencing techniques and neo-antigen vaccine which

has achieved promising results in clinical trials to promote personalized immune therapy. Neo antigens are protein fragments found only on cancer cells. Due to their unique nature, targeting them and allow a patient's immune systems to find and attack cancer cells while leaving healthy cells alone.

The above Photograph taken from the newspaper –Anandabazar Pratrika 2nd october 2018 - The Noble laureates Of 2018 on Medical science. Their research was based on Immuno-Check Point Theory.

The Immune–Check Point Therapy is a revolution to fight against cancer. It is far more improved therapy than the conventional therapy of chemotherapy, radiotherapy and surgery.



আনন্দবাজার পত্রিকা কলকাতা মঙ্গলবার ২ অক্টোবর ২০১৮

ক্যানসারে 'ব্রেক' কষে নোবেল

নিজস্ব প্রতিবেদন

ওয়াশিংটন, ১ অক্টোবর: ক্যানসারের মুখে শরীর যেন ব্রেক-ফেল করা গাড়ি। কী ভাবে তার ব্রেক কষা যায়, তারই উপায় বাতলে দিয়ে এ বছর চিকিৎসাবিজ্ঞানে নোবেল পেয়েছেন প্রবীণ দুই বিজ্ঞানী। আমেরিকার জেমস অ্যালিসন এবং জাপানের তাসুকু হঞ্জো।

নোবেল কমিটির পক্ষ থেকে আজ সকালে ঘোষণা করা হয় দুই বিজ্ঞানীর নাম। তাঁদের গবেষণার বিষয় খানিক এ রকম—মানুষের শরীরের নিজস্ব রোগপ্রতিরোধ ক্ষমতা রয়েছে। শরীরে বাসা বাঁধার সঙ্গে সঙ্গে সেই 'ইমিউনো সিস্টেম'টাকেই সবার আগে আক্রমণ করে ক্যানসার।

এই হামলা কী ভাবে আটকানো যায়, তার সন্ধান দিয়েছেন ওঁরা। চিকিৎসা বিজ্ঞানের ভাষায়, 'ইমিউনো চেকপয়েন্ট থিয়োরি'। নোবেল কমিটির কথায়, "ক্যানসার প্রতিরোধে যে গতানুগতিক চিকিৎসা পদ্ধতির কথা আমরা জানি, সেই ভাবনাটাকেই বদলে দিয়েছে দুই বিজ্ঞানীর আবিষ্কৃত তত্ত্ব।"

ক্যানসারের চেনা পরিচিত চিকিৎসা বলতে, অস্ত্রোপচার, রেডিয়েশন এবং কেমোথেরাপি। বলাই যায়, ৭০ বছর বয়সি অ্যালিসন এবং ৭৬-এর হঞ্জোর হাত ধরে এ বার ওই তিন পদ্ধতির সঙ্গে জোরদার ভাবে যুক্ত হতে চলেছে আর এক চিকিৎসা পদ্ধতি— 'ইমিউনোথেরাপি'।

কিয়োটো বিশ্ববিদ্যালয়ের অধ্যাপক হঞ্জো দীর্ঘদিন ধরে ক্যানসার নিয়ে গবেষণা করছেন। শরীরের 'ইমিউনো সেল'-এ একটি প্রোটিনের সন্ধান দিয়েছেন তিনি, যা কি না ক্যানসারের সঙ্গে লড়তে সক্ষম।

একই পথে হেঁটেছেন টেক্সাস বিশ্ববিদ্যালয়ের 'এমডি অ্যান্ডারসন ক্যানসার সেন্টার'-এর অধ্যাপক অ্যালিসন। গবেষণার কাজটি অবশ্য করেছিলেন ক্যালিফর্নিয়া-বার্কলে বিশ্ববিদ্যালয়ে। অ্যালিসনের যখন ১১ বছর বয়স, ক্যানসারে মারা যান তাঁর মা। পরে পরিবারের আরও অনেকে। ক্যানসার-রহস্যের প্রতি ঝোঁক বাড়ে সেই থেকে। অ্যালিসনের স্ত্রী পদ্মিনী শর্মাও ক্যানসার বিশেষজ্ঞ।

জাপানের হঞ্জোর মতো অ্যালিসনও একটি প্রোটিন নিয়ে গবেষণা শুরু করেন। পরীক্ষা করে দেখেন, সেই প্রোটিনটি শরীরের নিজস্ব রোগপ্রতিরোধ ক্ষমতাকে টিউমারের উপর আঘাত হানতে সাহায্য করে।

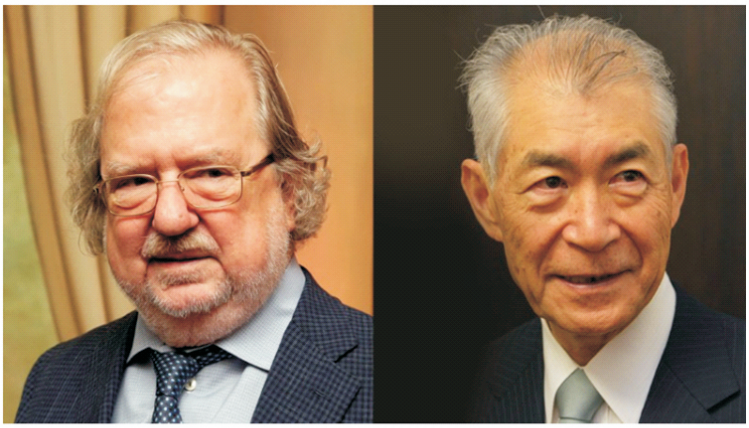
২০১১ সালেই আমেরিকায় অ্যালিসনের চিকিৎসাপদ্ধতি খাদ্য ও ওষুধ বিষয়ক দফতরের স্বীকৃতি পায়। ইতিমধ্যে ক্যানসার রোগীদের শরীরে পরীক্ষামূলক ভাবে প্রয়োগ করে দেখা গিয়েছে বাস্তবেই প্রোটিনটি তার কর্মকাণ্ডে বেশ সফল। নিজের সর্বশক্তি দিয়ে শরীরের রোগপ্রতিরোধ ক্ষমতাকে টিউমার-নাশে সাহায্য করে সেটি। আমেরিকার ক্যানসার বিশেষজ্ঞরা জানাচ্ছেন, মেটাস্ট্যাটিক মেলানোমা, ব্লাডার ও ফুসফুসের ক্যানসারে বেশ ভাল ফল মিলেছে এই চিকিৎসায়।

টিউমার অস্ত্রোপচার ও 'রেডিয়েশন থেরাপি'র পাশাপাশি এই ধরনের চিকিৎসায় এখন অনেকটা সুস্থ প্রাক্তন মার্কিন প্রেসিডেন্ট জিমি কার্টার। তবে প্রস্টেট ও অন্ত্রশয়ের ক্যানসারে তেমন কাজ দেয়নি এই প্রোটিন। এবং কিছু কিছু ক্ষেত্রে মারাত্মক পার্শ্বপ্রতিক্রিয়াও হয়েছে।

ক্যানসার শল্যচিকিৎসক গৌতম মুখোপাধ্যায়ের কথায়, "অস্ত্রোপচারের থেকেও মানুষ ওষুধের উপরে বেশি ভরসা করে। ক্যানসারের চিকিৎসায় এমন একটা আবিষ্কার, সত্যিই যুগান্তকারী।"

জাপানের তাসুকু হঞ্জো (বাঁ দিকে) এবং আমেরিকার জেমস অ্যালিসন

Two scientists who pioneered an entirely new way to treat cancer have won the 2018 Nobel Prize in Physiology or Medicine.



James Allison and Tasuku Honjo share the 2018 Nobel Prize in Physiology or Medicine. Left: Richard Drew/AP/Shutterstock. Right: MEXT/CC BY 4.0

James Allison at the University of Texas MD Anderson Cancer Center in Houston and TasukuHonjo at Kyoto University in Japan will share the 9 million Swedish kronor (US$1 million) prize.

The pair showed how proteins on immune cells can be used to manipulate the immune system so that it attacks cancer cells. The approach has since led to the development of therapies that have been hailed for extending survival in some people with cancer by years, and even wiped out all signs of disease in some people with advanced cancers. Researchers have flocked to the approach, and immunotherapy is now one of the hottest areas in cancer research.

“Allison's and Honjo's discoveries have added a new pillar in cancer therapy. It represents a completely new principle, because unlike previous strategies, it is not based on targeting the cancer cells, but rather the brakes — the checkpoints — of the host immune system”, said KlasKärre,

a member of the Nobel Committee and an immunologist at the Karolinska Institute in Stockholm who described the work of the prizewinners during the Nobel announcement. “The seminal discoveries by the two laureates constitutes a paradigmatic shift and a landmark in the fight against cancer.”

I came across the term “Immuno-Oncology” during my work with Micro Immuno-Genetics. Our immune system is a complex network of organs, cells, and molecules that protects us from foreign substances like bacteria and viruses like Covid-19 (Coronavirus) which causes infection. ''Immuno-Oncology” is the study and development of treatments that take advantage of the immune system of our body to fight Cancer.

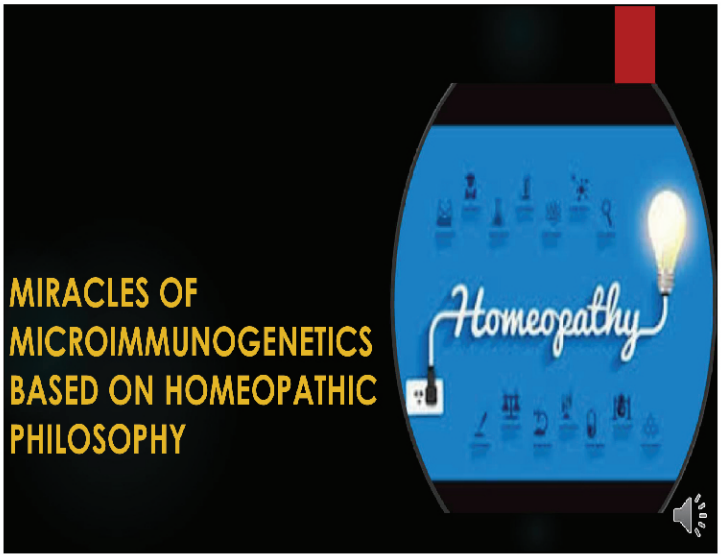
The glorious journey of Homeopathy was invented by Master Samuel Hahnemann on the concept of Individualized Immune Therapy.

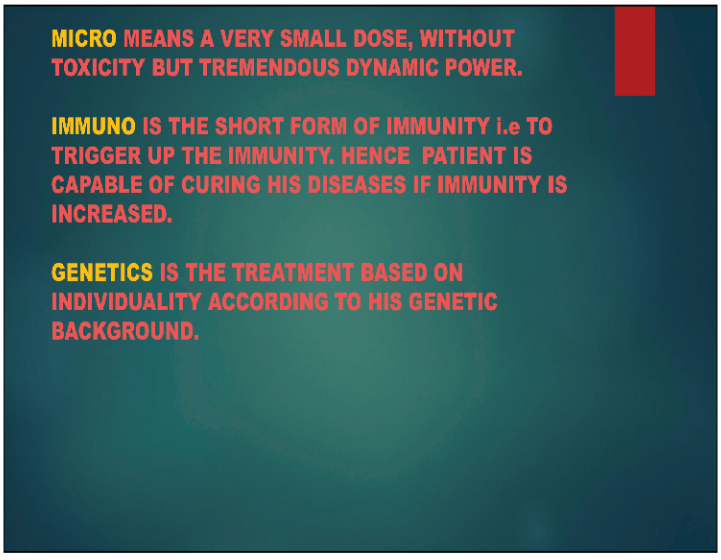
For the last 15 years, all my efforts have been dedicated to the development of individualized/ personalized Immunotherapy.

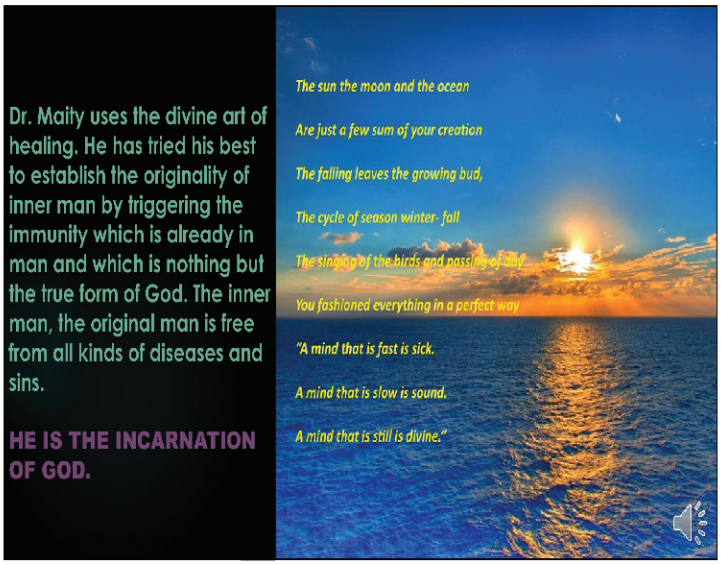
Hereby, I strongly believe that the basic foundation of Homeopathic treatment is based on individualized/ personalized Immunotherapy.

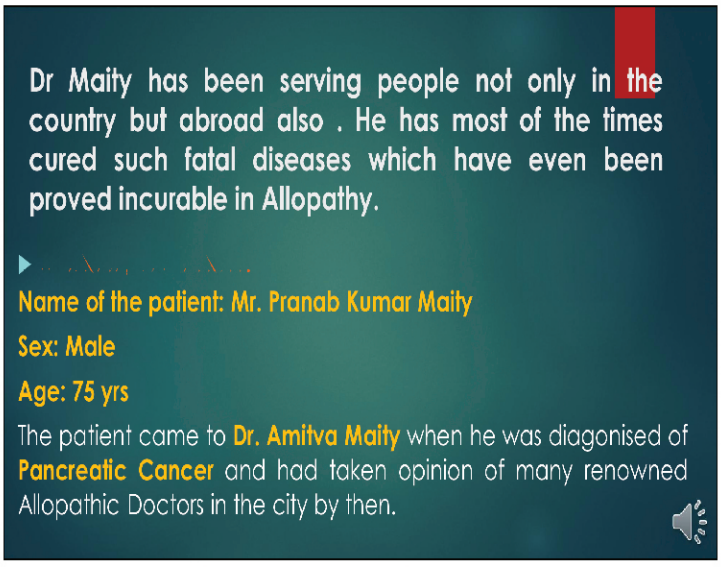
Hence, in the future personalised oncology may give a new light in the cancer treatment. As the basic principle of homeopathy is to individualize a patient. If many patient are suffering from same type of cancer we have to apply separate personalized medicine to each of them.

CASE HISTORY OF A CURED CASE OF PANCREATIC CANCER






Dr. Maity uses the divine art of healing. He has tried his best to establish the originality of inner man by triggering the immunity which is already in man and which is nothing but the true form of God. The inner man, the original man is free from all kinds of diseases and sins.
HE IS THE INCARNATION OF GOD.
The sun the moon and the ocean
Are just a few sum of your creation
The falling leaves the growing bud,
The cycle of season winter- fall
The singing of the birds and passing of day
You fashioned everything in a perfect way
"A mind that is fast is sick,
A mind that is slow is sound,
A mind that is still is divine."


Dr Maity has been serving people not only in the country but abroad also . He has most of the times cured such fatal diseases which have even been proved incurable in Allopathy.
Name of the patient: Mr. Pranab Kumar Maity
Sex: Male
Age: 75 yrs
The patient came to Dr. Amitva Maity when he was diagonised of Pancreatic Cancer and had taken opinion of many renowned Allopathic Doctors in the city by then.

NOW We would come across a few reports and prescriptions of the doctors before the patient came to Dr. Maity and also some reports after the patient's treatment under Dr. Amitava Maity

THIS SLIDE AND THE NEXT FEW SLIDES CONTAIN THE CASE HISTORY OF THE PATIENT

- Chief complaints - obstinate constipation, Hypertrophy of prostate. Renal stone , Anorexia , emaciated , Hypertension etc.
- Adv - USG of whole abdomen.
- Report - 6.2 2020 - Along with asymptomatic prostratic hypertrophy, small renal stone, there was a nodular enhancing lesion in periampullary region of pancreas.

Clinical examination by Dr. Maity - mild pallor . oedema feet. No tederness. Yellowish body.

Adv - LFT

Reports on 7.2 . 2020.

All the parameters were exceptionally high.

BILIRUBIN - 11.1 mg / dl.

SGPT - 144 mg/dl (Normal less than 45

SGOT- 129 (normal - less than 35)

ALKALINE PHOSPHATASE - 421 (Normal - 45 to 129)

GGT - (less than 55).

6.2.2020- 1- Bryonia - 30 / 6 doses . (twice daily for 3 days)

2 - Chelidonium - Q (5 drops twice daily)

No Improvement- on the other hand total body becomes deep yellow. Advice -

13.2. 2020 - BILIRUBIN- 21.1mg / dl.

Serum Amylase - 62 u/ l

Serum lipase - 38 u/ l

Ca 19.9 (cancer markar)- 61.57 u/ l (normal - less than 35u/'

So the condition was very bad.

Already he had taken the advice of various oncologists of Medica, CMRI and Tata Medical Centre. They had adviced for Whippler Operation but had not given any assurance on the above case. They also said that there will be a chance of metastasis and longevity will be not more than 2 years provided the operation is successful.

15-Feb-2020 : CT Scan of Upper Abdomen Report - A solitary enhancing nodule in periampullary region with possibility of neoplastic growth.
16-Feb-2020 : Considering the above reports I prescribed the following:

i) Lycopodium 200/3 doses (the selection was done by proper reportarization mainly based on mental symptoms).

ii) Carduus M - Q : 5 Drops BD

The patient began to feel better within 2 days.
In the meantime ERCP was done, Diagnosis was Cholangio CA.

20-Feb-2020 : Considering the report of ERCP, the cholesterinum 3X was added alongwith Chelidonium M - Q.

The Oncologists of Tata Medical Centre, CMRI advised for Whippler Operation asap. So, finally it was decided to go ahead with the operation at CMRI and hence the patient admitted. But due to the sudden lockdown for Covid-19, the scheduled operation postponed and the patient returned home. Before the operation the Albumin level was low. We know, if the Albumin level is low the operation may be risky. So, before going for operation the patient was given protein diet. No medicine was given by the oncologist apart from the medicine for hypertension and other chronic ailments. So, the patient was only on Homoeopathic Treatment for the pancreatic complications.

18-Mar-2020 : LFT was repeated and the Bilirubin came down from 21 mg/dl to 4.5 mg/dl.
SGPT reduced to 40 mg/dl from 144 mg/dl and
SGOT came down to 39 mg/dl from 144 mg/dl.

19-Mar-2020 : Immediately Carcinocin 0/2 was prescribed.The medicine was selected based on the symptoms from very early childhood days till date. Hence, the patient was prescribed Carcinocin 0/2, Cholesterinum 3X and Chelidonium M - Q as given earlier.

Presently, the patient has no complaints with no sign of Jaundice, Oedema and Anorexia. In the meantime, Glomerulous filtration rate has been done to exclude any renal pathology.

11-May-2020 : Again, Dr. Maity adviced the patient to go for CA-19.9, Bilirubin, CEA.
CA-19.9 came down to 11.85 u/ml from 61.1 u/ml within 40 days.

CEA report is normal.

Bilirubin 1.6 mg/dl.

Amylase 64, Lipase 47 mg/dl were normal.

We know a decrease of CA 19.9 is certainly a very strong positive response to therapy.

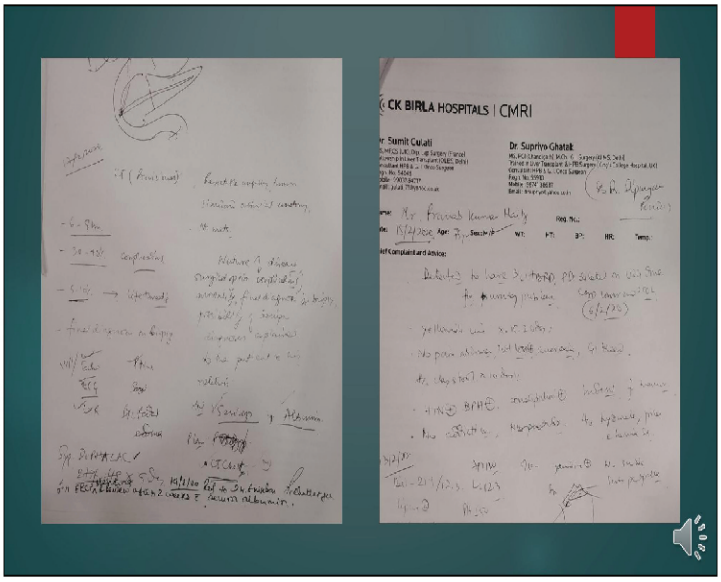
Already on 29-Apr-2020, a Triphasic CT Scan of Upper Abdomen was done.

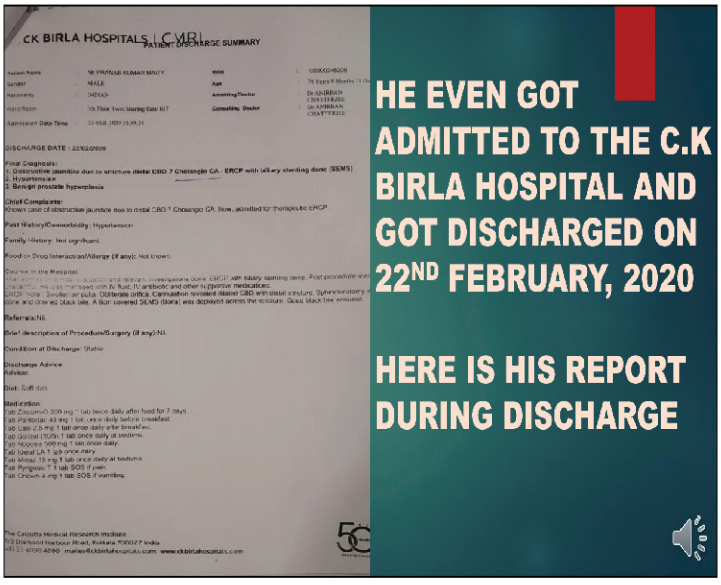
The Report confirmed absolutely no trace of nodule and no signal of metastasis.

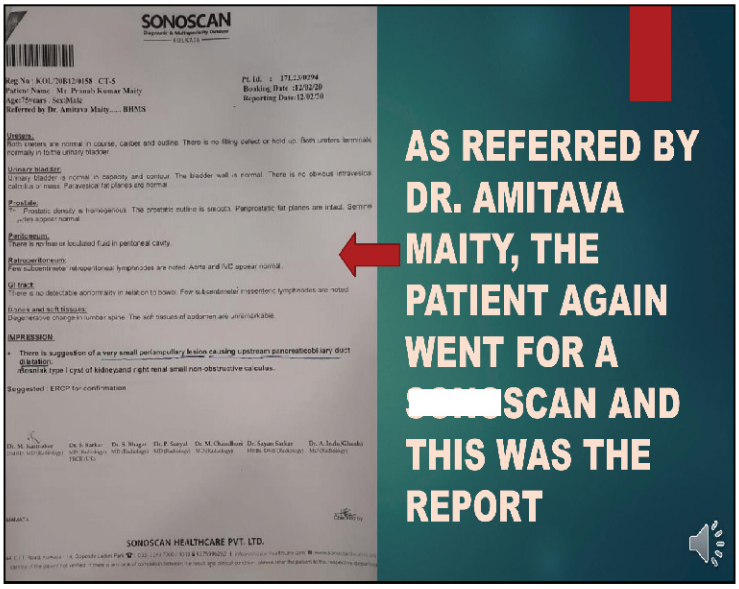
The patient was under my treatment for various illness through Constitutional and Personalized mode of selection for few month before the present diagnosed life threatening disease. Hence, we may conclude that the overall immunity of the patient was in a very good condition which is the most important aspect of Homoeopathy Treatment. Those who are not accustomed with proper Homoeopathic treatment previously they may also fight with deadly diseases if they come to a Homeopath even in late stages. Generally we get opportunity to treat in very advanced stage , even just before passing away.

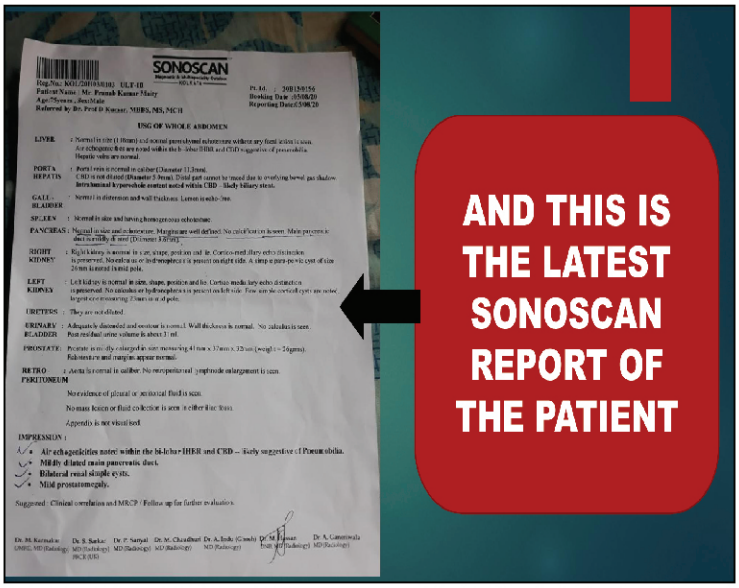
We Homoeopath do not want to say that we are also capable to treat cancer like modern medicine. There is no comparison with the latest management of modern medicine in this regard. But it is confirmed that if we get chance to treat cancer patient along with modern medicine conjointly then then obviously the result will be astonishing. Still now only we can increase the immunity of the whole body which is very vital to fight against the deadly diseases. We know most of the cancer patient depend on Radiotherapy and chemotherapy. But all these processes are Immunosuppressive. But there is no option.

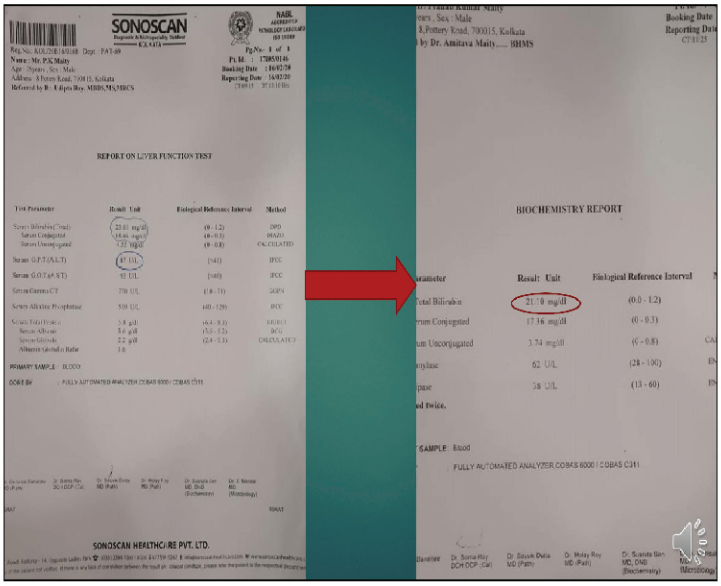
On the other hand dynamic power of well selected Homoeopathic medicine can fight with these diseases only by triggering the Immunity. After a long research of 12 years I named it MICROIMMUNO GENETICS.

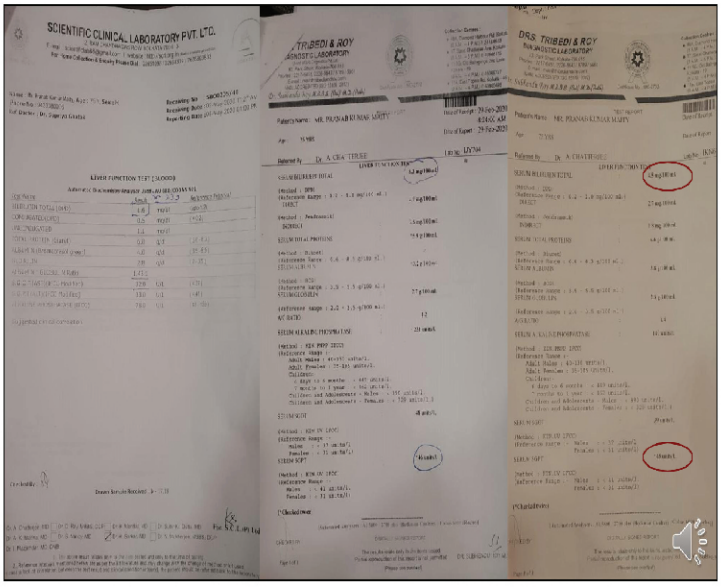

CK BIRLA HOSPITALS | CMRI
Dr. Sumit Culati
Dr. Supriya Ghatak

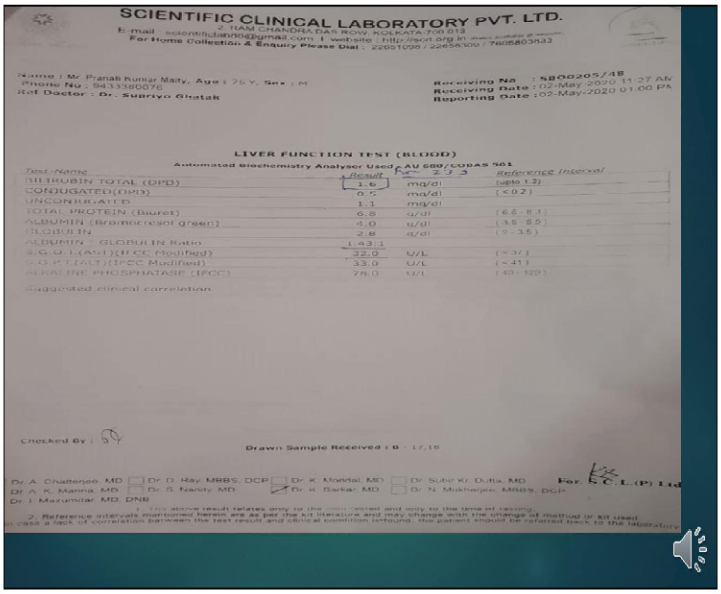

CK BIRLA HOSPITALS | CMRI
PATIENT DISCHARGE SUMMARY
HE EVEN GOT ADMITTED TO THE C.K BIRLA HOSPITAL AND GOT DISCHARGED ON 22ND FEBRUARY, 2020
HERE IS HIS REPORT DURING DISCHARGE


SONOSCAN
Reg.No : KOL/20B12/0158 CT-5
Patient Name : Mr. Pranab Kumar Maity
Age:75years , Sex:Male
Referred by Dr. Amitava Maity..... BHMS
Pt.Id. : 17L23/0294
Booking Date :12/02/20
Reporting Date:12/02/20
Ureters:
Both ureters are normal in course, caliber and outline. There is no filling defect or hold up. Both ureters terminate normally in to the urinary bladder.
Urinary bladder:
Urinary bladder is normal in capacity and contour. The bladder wall is normal. There is no obvious intravesical calculus or mass. Paravesical fat planes are normal.
Prostate:
Prostatic density is homogeneous. The prostatic outline is smooth. Periprostatic fat planes are intact. Seminal vesicles appear normal.
Peritoneum:
There is no free or loculated fluid in peritoneal cavity.
Retroperitoneum:
Few subcentimeter retroperitoneal lymphnodes are noted. Aorta and IVC appear normal.
GI tract:
There is no detectable abnormality in relation to bowel. Few subcentimeter mesenteric lymphnodes are noted.
Bones and soft tissues:
Degenerative changes in lumbar spine. The soft tissues of abdomen are unremarkable.
IMPRESSION:
There is suggestion of a very small periampullary lesion causing upstream pancreaticobiliary duct dilatation.
Bosniak type I cyst of kidney and right renal small non-obstructive calculus.
Suggested : ERCP for confirmation
SONOSCAN HEALTHCARE PVT. LTD.
AS REFERRED BY DR. AMITAVA MAITY, THE PATIENT AGAIN WENT FOR A [redacted]SCAN AND THIS WAS THE REPORT


SONOSCAN
Reg.No: KOL/20B10/0103 ULT-10
Patient Name : Mr. Pranab Kumar Maity
Age:75years , Sex:Male
Referred by Dr. Pratip Kumar, MBBS, MS, MCH
Pt.Id. : 20B15/0156
Booking Date :05/08/20
Reporting Date:05/08/20
USG OF WHOLE ABDOMEN
LIVER : Normal in size (1 10mm) and normal parenchymal echotexture without any focal lesion is seen. Air echogenic fibers are noted within the bi-lobar BHRL and CBD suggestive of pneumobilia. Hepatic veins are normal.
PORTA HEPATIS : Porta vein is normal in caliber (Diameter 11.2mm). CBD is not dilated (Diameter 5.3mm). Distal part cannot be traced due to overlying bowel gas shadow. Intrahaminal hyperechoic content noted within CBD - likely biliary stent.
GALL BLADDER : Normal in distension and wall thickness. Lumen is echo-free.
SPLEEN : Normal in size and having homogeneous echotexture.
PANCREAS : Normal in size and echotexture. Margins are well defined. No calcification is seen. Main pancreatic duct is mildly dilated (Diameter 3.6mm).
RIGHT KIDNEY : Right kidney is normal in size, shape, position and lie. Cortico-medullary echo distinction is preserved. No calculus or hydronephrosis is present on right side. A simple para-pelvic cyst of size 26mm is noted in mid pole.
LEFT KIDNEY : Left kidney is normal in size, shape, position and lie. Cortico medullary echo distinction is preserved. No calculus or hydronephrosis is present on left side. Few simple cortical cysts are noted, largest one measuring 23mm is at of pole.
URETERS : They are not dilated.
URINARY BLADDER : Adequately distended and contour is normal. Wall thickness is normal. No calculus is seen. Post residual urine volume is about 31 ml.
PROSTATE : Prostate is mildly enlarged in size measuring 41mm x 37mm x 32mm (weight = 26gms). Echotexture and margins appear normal.
RETRO-PERITONEUM : Aorta is normal in caliber. No retroperitoneal lymphnode enlargement is seen.
No evidence of pleural or peritoneal fluid is seen.
No mass lesion or fluid collection is seen in either iliac fossa.
Appendix is not visualised.
IMPRESSION :
Air echogenicities noted within the bi-lobar IHER and CBD -- likely suggestive of Pneumobilia.
Mildly dilated main pancreatic duct.
Bilateral renal simple cysts.
Mild prostatomegaly.
Suggested : Clinical correlation and MRCP / Follow up for further evaluation.
AND THIS IS THE LATEST SONOSCAN REPORT OF THE PATIENT


SONOSCAN
REPORT ON LIVER FUNCTION TEST
BIOCHEMISTRY REPORT
SONOSCAN HEALTHCARE PVT. LTD.


SCIENTIFIC CLINICAL LABORATORY PVT. LTD.
TRIBEDI & ROY
DRS. TRIBEDI & ROY

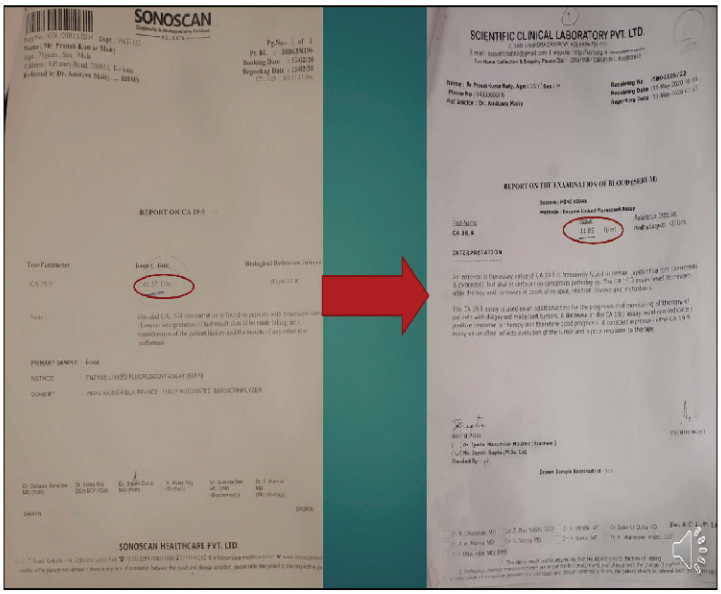


SCIENTIFIC CLINICAL LABORATORY PVT. LTD.

LIVER FUNCTION TEST (BLOOD)

Test Name	Result	Unit	Reference Interval
BILIRUBIN TOTAL (DPD)	1.6	mg/dl	(upto 1.2)
CONJUGATED(DIRD)	0.5	mg/dl	(<0.2)
UNCONJUGATED	1.1	mg/dl	
TOTAL PROTEIN (Biuret)	6.8	g/dl	(6.6 - 8.3)
ALBUMIN (Bromocresol green)	4.0	g/dl	(3.5 - 5.5)
GLOBULIN	2.8	g/dl	(2 - 3.5)
ALBUMIN : GLOBULIN Ratio	1.43:1		
S.G.O.T.(AST)(IFCC Modified)	32.0	U/L	(< 31)
S.G.P.T.(ALT)(IFCC Modified)	33.0	U/L	(< 41)
ALKALINE PHOSPHATASE (IFCC)	78.0	U/L	(40 - 120)

Suggested clinical correlation



SONOSCAN

REPORT ON CA 19-9

SONOSCAN HEALTHCARE PVT. LTD.

SCIENTIFIC CLINICAL LABORATORY PVT. LTD.

REPORT ON THE EXAMINATION OF BLOOD(SERUM)

A Case of Chronic Pancreatitis

Patient's Name: Prabir Guha

Age: 67 Yrs, Sex: Male

Treated By: Dr.AmitavaMaity

The Patient came on 04.09.2014 with tremendous acidity (Hyper-Chlorhydria) with difficulty in respiration. Patient Also Complained of Constipation, Sleeplessness & exertion on walking, headache and with tender Liver and Spleen for 10 Years.

(Patient was highly Obese with history of excessive Alcohol Abuse of huge quantity especially Rum)

Considering the above Symptoms I Advised Him To Do

1. LFT
2. Serum CPK, Serum CPKMB, Serum Amylase, Serum Lipase

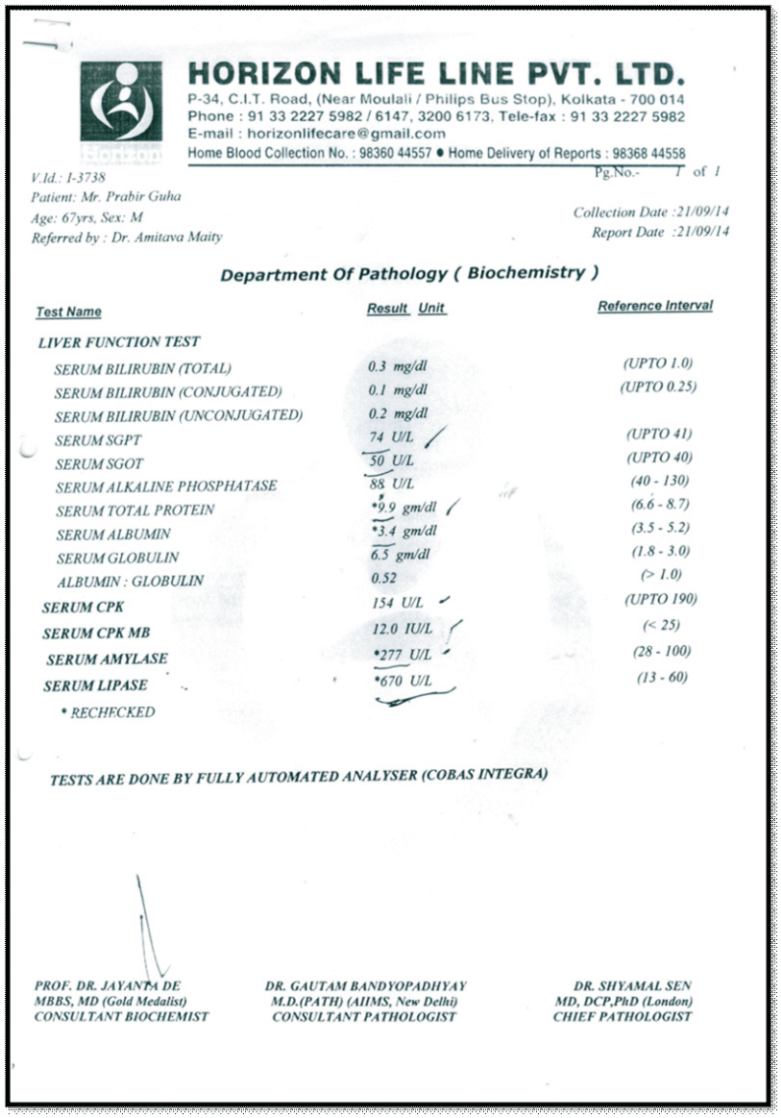
04.09.2014

I prescribed him Veratrum Album-10 M (3 Doses) &Placebo-30/30 doses based on the Theory of "Mind is Key to The Man " – Hahnemann, "You Must Go Back "- Master J T Kent, along with consideration of Miasm, other Constitutional features &at last but not the least the Provisional Diagnosis and Limitations Of Homeopathy.

21.09.2014

Patient came with some relief of heaviness of abdomen, acidity is less, and sleep is almost better &gradually severe conditions improved.

Attached Report



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Phone : 91 33 2227 5982 / 6147, 3200 6173, Tele-fax : 91 33 2227 5982
E-mail : horizonlifecare@gmail.com
Home Blood Collection No. : 98360 44557 • Home Delivery of Reports : 98368 44558

V.Id.: I-3738 Pg.No.- 1 of 1
Patient: Mr. Prabir Guha
Age: 67yrs, Sex: M
Referred by : Dr. Amitava Maity
Collection Date :21/09/14
Report Date :21/09/14

Department Of Pathology (Biochemistry)

Test Name	Result Unit	Reference Interval
LIVER FUNCTION TEST		
SERUM BILIRUBIN (TOTAL)	0.3 mg/dl	(UPTO 1.0)
SERUM BILIRUBIN (CONJUGATED)	0.1 mg/dl	(UPTO 0.25)
SERUM BILIRUBIN (UNCONJUGATED)	0.2 mg/dl	
SERUM SGPT	74 U/L	(UPTO 41)
SERUM SGOT	50 U/L	(UPTO 40)
SERUM ALKALINE PHOSPHATASE	88 U/L	(40 - 130)
SERUM TOTAL PROTEIN	*9.9 gm/dl	(6.6 - 8.7)
SERUM ALBUMIN	*3.4 gm/dl	(3.5 - 5.2)
SERUM GLOBULIN	6.5 gm/dl	(1.8 - 3.0)
ALBUMIN : GLOBULIN	0.52	(> 1.0)
SERUM CPK	154 U/L	(UPTO 190)
SERUM CPK MB	12.0 IU/L	(< 25)
SERUM AMYLASE	*277 U/L	(28 - 100)
SERUM LIPASE	*670 U/L	(13 - 60)

* RECHECKED

TESTS ARE DONE BY FULLY AUTOMATED ANALYSER (COBAS INTEGRA)

PROF. DR. JAYANTA DE
MBBS, MD (Gold Medalist)
CONSULTANT BIOCHEMIST

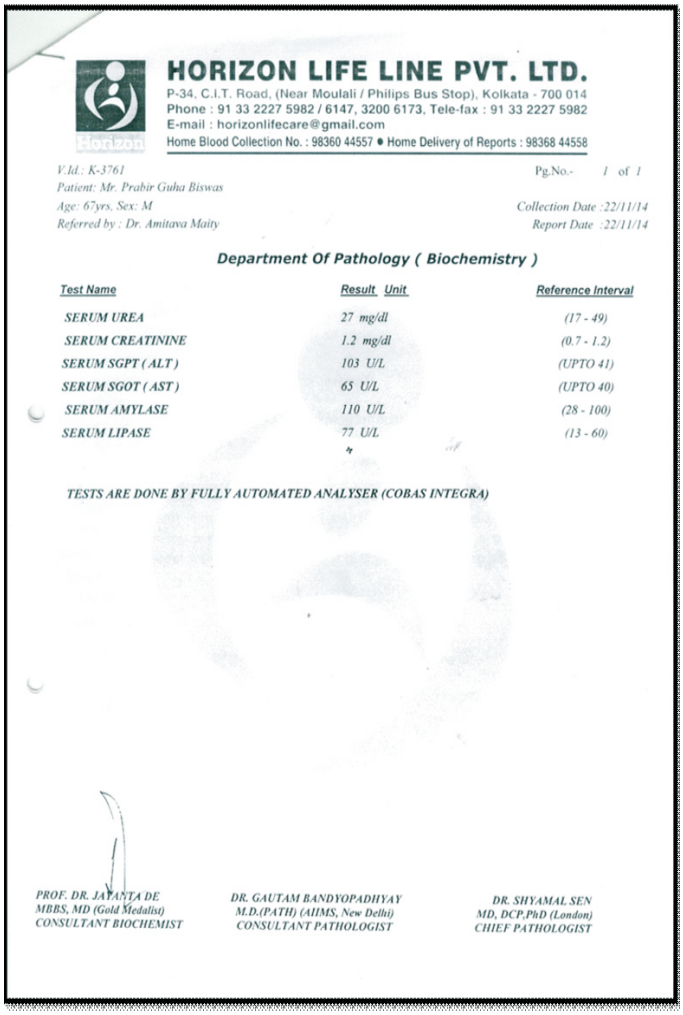
DR. GAUTAM BANDYOPADHYAY
M.D.(PATH) (AIIMS, New Delhi)
CONSULTANT PATHOLOGIST

DR. SHYAMAL SEN
MD, DCP,PhD (London)
CHIEF PATHOLOGIST

22.11.2014

Patient said, he's more or less normal but it is very difficult for him to refrain from consuming Alcohol (Rum). However, ultimately he began to consume less quantity of Rum and gradually moving towards complete Cure …….Without applying any toxic medicines, is it not a Miracle?

Attached Report



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E-mail : horizonlifecare@gmail.com
Home Blood Collection No. : 98360 44557 ● Home Delivery of Reports : 98368 44558

V.Id.: K-3761 Pg.No.- 1 of 1
Patient: Mr. Prabir Guha Biswas
Age: 67yrs, Sex: M Collection Date :22/11/14
Referred by : Dr. Amitava Maity Report Date :22/11/14

Department Of Pathology (Biochemistry)

Test Name	Result Unit	Reference Interval
SERUM UREA	27 mg/dl	(17 - 49)
SERUM CREATININE	1.2 mg/dl	(0.7 - 1.2)
SERUM SGPT (ALT)	103 U/L	(UPTO 41)
SERUM SGOT (AST)	65 U/L	(UPTO 40)
SERUM AMYLASE	110 U/L	(28 - 100)
SERUM LIPASE	77 U/L	(13 - 60)

TESTS ARE DONE BY FULLY AUTOMATED ANALYSER (COBAS INTEGRA)

PROF. DR. JAYANTA DE
MBBS, MD (Gold Medalist)
CONSULTANT BIOCHEMIST

DR. GAUTAM BANDYOPADHYAY
M.D.(PATH) (AIIMS, New Delhi)
CONSULTANT PATHOLOGIST

DR. SHYAMAL SEN
MD, DCP,PhD (London)
CHIEF PATHOLOGIST

A Case of Pre-Cancerous Condition of Prostate

Patient's Name: Mr. M. Haider

Age : 62 Yrs, Sex: Male

Treated By: Dr.AmitavaMaity

Patient Came On **04.09.2014** With Tremendous Burning in Lower Abdomen Before and After Urination Also Involuntary Urination In Night With Complete Loss Of Appetite Along With Severe Weakness With Vomiting.

I Have Prescribed Him **Conium Maculatum 200/4& Paris Quadrafolia 200c/20** on The Basis Of Constitution and Miasm. Advised To Do USG of Kub & Prostate &PSA .

11.09.2014

Patient Came Without Any Improvement And Gradually Sinking With A Very Low Blood Pressure And Anaemia. Report Reveals Hypertrophy Of Prostate And PSA Was 16.29mg . I Decided to Refer The Patient for Hospitalization Because We Have Got No Mechanical Management But Patient Refused to go Hospitalized.

Symptoms :

Very Weak With A History Of Cancer In The Family, Suffering From Vertigo On Lying Down Abstaining From Sex For Few Years –Above Mentioned Medicine Was Prescribed Which Brought No Improvement.

So I Decided To Go Back i.e. Symptoms Collected Immediately

After Birth To Later Life:Patient Was Very Much Impatient & Cannot Tolerate Least Contradictions, Egoistic,Fastidious, Ambition Increased From The Very Childhood.

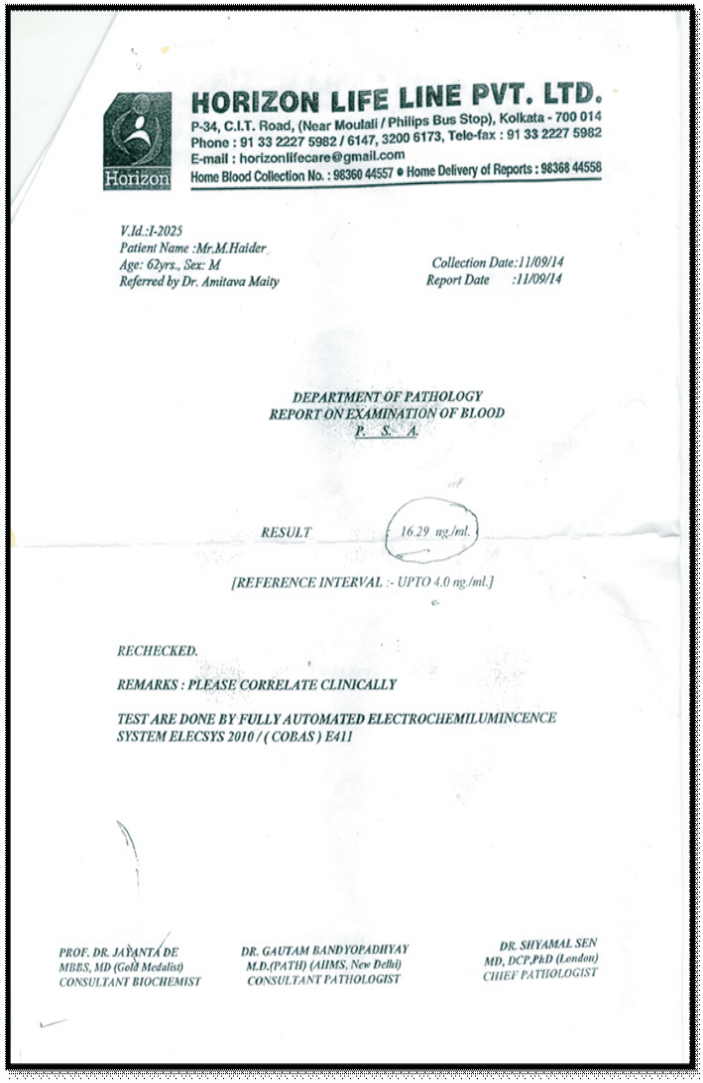
Striking – (Cannot Eat Anything After Anger)
Company aversion.

He Was Prescribed Nux Vomica 200/3.It Was A Miracle That Within 15 Minutes Patient was Improving Very Rapidly.

03.10.2014

Patient Came With Better Sleep, Better Appetite,Burning was Less , Weakness Almost Gone . Patient Was Given Placebo 30/30. Again Advised To Do PSA.

Attached Report



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E-mail : horizonlifecare@gmail.com
Home Blood Collection No. : 98360 44557 • Home Delivery of Reports : 98368 44558

V.Id.:I-2025
Patient Name :Mr.M.Haider
Age: 62yrs., Sex: M
Referred by Dr. Amitava Maity

Collection Date:11/09/14
Report Date :11/09/14

DEPARTMENT OF PATHOLOGY
REPORT ON EXAMINATION OF BLOOD
P. S. A.

RESULT 16.29 ng./ml.

[REFERENCE INTERVAL :- UPTO 4.0 ng./ml.]

RECHECKED.

REMARKS : PLEASE CORRELATE CLINICALLY

TEST ARE DONE BY FULLY AUTOMATED ELECTROCHEMILUMINCENCE SYSTEM ELECSYS 2010 / (COBAS) E411

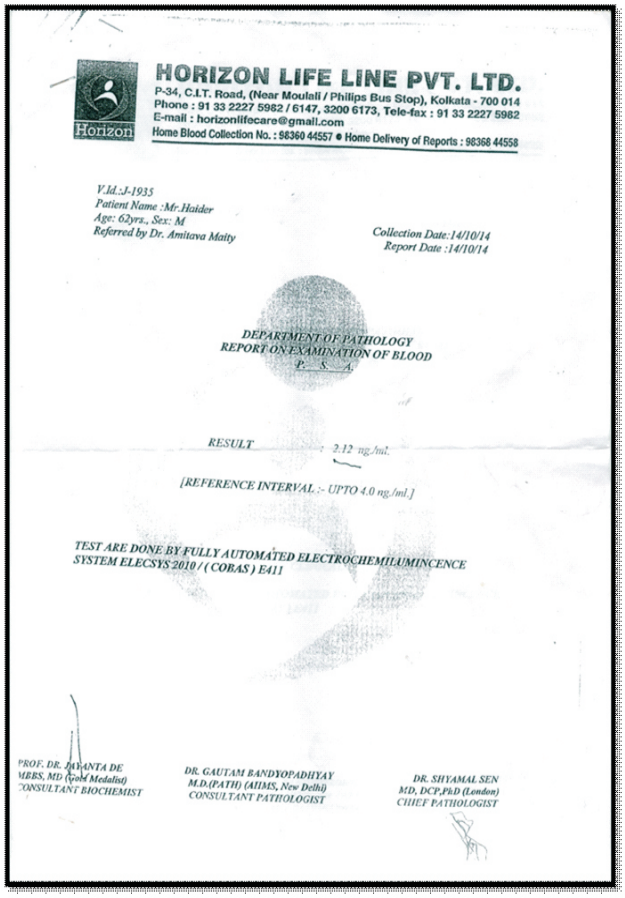
PROF. DR. JAYANTA DE
MBBS, MD (Gold Medalist)
CONSULTANT BIOCHEMIST

DR. GAUTAM BANDYOPADHYAY
M.D.(PATH) (AIIMS, New Delhi)
CONSULTANT PATHOLOGIST

DR. SHYAMAL SEN
MD, DCP,PhD (London)
CHIEF PATHOLOGIST

14.10.2014

PSA Was **2.12 Mg/Ml. The patient improved dramatically, the body weight and appetite increased,** after that it was not required for the Patient to come again.



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E-mail : horizonlifecare@gmail.com
Home Blood Collection No. : 98360 44557 • Home Delivery of Reports : 98368 44558

V.Id.:J-1935
Patient Name :Mr.Haider
Age: 62yrs., Sex: M
Referred by Dr. Amitava Maity

Collection Date:14/10/14
Report Date :14/10/14

DEPARTMENT OF PATHOLOGY
REPORT ON EXAMINATION OF BLOOD
P. S. A.

RESULT : 2.12 ng./ml.

[REFERENCE INTERVAL :- UPTO 4.0 ng./ml.]

TEST ARE DONE BY FULLY AUTOMATED ELECTROCHEMILUMINCENCE SYSTEM ELECSYS 2010 / (COBAS) E411

PROF. DR. JAYANTA DE
MBBS, MD (Gold Medalist)
CONSULTANT BIOCHEMIST

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M.D.(PATH) (AIIMS, New Delhi)
CONSULTANT PATHOLOGIST

DR. SHYAMAL SEN
MD, DCP,PhD (London)
CHIEF PATHOLOGIST

Dr. Amitava Maity is treating successfully a case of fungal infection.

Patient's Name: BEHZAD from Cryodon (UK)

Age: 5 Yrs, Sex: Male

Treated By: Dr. Amitava Maity

This is BEHZAD, A baby of 5 years from Croydon, UK. This is a very simple case of fungal infection may be with some allergic dermatitis. They tried several Allopathic ointments/steroids with no effects. From the early childhood days the baby was very obstinate, headstrong, irritable and always wanted to travel, on the other hand the child was very much calm and quiet in the

school, hence my prescribed medicine was Baccilinum-30 (4 doses).

With my treatmentit got completely cured and also prevented future recurrence.



DISC PROLAPSE WITH SEVERE DECOMPRESSION SICKNESS.

Bilateral posterior disc bulge at L4 and L5 and L5 S1 pressed upon the thecal sac and bilateral nerve roots are narrowing.

These type of casesare improving rapidly preventing laminectomy.

A case of Renal Stone

This is the case of Mr. J Jha. He came to me in February 2021. He was suffering from Acute pain in the abdomen. The pain was radiating from back to front. This was a case of Renal Stone. That was first diagnosed on 19.9.2019. (Report attached)

After that, Mr. Jha tried everything, but acute pain appeared from time to time. However, by God's grace patient came to me in February 2021. After consuming my Medicine Pain almost disappeared within 7 days as the patient continued the Medicine religiously.

Again USG of the lower abdomen was done on May, 2021. There was no stone.

It is to be noted that Renal Stone or Nephrolithiasis is a Metabolic Defect. The dynamic power of well-selected Homoeopathic Medicine is capable of curing Renal Stone by rectifying the Metabolic blockage. So, the chance of re-appearance is less.

It has been seen many cases of Renal Stone reappeared after doing Lithotripsy, as Lithotripsy can not rectify the Metabolic Defect.

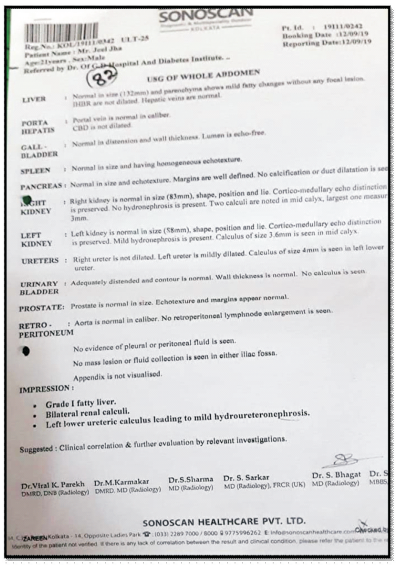
On the other hand, Lithotripsy is the only option when chances of Renal damage are more acute may be from backflow of urine i.e. Hydronephrosis, etc. A few years ago when there was no scope of Lithotripsy, the abdomen had to open. That was more painful. It is to be noted that, many Homoeopathic physicians removed many Renal Stone only by Medicine.

But Everybody has to go for some pathological test before starting the Treatment. 1 – urine for R/E, urea, creatinine, CBC or complete blood count, Na, K, serum calcium, uric acid, etc, and obviously USG, KUB, etc. Sometimes Glomerular filtration test may be necessary.

Some cases need no treatment where there is no pain or any obstruction or very small Stone. Only Management is necessary. In spite of that, if the Kidney stone is diagnosed, it is advisable to go for Homoeopathic Treatment to remove both Metabolic defects and Stone.

In the above case, I just prescribed Lycopodium – 1M / 3 doses, followed by Berberis Vulgaris – Q and Ocimum Can – Q . But I cured Most of the cases by Belladonna – 200, 1M, and Berberis Vulgaris – Q.

Attached Report



SONOSCAN

Pt. Id. : 19111/0242
Booking Date :12/09/19
Reporting Date:12/09/19

USG OF WHOLE ABDOMEN

LIVER : Normal in size (132mm) and parenchyma shows mild fatty changes without any focal lesion. IHBR are not dilated. Hepatic veins are normal.

PORTA HEPATIS : Portal vein is normal in caliber. CBD is not dilated.

GALL BLADDER : Normal in distension and wall thickness. Lumen is echo-free.

SPLEEN : Normal in size and having homogeneous echotexture.

PANCREAS : Normal in size and echotexture. Margins are well defined. No calcification or duct dilatation is seen.

RIGHT KIDNEY : Right kidney is normal in size (83mm), shape, position and lie. Cortico-medullary echo distinction is preserved. No hydronephrosis is present. Two calculi are noted in mid calyx, largest one measures 3mm.

LEFT KIDNEY : Left kidney is normal in size (98mm), shape, position and lie. Cortico-medullary echo distinction is preserved. Mild hydronephrosis is present. Calculus of size 3.6mm is seen in mid calyx.

URETERS : Right ureter is not dilated. Left ureter is mildly dilated. Calculus of size 4mm is seen in left lower ureter.

URINARY BLADDER : Adequately distended and contour is normal. Wall thickness is normal. No calculus is seen.

PROSTATE: Prostate is normal in size. Echotexture and margins appear normal.

RETRO-PERITONEUM : Aorta is normal in caliber. No retroperitoneal lymphnode enlargement is seen.

No evidence of pleural or peritoneal fluid is seen.

No mass lesion or fluid collection is seen in either iliac fossa.

Appendix is not visualised.

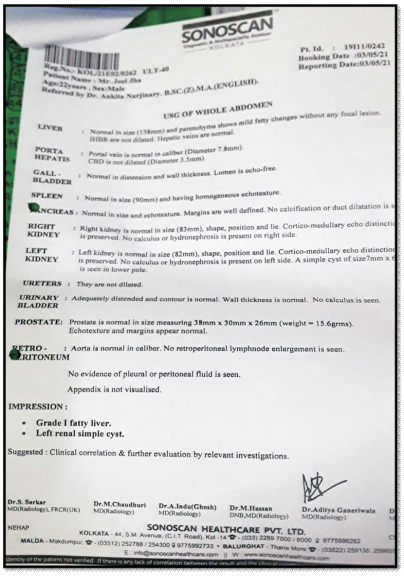
IMPRESSION :

- Grade I fatty liver.
- Bilateral renal calculi.
- Left lower ureteric calculus leading to mild hydroureteronephrosis.

Suggested : Clinical correlation & further evaluation by relevant investigations.

Dr.Vital K. Parekh DMRD, DNB (Radiology) | Dr.M.Karmakar DMRD, MD (Radiology) | Dr.S.Sharma MD (Radiology) | Dr. S. Sarkar MD (Radiology), FRCR (UK) | Dr. S. Bhagat MD (Radiology)

SONOSCAN HEALTHCARE PVT. LTD.



SONOSCAN

Pt. Id. : 19111/0242
Booking Date :03/05/21
Reporting Date:03/05/21

USG OF WHOLE ABDOMEN

LIVER : Normal in size (138mm) and parenchyma shows mild fatty changes without any focal lesion. IHBR are not dilated. Hepatic veins are normal.

PORTA HEPATIS : Portal vein is normal in caliber (Diameter 7.8mm). CBD is not dilated (Diameter 3.5mm).

GALL BLADDER : Normal in distension and wall thickness. Lumen is echo-free.

SPLEEN : Normal in size (90mm) and having homogeneous echotexture.

PANCREAS : Normal in size and echotexture. Margins are well defined. No calcification or duct dilatation is s

RIGHT KIDNEY : Right kidney is normal in size (83mm), shape, position and lie. Cortico-medullary echo distinctio is preserved. No calculus or hydronephrosis is present on right side.

LEFT KIDNEY : Left kidney is normal in size (82mm), shape, position and lie. Cortico-medullary echo distinctio is preserved. No calculus or hydronephrosis is present on left side. A simple cyst of size7mm x 6 is seen in lower pole.

URETERS : They are not dilated.

URINARY BLADDER : Adequately distended and contour is normal. Wall thickness is normal. No calculus is seen.

PROSTATE: Prostate is normal in size measuring 38mm x 30mm x 26mm (weight = 15.6grms). Echotexture and margins appear normal.

RETRO-PERITONEUM : Aorta is normal in caliber. No retroperitoneal lymphnode enlargement is seen.

No evidence of pleural or peritoneal fluid is seen.

Appendix is not visualised.

IMPRESSION :

- Grade I fatty liver.
- Left renal simple cyst.

Suggested : Clinical correlation & further evaluation by relevant investigations.

Dr.S. Sarkar MD(Radiology), FRCR(UK) | Dr.M.Chaudhuri MD(Radiology) | Dr.A.Indu(Ghosh) MD(Radiology) | Dr.M.Hassan DNB,MD(Radiology) | Dr.Aditya Ganeriwala MD(Radiology)

NDHAP

SONOSCAN HEALTHCARE PVT. LTD.

There are innumerable cases of Renal Stone which has been cured till date but we have to monitor the progress of Hydronephrosis, Urea Creatinine, Glomerular Filtration test, etc.

Dr. Amitava Maity cured Nasolacrymal Duct Obstruction of a Child from abroad.

The child was suffering from NASOLACRYMAL DUCT obstruction. Various eye drops were tried since birth. Dr Maity cured him with Silicia 200 (3 Doses).



A CASE OF MUSCULR DYSTROPHY – BETTER WITH CARCINOSIN

Dr. (Mrs.) Kalpana Roy
D.M.S,N.I.H.(Govt. of India)

A female patient Miss. Tanima Saini Age 11 years 9 month, residing in a village of Bankura district came to my clinic with following complaints on 03.11.2012.

1. Progressive lower and upper limbs weakness.
2. Progressive loss of muscular growth both upper and lower limbs especially Rt. Shoulder joint and both thigh of the lower extremities.
3. Gradual loss of body weight and emaciation. First this complain noticed on month of February 2012 & patient takes treatment from Bankura Sanmilani Medical College with out any result. Ultimately patient went to C.M.C. Vellore for better treatment. In Vellore C. M. College & Hospital it was diagnosed that patient is suffering from Muscular dystrophy and they confirmed diagnosis as Sarcoglycanopathy /Calpinopathy.

During conversation with patient following mental rubrics are recorded.

1) Intelligent
2) Curious
3) Precocious
4) Object reasonable
5) Careful of business about
6) Timidity – Children in
7) Fastidious
8) Travelling desire for,
9) Sympathetic
10) Nature lovers.
11) Religious.

On 03.11.2012	Carcinosin 200 / 3 doses with placebo 60 days for 2 months.
On 11.01.2013	Eruption on the limbs appears and appetite improved very much. Otherwise all condition remain same as before. Placebo for 2 months.
On 08.03.2013	Condition of the patient remain same. Carcinosin 1M/ 3 dose with placebo for 2 months.
On 04.05.2013	1st Menstruation starts 15 days after intake of Carcinosin 1M. Appetite very much improved. Gradual loss of weight becomes arrested and little weight has been gained. Placebo 60 doses for 2 months is given.
On 06.07.2013	Body weight gained 1½ Kg in last one year instead of loss of weight after attack of the disease. Weakness of the both extremities little less. Gradual loss of mobility has been arrested after taking Carcinosin. Patient is still under treatment.
Comments :	Though the recovery not very much noticeable but her gradual increase of body weight and arrested immobility indicates that Medicine is acting well and hopeful for recoveries. In this case I select Carcinosin strictly not only on the basis of present mental state but also from childhood's mental conditions.

MIND---The right target.

Dr. Shyamal Kumar Das
9232453095

Q. What is the importance of MIND ?
Q. Why ***only*** MIND is considered ?
Answer :

- "It is more important to know what sort of a person has a disease, than to know what sort of a disease the person has." [Hippocrates]
- "The mind is the key to the man." [Hahnemann]
- "Homoeopathy treats the man and man is in the mind." [J.T.KENT]
- "Now, as the mental symptoms are the most important in a proving, so are the mental symptoms in sickness the most important. Hahnemann directs us to pay most attention to the symptoms of the mind, because the symptoms of the mind constitute the man himself. The highest and innermost symptoms are the most important, and these are the mind symptoms." [Lectures on Homoeopathic Materia Medica by J.T.KENT, Chapter Aesculus hippocastanum]
- "Mental symptoms are of the highest importance." [Stuart Close]

But there are so many ways to reach the similar medicine.
viz,

1] Exciting cause
2] Maintaining cause
3] Modalities
4] Desires and Aversions
5] Dreams
6] Sensation as if
7] Uncommon Peculiar Characteristic symptoms
8] Personal history
9] Family history
10] Fundamental causes (Psora, Syphilis, Sycosis) .
11] Present, Persistent & Predominant & etc.

Of course one may say the totality of symptoms; but it is right that "Totality of symptoms" does not mean the mathematical aggregation; it should be considered, "The total man". If importance is given only to the different points of case taking form, the real man, the totality of the individual may not be there or may be lost. So to reach the similimum, our target should be the inner man, the totality of man and the procedure for finding out the inner man must be the shortest, most reliable, and also easily comprehensible.

To clear the idea, let's consider two points, one for "patient" and another for "medicine". There are so many lines can be drawn between the two points, but ***only one is the straight and the shortest.***

☼----------☼

Only a few drugs will be similar enough to cure, and there will be only ONE similimum.

[Kent's Lesser Writings, page- 662]

Q. How the physicians and the patients can be benefited with this straight and shortest line ?

A. Suppose a patient enters into the Doctor's chamber like a storm, saying "I am going to die, I am going to die! Everybody is telling no drug, no treatment for this disease."

[FEAR-death, of- pregnancy, during: ACON.
NOISE- inclination to make noise
LIGHT- desire for]

Doctor: What happen! You have nothing to be worried like this. There is no such problem in the world which have no treatment no medicine, o.k.

Patient: What you are telling ! I shall not die ! what a horrible last night I have passed !

Oh God ! Now I am breathing peacefully !

[DELUSIONS- sheep- driving: acon.]

From Materia Medica---

The countenance is expressive of **fear** ;*the life is rendered miserable by fear* ; is sure his disease will prove fatal; predicts the day he will die ; fear of death during pregnancy.

[Allen's key notes]

From Repertory---

Rubrics .....

1)FEAR- death, of-pregnancy, during
2)FEAR- suffering, of
3)COMMUNICATIVE
4)NOISE-inclination to make noise
5)LIGHT-desire for
6)DELUSIONS-sheep-driving

From Organon of Medicine---

The aconite will seldom or never effect either a rapid or permanent cure in a patient of ***a quiet, calm, equable disposition; .....***

[Foot note of §213,Organon of Medicine]

Hahnemann says : "Whenever Aconite is chosen Homoeopathically, you must ,above all, ***observe the moral symptoms***, and be careful that it closely resembles them; the anguish of mind and body ;the restlessness; the disquiet not to be allayed."

[Allen's key notes,--chapter-Aconite nap.]

Q. But there are so many mental symptoms present in an individual ; which one is important?

Or Different mental symptoms present in different age, which one, should be considered as most essential to reach the similimum?

A. With the advancement of age there are so many changes occur in mental symptoms but ***no change in basic character which is predominating and persisting,*** Prescribed medicine should be SIMILIMUM with this BASIC character of the individual. It will stimulate vital force i.e. immune system which will overcome morbific agent inimical to life,(exciting cause, maintaining cause and also fundamental cause)and harmonious vital operation will be established.

6

Conclusions---

From first appearance we get the entry point of Aconite nap. But confirmation should be done by "you must go back" or by "PREDOMINANT" and "PERSISTING" symptoms throughout the whole journey of the individual even before the attack of this disease; "...the life is rendered miserable by fear". [(In Bengali) BARABAR]

The journey of Aconite is from"WOLF" TO "SHEEP".

Explanations-----

It is known to all that to-day one individual is thinking something positive for a certain factor, next day the same individual is thinking differently for another bad one, this is actually change of mental symptom; ***not change of mental state.*** Mental symptoms are always changeable. Change of mental symptoms depend on different factors like - age, environment, disease etc.

The mental state is the real identity of an individual. In the same way the individuality depends on the particular mental state. On the other hand, the journey of an individual is the actual identity of a certain person. So the mental state of an individual can be learnt from individual's journey.

The journey of an individual start from mother's womb and ends with his last breath, which is fixed, remain unaltered by any factor. In the mother's womb, the journey of an individual is known from movement of the foetus (pattern, time, intensity etc. of movement) [if possible]. Then after delivery, weeping, stool, sleep etc., different milestones, nature (quiet disposition, restlessness, most favourable or interesting subject etc.), temperament (anger, obstinacy, disobedience, timidity, bashful, weeping, any strong or severe behavioural problem etc.) Everything is considered as the journey of an individual or the mental state of the individual.

In the clinic, a patient of 58 years has come with different problem like high blood sugar, high blood pressure, palpitation, joint pain etc. During conversation regarding the temperament it is told by the patient, "Although I am very bad tempered person from beginning till to-day, but previously I never express my anger badly rather I was very mild by nature [MILDNESS- complaining; bears suffering, even outrage without].

7

MIND IS THE KEY TO THE MAN
HOMOEOPATHY A BLESING

DR. DEBASHIS GOLUI
9681933576

"YOU MUST GO BACK"

A man aged about 45 years came to my clinic and say "Can your homoeopathy cure my problem as I heard you practice in a different way"[1]. I asked him to explain his problem. He said that he is suffering from chronic acidity and now he has fever and always as uneasy feeling. "I have tried all kind of treatments like Allopathic, Ayurvedic, etc.[2] I have also tried homoeopathy and have taken medicines like Alumina, Bryonia, Carbo.Veg, Nux-Vomica, Lycopodium but no use. Please give me some strong medicine so that my fever immediately go away and I can get relief from this misery"[3] . As I practice based on "go back" I told him to say something about his childhood. He said, "one thing I can't forget from my childhood to today I want to be some thing special, my dress will be special like that[4] . Now my problem always hunts me, do I need any pathological test like USG. I think there is something wrong inside[5] But I am a saintly person every day I pray to god and I have a special power to recognize a man, I can hear god's advice.[6]

INQUISITIVE/CURIOUS (Verat + 11)
ANXIETY - stool – before (Verat + 26)
ANXIETY - salvation, about (Verat + 34)
DELUSIONS - distinguished; he is (Verat +3)
DELUSIONS - cancer, has a (Verat)
DELUSIONS - God - communication with God; he is in (Verat +2)

The remedy is – Veratrum Album

So I gave him a dose of Veratrum Album 10M along with placebo for one month. After one month he came and told me "I have no complain do not care what is this? There are so many patients are suffering from such problem I shall send them to you."

9

A case of Schizophrenia with depression

Dr. Achintya Kumar Das
MBS, BHMS(Cal),CAH

Pt. Smt. B. Sahana
Age – 58 years

Patient suffering from insomnia, trembling extremities, with too much weakness in limbs, vertigo with history of recurrent fall on ground in the past. Burning sensation all over body (both external & internal). Hot flushing from vertex, face, ears, palm and sole. She also suffering from mild blood sugar, for few years, & angina pectoris for long years (Palpitation, pain in chest, dyspnea etc.). Tottering sensation in head & limbs as if drunkard. Patients says "Mazhe Mazhe thakurer Bhar Hoi ; sai samay bikar hotei thake, chitkar chechamichi kori, thakurer nam gan kori, bikar hotei thakey abong thakur tar mukh dia Katha balay". During acute mental condition, patient shouting too much, abuse surrounding relatives, wants to runaway from house with too much vigorous strength ; she gives curse to the surrounding relatives; Aversion to household work when she is comparatively normal. She always wants to lie down & spent her lives as a dependent of others (especially her son and daughter). In childhood days she was very much careful about domestic work. As she was the eldest sister of the family & she always took care of her youngest brothers & sisters. She would always face punishment of her brother & sisters given by her father & mother. For this punishment, she wept alone in childhood. She had no jealousy & satisfied easily.

Personal history – Married in the year 1973 ;
M/O : One son of 37 years and a daughter of 32 years), menopause at the age of 47 years, husband died in the year 2009.
F/H – Paternal Bronchial Asthma, Piles.
Maternal – Piles, Rheumatoid Arthritis in several members, Gastritis & duodanitis.
Sisters – Bronchial Asthma, Rheumatoid Arthritis.
Brothers – Piles, Heart disease, Pleurisy with effusion.

12

Mental sufferings :

Since first day of marriage mental tension & anxiety starts. Mental torture & physical assaults continued by her husband & surrounding relatives throughout her married life especially first 30 years. 6 – 7 years after marriage all her tortures she bears without any opposition at that time she thinks her opposition will not take any fruitful result; for this reason she always remains silent. Patient suppresses mental sorrow & when she becomes angry she goes to other room by side because she wants no one can realize her mental sorrow, she weeps & sobbing in the room when alone. Only when she returns to her father's home she complaining all her tortures in details to her father, mother & brothers ; for this reason her father & brothers has to go her family members (Shasurbari) so that they gave her minimum respect as a house hold wife.

Mental rubrics from above case history as follows : -

This analysis contains 152 remedies and 15 symptoms.
Intensity is considered

		1 Ign.	2 lach.	3 nux-v.
Sum of symptoms →		15	6	6
1. MIND - AFFECTIONATE	1	■	○	■
2. MIND - COMPLAINING	1	○	■	■
3. MIND - HIDING - himself	1	■	○	·
4. MIND - GRIEF - silent	1	■	·	○
5. MIND - HAUGHTY	1	○	■	○
6. MIND - HAUGHTY / EGOTISM / SELF ESTEEM IN GENERAL	1	○	○	○
7. MIND - INDIFFERENCE, apathy - work, with aversion to	1	○	○	·
8. MIND - AILMENTS FROM - friendship; deceived	1	○	·	○
9. MIND - WEEPING - alone, when	1	○	·	·
10. MIND - DISCONCERTED	1	○	·	·
11. MIND - COMPANY - aversion to - weep - has to; when he	1	○	·	·
12. MIND - MILDNESS - complaining; bears suffering, even outrage withou	1	■	·	·
13. MIND - IMBECILITY - negativism	1	○	·	·
14. MIND - WILDNESS - trifles, at	1	○	·	·
15. MIND - GRIEF - losing objects; after	1	■	·	·

13

Treatment & follow-up :

02.02.2013 –	Ignatia 1M, 2 dose + Placebo 200 / 60 dose for one month.
07.05.2013 -	Patient feels comparatively better with normal sleep without any allopathic medicines Placibo 500 / 60 doses for one month.
13.06.2013 -	No Bikar or shoutings appears within one month. Patient gradually improving. Panaritium in index finger (Rt) & suffered 15 days. Placibo 500 / 60 dose in aquadest BD for one month.
17.07.2013 -	Restlessness in mentally with disturbed sleep for 2-3 days, knee & ankle joint paid appears for 3 weeks. 1) Placibo 1M/8 dose in aquadest BD for first 8 days. 2) Nihilinum 200 / 40 doses in aquadest with R.S.
23.08.2013	Her appearance is very lively & cheerful. Now she is free from all her abnormal mental symptom. She at present doing all her domestic works in her own hand, sleep almost normal. She is very happy with her family members. Sill now she is under medication.

14

Dr. Amitava Maity

MB.S,B.H.M.S.(Hons).C.U.

For Sayan Das, Age -24 years

26.06.2013

A patient aged about 24 years came to me from Chandan Nagar with trembling of both hand. Some sort of weakness with sweating palm. He was also complaining of constipation.

There was no abnormality in CT scanning of Brain. MRI of Brain & Spinal Cord was also normal. There was no Neuro muscular abnormality. Result of Electro Myopathy was also normal. There was no history of diabetes or hypertension.

H/F – Diabetes, BP, Piles
H/M - Appendectomy , Cholecystectomy.
P/H - Headache, Hepatitis
H/G/F - Cancer
H/G/M - Cancer

Diagnosed done by me – Functional Tremor with weakness.
History of the patient

The patient came into my chamber with his father and mother. So it was not very much difficult to me to collect his symptoms to know the inner man.

The patient was very much steady from the very beginning. He also tried his best to feel the total atmosphere of the chamber & quality of the physician. He was also very much mild etc.

From the above symptoms I was not able to find out the exac medicine.

So I decided to go back, as far as possible. I asked his mothe regarding the foetal movement during pregnancy. Mother said it wa normal.

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After that I asked about the anger, grief, emotion in the childhood. Mother answered he was very good in his childhood. Always he argued us. We did not have to say anything regarding his study. He was also very much responsible & careful of other. He was very much fond of me. Always wants to stay with me. But some times he felt that he was dominated by his father. He was very much neat & clean.

So from the above history I collected few rubrics.

1. MILDNESS,
2. REVERRENCE those around him
3. FASTIDIOUS
4. AFFECTIONATE
5. INTELLIGENT
6. AILMENTS FROM – domination by his parents

Considering the above rubrics

12.02.2013 Carcinocin – 200/3 doses followed by Nihilinum – 200 / 60 doses for 2 months.

19.04.2013 Patient was better specially weakness, trembling is slightly less. Sweat is less, constipation not improved.

Placebo 200 for 30 days

24.05.2013 Trembling is remarkably better. Appetite increased. Weakness completely gone.

Placebo - 1M for 30 days.

25.06.2013 No complain. Trembling & weakness are better But constipation is improving very slowly.

Comments : Patient is under my observation with similimum. Here Carcinosin is selected not only from present mental state but from childhood's mental state.

16

A case of Thalasaemia minor better with Nux Vomica

Dr. S. S. Roy, M.D

A female patient Mrs. S. Roy Age 35 resides at Anandapara, Jalpaiguri came to my clinic with following complaints.

1) Chronic dyspepsia with distension of abdomen.
2) Anorexia.
3) Chronic cough & cold with sore throat.
4) Headache due to sinusitis and sneezing.
5) Pain on back along the dorsal spine.
6) Long continued insomnia for last 1 year.
7) Severe dysmenorrhea 2 days before menstruation, which is a problem of last 5 years.

Laboratory Investigations 1) USG – All the organ are normal only splenomegaly noted.
2) Blood reports – HbF –3.7 (<1.0)
Hb – A_2 – 76.4(<4)

HB – 7.3 gm%, W.B.C – 7900 / Cmm, N – 71, L – 24.
M – 2, E – 3. Patient went to C.M.C. Vellore for treatment and there it was diagnosed a case of ABE blood disease with Thalassemia minor.

During conversation with patient, mental state noticed many symptoms which had been converted into following rubrics.

OBSTINATE, headstrong
OBJECTIVE, reasonable
ANXIETY - others, for
SYMPATHETIC
MILDNESS
YIELDING disposition
TIMIDITY - bashful
IMPATIENCE - coryza, with
ARDENT
POSITIVENESS
MENTAL EXERTION - increase
FASTIDIOUS
WEEPING disposition

17

TREATMENT & FOLLOW UP OF THE CASE : -

On 13.05.2012 - Nux Vom. 200/ 3 doses in Saclac with placebo 30 dose for 1 month.

On 21.06.2012 - Patient's insomnia is better with little improvement of appetite otherwise condition of the patient remain same as before.
Placebo 30 doses given for 1 month.

On 25.07.2012 - Patient's physical condition has been improved. Her dysmenorrhoea & chronic dyspepsia little better but her appetite not much improved after 2nd months administration of medicine. Mental unrest condition & anxiety remain same as before.
Nux Vom. 1M/3 dose followed by placebo 60 dose for 2 months.

On 01.10.2012 - Patient's mental restless and anxiety is better with improvement of other physical complaints.
Placebo 60 dose for 2 months.

On 07.12.2012 - Both physical and mental symptoms are better and feeling better. Blood haemoglobin level is increased to 10 gm%.
Placebo is given for 3 months.

On 20.03.2013 - Patient's physical symptoms are better but her mental state is again disturbed due to environmental factor.
Nux Vom. 10M/3 dose followed by Placebo 90 dose for 3 month.

On 17.03.2013 - Mental anxiety and restlessness has been improved than previous condition. Other physical disorders and appetite are better with very much improvement of sleep.
Placebo 90 doses are given in saclac for 3 months.

COMMENTS : Patient is still under medication & treatment is not been completed. Her haemoglobin level is increasing gradually. It indicates that Thalassemia can be controlled by similimum Holistic medicine following strictly by Mental symptoms along with go back method.

18

Dr. Amitava Maity

MB.S,B.H.M.S.(Hons).C.U.

For Vijay Show, Age -22 years

Severe pain in the right hip joint & lumbo Sacral pain, Pain is mostly felt at night, standing & can't do the work perfectly for the last 10 years.

He is owner of a fast foot shop and cooking all the food items in standing position. So it is very much difficult for him to do his job by standing.

MRI – Severe Sacralisation may be congenital Spondylo arthritis

Blood report - HLAB-27 +ve

H/O. taking pain killer for 10 years with partial relief. No permanent relief felt by the patient.

23.09.2012 He came to my clinic.

From the out side the patient looks very much calm & quiet I also thought he has got suppressed anger. He was also very much timid. On further enquiry it reveals that he was very attached to her mother in the childhood. He was not good in study. Even today tell him dull. Fear of strangers etc. So I took the following rubrics.

1) Mother ; child clings to the Mother
2) Fear of Strangers
3) Timidity bashful
4) Timidity public about appearing in
5) Dullness children in

23.09.2013 Silecia 1/3 doses was prescribed

The patient was comparatively better. He was taking less quantity of pain killers. But the condition still remaining after a slight improve.

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So the patient was advised to come to our Medical Board under the guidance of Dr. Biswajit Roy.

Dr Roy Patient কে ছোটবেলার কিছু কথা জিজ্ঞাসা করলেন । ছেলেটি বললো যে, প্রতিবাদ করে না । প্রতিবাদ করলে বাবা রেগে যাবে । তার পরেই Dr Roy জিজ্ঞাসা করলো যে ডাক্তার দেখাবার আগে অনেকবার ডাক্তার বাবুর সম্বন্ধে খোঁজ খবর নেয় কিনা ? ছেলেটি বললো হ্যাঁ , তার পর জিজ্ঞাসা করলোএকটু কম পরিচিত লোক কিছু খেতে দিলে খায় কিনা ? ছেলেটি বললো খায় না । আর কিছু জিজ্ঞাসা করলো না । এক্ষেত্রে Rubries select হলো- Fear of being betrayed- Hyos -ও আরও কয়েকটি Rubries দেখে Hyos-10M/1 দেওয়া হলো ।

29.05.2013 – Hyos-10/M1

কি ভাবে Hyos দেওয়া হলো , আজও বুঝতে পারি না । অর্থাৎ কি ভাবে –Hyos এ Entry নেওয়া হল । শুধু মাত্র Hyos কে confirm করা কিছুটা বুঝতে পারলাম । তাই মাঝে মধ্যে ভাবি আমাদের দ্বারা বোধ হয় আর শেখা হবে না ।

24.06.2013 সামান্য ভাল ।

27.07.2013 Improving

20.08.2013 – Pain killer খাওয়া একেবারে বন্ধ । Patient খুব ভাল আছে । এখন প্রশ্ন হচ্ছে, দেখতে হবে কি ধরনের case জন্মগত spinal cord এর ত্রুটি, প্রচন্ড ব্যাথা, নার্ভে যন্ত্রনা শারীরিক কষ্ট সমূহ আধুনিক ব্যাথার ঔষধ ছাড়া কমানোর আরকোন পথ নেই। এই ক্ষেত্রে operation কতটা successful হবে সে বিষয়ে যথেষ্ট সন্দেহ আছে ।

আবার এই ধরনের case –এ কিভাবে Hyos selection হলো সেটার কোন সোজা পথ পাওয়া না গেলে কিভাবে সব রোগীরা উপকৃত হবে সে ব্যাপারে একটা প্রশ্ন চিহ্ন থেকে গেল । ..Dr. B. Roy এই ব্যাপারে আলোকপাত করলে খুব উপকৃত হবো

অস্বীকার করবার উপায় নেই আমাদের সময়ে কিন্তু কোন ডাক্তার বাবুদের দেখিনি নিজেদের রোগীকে ভাল করার জন্য আরও যোগ্য কোন ডাক্তার বাবুকে দিনের পর দিন নিজেদের Chamber এ আমন্ত্রিত করে এনে রোগীকে সম্পূর্ন সুস্থ করা । এটাই বোধ হয় কৃপমন্ডুকতার শেষ ও নতুন আঙ্গোর শুরু ।

22

A CASE OF PULMONARY STENOSIS BETTER WITH BELLADONNA

DR. S. S. ROY.
M.B.S/B.H.M.S, M.D.

Patient Mr. S. Mondal, Age – 27 years, came to my clinic from Nagarukhra, District – Nadia

রোগ কষ্টের বিবরণ যথাসম্ভব রোগীর ভাষাতে লিপিবদ্ধ করা হল ।

১) বুকে ভারীভাব এবং দম যাবার উপক্রম । একটু নড়াচড়া করলে বা জোরে শ্বাস নিলে কাঁটা ফোটার মত লাগে এবং একটু কষ্টের কাজ করলে সারা শরীর প্রচন্ড কামড়ায় ।

২) কাজ করতে গেলে বা উঠলে বসলে বুকের ভিতর ধড়ফড় করে । শ্বাস কষ্ট হয় । সব সময় নিঃশ্বাসের কষ্ট হয় । আবার জোরে মুখ হাঁ করে শ্বাস নিলে একটু ভালো লাগে ।

৩) শরীরে একটু গরম লাগলে গায়ের চামড়া ঘামাচির মত ফুলে উঠে এবং সারা শরীর আগুনের মত গরম হয়ে উঠে । এই সময় বেশী বুক ধড়ফড় করে ও শ্বাসকষ্ট হয় এবং গলা শুকিয়ে যায় ।

৪) মাঝে মাঝে মাথা খুব গরম হয় ও মাথা ঘোরে এবং জ্বালা করে ।

৫) গায়ের চামড়া সব সময় শুকনো ভাব যেন কুনো ব্যাঙের চামড়া । শীতের সময় বা প্রচন্ড গরমে হাত পা ফাঁটা ফাঁটা হয়ে যায় ।

৬) বুকে প্রচন্ড ব্যথা । পরিশ্রম করলে ব্যাথা অত্যাধিক বেড়ে যায় । এই ব্যথা বুকের বাঁদিকে থেকে বিভিন্ন জায়গায় ছড়িয়ে পড়ে ।

৭) সূর্যের তাপ একদমই সহ্য করতে পারে না । সূর্যের তাপে প্রচন্ড ঘাম হয় এবং বুক ধড়পড়ানি অস্বভাবিক ভাবে বেড়ে যায় ।

৮) ছোট বেলা থেকেই মাঝে মধ্যে নাক দিয়ে রক্ত পড়ে ।

উপরের কষ্টগুলো কমবেশী ৬ বৎসর ধরে চলছে । অ্যালোপ্যাথিক, হোমিওপ্যাথিক ও আর্যুবেদিক চিকিৎসাতে কোন উপশম হয় নাই ।

Laboratory Investigation : ECG – Normal
ECO cardiogram – shows pulmonary stenosis
T_3 – 99, T_4 – 8.4, TSH – 3.26, Sr. Uric Acid – 5.88 mg%
RA factor – Negative, CRP – 8 mg%, ASO titer – 258 IU/ml.

Treatment & Follow up : 26.02.2013 : According to Conventional method mental & physical symptom as follows :

(1) Short temperament (2) Irritable (3) Sentimental (4) Patient is unhappy after marriage due to dislikings of his wife last 7 years. Suppressed grief due to wife's dislikings. Now he is conscious about his wife. (5) hot patient (6) sun heat intolerable (7) Salts cravings (8) profuse perspiration.

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07.05.2013 - Burning feeling of the body is better along with recurrent attack of the nose bleeding is completely stopped. Exhaustional dyspnoea little better and patient is hopeful about recovery.

07.06.2013 : Patient is better than previous condition but this improvement not satisfied me at all. After further interrogation following rubrics came for selection of new remedy.

1. - INJUSTICE, cannot support 2. - SYMPATHETIC
3. - WEEPING - alone, when 4. - FRIVOLOUS
5. - RAGE, fury - know his relatives, does not
6. - YIELDING disposition 7. - CREDULOUS
8. – PLAYFUL 9. - Mind - Joyful
10. – NAÏVE 11. - Attraction desire
12. - LIGHT - desire for

After repertorisation following medicines came with points.

1) Bell 10^7 (2) Ignatioa 10^5 (3) Crocus Sativa 10^4 (4) Pulsatilla 10^4 .

On 07.06.2013 – Belladona 1M/3 doses followed by Rubrum 30 doses for 1 month.

On 08.07.2013 – Patient is much better both physical & mental condition. He told "after long internal I am feeling well".

Rubrum 1M/ 30 doses for 1 month.

On 05.08.2013 – Betterment remain same as on last month's reporting

Belladonna 10M / 3 dose followed by Rubrum for 1 month

Comments : - Now patients is under treatment & markedly better after many years. He is very much confident that with this medicine he will be cured & will be free from all short of complaints.

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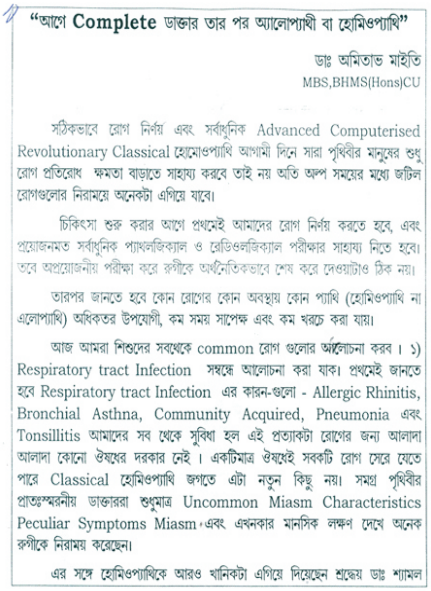


"আগে **Complete** ডাক্তার তার পর অ্যালোপ্যাথী বা হোমিওপ্যাথি"

ডাঃ অমিতাভ মাইতি
MBS,BHMS(Hons)CU

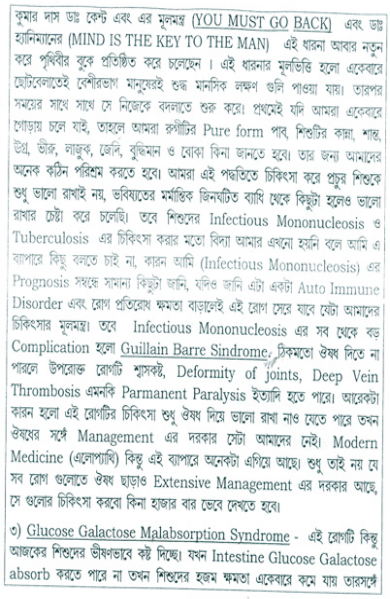
সঠিকভাবে রোগ নির্ণয় এবং সর্বাধুনিক Advanced Computerised Revolutionary Classical হোমোওপ্যাথি আগামী দিনে সারা পৃথিবীর মানুষের শুধু রোগ প্রতিরোধ ক্ষমতা বাড়াতে সাহায্য করবে তাই নয় অতি অল্প সময়ের মধ্যে জটিল রোগগুলোর নিরাময়ে অনেকটা এগিয়ে যাবে।

চিকিৎসা শুরু করার আগে প্রথমেই আমাদের রোগ নির্ণয় করতে হবে, এবং প্রয়োজনমত সর্বাধুনিক প্যাথলজিক্যাল ও রেডিওলজিক্যাল পরীক্ষার সাহায্য নিতে হবে। তবে অপ্রয়োজনীয় পরীক্ষা করে রুগীকে অর্থনৈতিকভাবে শেষ করে দেওয়াটাও ঠিক নয়।

তারপর জানতে হবে কোন রোগের কোন অবস্থায় কোন প্যাথি (হোমিওপ্যাথি না এলোপ্যাথি) অধিকতর উপযোগী, কম সময় সাপেক্ষ এবং কম খরচে করা যায়।

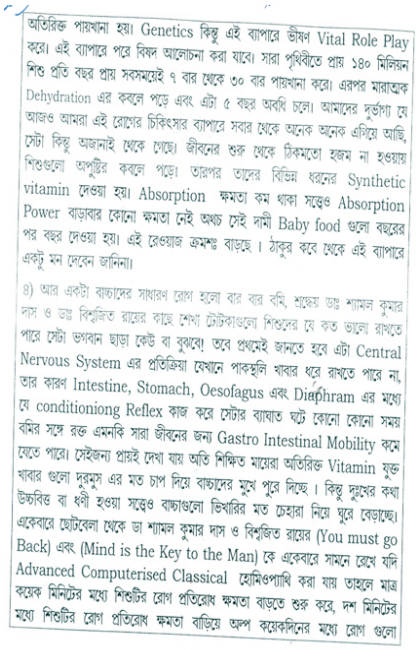
আজ আমরা শিশুদের সবথেকে common রোগ গুলোর আলোচনা করব। ১) Respiratory tract Infection সম্বন্ধে আলোচনা করা যাক। প্রথমেই জানতে হবে Respiratory tract Infection এর কারন-গুলো - Allergic Rhinitis, Bronchial Asthna, Community Acquired, Pneumonia এবং Tonsillitis আমাদের সব থেকে সুবিধা হল এই প্রত্যাকটা রোগের জন্য আলাদা আলাদা কোনো ঔষধের দরকার নেই। একটিমাত্র ঔষধেই সবকটি রোগ সেরে যেতে পারে Classical হোমিওপ্যাথি জগতে এটা নতুন কিছু নয়। সমগ্র পৃথিবীর প্রাতঃস্মরনীয় ডাক্তাররা শুধুমাত্র Uncommon Miasm Characteristics Peculiar Symptoms Miasm এবং এখনকার মানসিক লক্ষণ দেখে অনেক রুগীকে নিরাময় করেছেন।

এর সঙ্গে হোমিওপ্যাথিকে আরও খানিকটা এগিয়ে দিয়েছেন শ্রদ্ধেয় ডাঃ শ্যামল



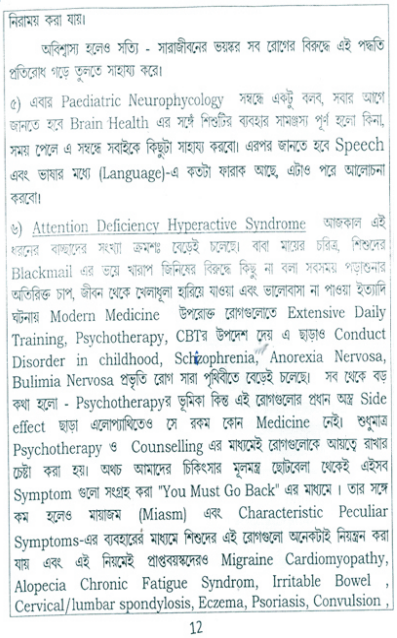
কুমার দাস ডাঃ কেন্ট এবং এর মূলমন্ত্র (YOU MUST GO BACK) এবং ডাঃ হ্যানিম্যানের (MIND IS THE KEY TO THE MAN) এই ধারনা আবার নতুন করে পৃথিবীর বুকে প্রতিষ্ঠিত করে চলেছেন। এই ধারনার মূলভিত্তি হলো একেবারে ছোটবেলাতেই বেশীরভাগ মানুষেরই শুদ্ধ মানসিক লক্ষণ গুলি পাওয়া যায়। তারপর সময়ের সাথে সাথে সে নিজেকে বদলাতে শুরু করে। প্রথমেই যদি আমরা একেবারে গোড়ায় চলে যাই, তাহলে আমরা রুগীটির Pure form পাব, শিশুটির কান্না, শান্ত, উগ্র, ভীরু, লাজুক, জেদি, বুদ্ধিমান ও বোকা কিনা জানতে হবে। তার জন্য আমাদের অনেক কঠিন পরিশ্রম করতে হবে। আমরা এই পদ্ধতিতে চিকিৎসা করে প্রচুর শিশুকে শুধু ভালো রাখাই নয়, ভবিষ্যতের মর্মান্তিক জিনঘটিত ব্যাধি থেকে কিছুটা হলেও ভালো রাখার চেষ্টা করে চলেছি। তবে শিশুদের Infectious Mononucleosis ও Tuberculosis এর চিকিৎসা করার মতো বিদ্যা আমার এখনো হয়নি বলে আমি এ ব্যাপারে কিছু বলতে চাই না, কারন আমি (Infectious Mononucleosis) এর Prognosis সম্বন্ধে সামান্য কিছুটা জানি, যদিও জানি এটা একটা Auto Immune Disorder এবং রোগ প্রতিরোধ ক্ষমতা বাড়ালেই এই রোগ সেরে যাবে সেটা আমাদের চিকিৎসার মূলমন্ত্র। তবে Infectious Mononucleosis এর সব থেকে বড় Complication হলো Guillain Barre Sindrome, ঠিকমতো ঔষধ দিতে না পারলে উপরোক্ত রোগটি শ্বাসকষ্ট, Deformity of joints, Deep Vein Thrombosis এমনকি Parmanent Paralysis ইত্যাদি হতে পারে। আরেকটা কারন হলো এই রোগটির চিকিৎসা শুধু ঔষধ দিয়ে ভালো রাখা নাও যেতে পারে তখন ঔষধের সঙ্গে Management এর দরকার সেটা আমাদের নেই। Modern Medicine (এলোপ্যাথি) কিছু এই ব্যাপারে অনেকটা এগিয়ে আছে। শুধু তাই নয় যে সব রোগ গুলোতে ঔষধ ছাড়াও Extensive Management এর দরকার আছে, সে গুলোর চিকিৎসা করবো কিনা হাজার বার ভেবে দেখতে হবে।

৩) Glucose Galactose Malabsorption Syndrome - এই রোগটি কিন্তু আজকের শিশুদের ভীষণভাবে কষ্ট দিচ্ছে। যখন Intestine Glucose Galactose absorb করতে পারে না তখন শিশুদের হজম ক্ষমতা একেবারে কমে যায় তারসঙ্গে



অতিরিক্ত পায়খানা হয়। Genetics কিছু এই ব্যাপারে ভীষণ Vital Role Play করে। এই ব্যাপারে পরে বিষদ আলোচনা করা যাবে। সারা পৃথিবীতে প্রায় ১৪০ মিলিয়ন শিশু প্রতি বছর প্রায় সবসময়েই ৭ বার থেকে ৩০ বার পায়খানা করে। এরপর মারাত্মক Dehydration এর কবলে পড়ে এবং এটা ৫ বছর অবধি চলে। আমাদের দুর্ভাগ্য যে আজও আমরা এই রোগের চিকিৎসার ব্যাপারে সবার থেকে অনেক অনেক এগিয়ে আছি, সেটা কিছু অজানাই থেকে গেছে। জীবনের শুরু থেকে ঠিকমতো হজম না হওয়ায় শিশুগুলো অপুষ্টির কবলে পড়ে। তারপর তাদের বিভিন্ন ধরনের Synthetic vitamin দেওয়া হয়। Absorption ক্ষমতা কম থাকা সত্ত্বেও Absorption Power বাড়াবার কোনো ক্ষমতা নেই অথচ সেই দামী Baby food গুলো বছরের পর বছর দেওয়া হয়। এই রেওয়াজ ক্রমশঃ বাড়ছে। ঠাকুর কবে থেকে এই ব্যাপারে একটু মন দেবেন জানিনা।

৪) আর একটা বাচ্চাদের সাধারণ রোগ হলো বার বার বমি, শ্রদ্ধেয় ডাঃ শ্যামল কুমার দাস ও ডাঃ বিশ্বজিত রায়ের কাছে শেখা টেকনিকগুলো শিশুদের যে কত ভালো রাখতে পারে সেটা ভগবান ছাড়া কেউ বা বুঝবে! তবে প্রথমেই জানতে হবে এটা Central Nervous System এর প্রতিক্রিয়া যেখানে পাকস্থলি খাবার ধরে রাখতে পারে না, তার কারণ Intestine, Stomach, Oesofagus এবং Diaphram এর মধ্যে যে conditioniong Reflex কাজ করে সেটার ব্যাঘাত ঘটে কোনো কোনো সময় বমির সঙ্গে রক্ত এমনকি সারা জীবনের জন্য Gastro Intestinal Mobility কমে যেতে পারে। সেইজন্য প্রায়ই দেখা যায় অতি শিক্ষিত মায়েরা অতিরিক্ত Vitamin যুক্ত খাবার গুলো দুরমুস এর মত চাপ দিয়ে বাচ্চাদের মুখে পুরে দিচ্ছে। কিন্তু দুঃখের কথা উচ্চবিত্ত বা ধণী হওয়া সত্ত্বেও বাচ্চাগুলো ভিখারির মত চেহারা নিয়ে ঘুরে বেড়াচ্ছে। একেবারে ছোটবেলা থেকে ডা শ্যামল কুমার দাস ও বিশ্বজিত রায়ের (You must go Back) এবং (Mind is the Key to the Man) কে একেবারে সামনে রেখে যদি Advanced Computerised Classical হোমিওপ্যাথি করা যায় তাহলে মাত্র কয়েক মিনিটের মধ্যে শিশুটির রোগ প্রতিরোধ ক্ষমতা বাড়তে শুরু করে, দশ মিনিটের মধ্যে শিশুটির রোগ প্রতিরোধ ক্ষমতা বাড়িয়ে অল্প কয়েকদিনের মধ্যে রোগ গুলো



নিরাময় করা যায়।

অবিশ্বাস্য হলেও সত্যি - সারাজীবনের ভয়ঙ্কর সব রোগের বিরুদ্ধে এই পদ্ধতি প্রতিরোধ গড়ে তুলতে সাহায্য করে।

৫) এবার Paediatric Neurophycology সম্বন্ধে একটু বলব, সবার আগে জানতে হবে Brain Health এর সঙ্গে শিশুটির ব্যবহার সামঞ্জস্য পূর্ণ হলো কিনা, সময় পেলে এ সম্বন্ধে সবাইকে কিছুটা সাহায্য করবো। এরপর জানতে হবে Speech এবং ভাষার মধ্যে (Language)-এ কতটা ফারাক আছে, এটাও পরে আলোচনা করবো।

৬) Attention Deficiency Hyperactive Syndrome আজকাল এই ধরনের বাচ্চাদের সংখ্যা ক্রমশঃ বেড়েই চলেছে। বাবা মায়ের চরিত্র, শিশুদের Blackmail এর ভয়ে খারাপ ডিসিপ্লিনের বিরুদ্ধে কিছু না বলা সবসময় পড়াশুনার অতিরিক্ত চাপ, জীবন থেকে খেলাধূলা হারিয়ে যাওয়া এবং ভালোবাসা না পাওয়া ইত্যাদি ঘটনায় Modern Medicine উপরোক্ত রোগগুলোতে Extensive Daily Training, Psychotherapy, CBT'র উপদেশ দেয় এ ছাড়াও Conduct Disorder in childhood, Schizophrenia, Anorexia Nervosa, Bulimia Nervosa প্রভৃতি রোগ সারা পৃথিবীতে বেড়েই চলেছে। সব থেকে বড় কথা হলো - Psychotherapy'র ভূমিকা কিন্তু এই রোগগুলোর প্রধান অস্ত্র Side effect ছাড়া এলোপ্যাথিতেও সে রকম কোন Medicine নেই। শুধুমাত্র Psychotherapy ও Counselling এর মাধ্যমেই রোগগুলোকে আয়ত্বে রাখার চেষ্টা করা হয়। অথচ আমাদের চিকিৎসার মূলমন্ত্র ছোটবেলা থেকেই এইসব Symptom গুলো সংগ্রহ করা "You Must Go Back" এর মাধ্যমে। তার সঙ্গে কম হলেও মায়াজম (Miasm) এবং Characteristic Peculiar Symptoms-এর ব্যবহারের মাধ্যমে শিশুদের এই রোগগুলো অনেকটাই নিয়ন্ত্রন করা যায় এবং এই নিয়মেই প্রাপ্তবয়স্কদেরও Migraine Cardiomyopathy, Alopecia Chronic Fatigue Syndrom, Irritable Bowel , Cervical/lumbar spondylosis, Eczema, Psoriasis, Convulsion ,

Caalcaneum Spur, Osteoarthritis, Rheumatoid Arthritis, Dementia, Haemorroids, Leucoderma , Peptic Ulcer, Polycystic Ovary এবং আরো বেশ কিছু জটিল রোগের চিকিৎসা করে চলেছি। সবথেকে আশ্চর্য জনক কথা এই সমস্ত রোগগুলোই মাত্র একটি মেডিসিনে নিরাময় হতে পারে, আবার বলছি এই ব্যাপারে আমাদের পথিকৃত কিছু ডাঃ শ্যামল কুমার দাস, ডাঃ সুবল শঙ্কর রায় এবং ডাঃ বিশুজিৎ রায় । মানসিক লক্ষণগুলি কি ভাবে চিনতে হবে ডাঃ বিশুজিৎ রায়ের কাছে সে গুলোর Rubric বার করে সে গুলো Advance Computerised Method-এ আমরা শিখছি। উপরোক্ত ব্যাপারগুলো যেমন ডাঃ শ্যামল কুমার দাস ও ডাঃ বিশুজিৎ রায়ের কাছ থেকে শিখছি তেমন ডাঃ সুবল শঙ্কর রায়ের কাছ থেকে Miasm এবং Classical Homoeopathy এর ব্যাপারটা আনুধাবন করছি । এই ব্যাপারে আমি বলতে চাই আমার চন্দননগরের রোগীর অনেক গুলো রোগ "You Must Go Back" এবং "Mind is the key to the man" । এই পদ্ধতিতে চিকিৎসা করিয়ে অনেক সুফল পেয়েছি। কিন্তু ওনার প্রসাবে ভয়ঙ্কর জ্বালা এবং প্রসাব ও মল ধরে রাখতে না পারা এবং সর্বপরি দুর্বলতার কবল থেকে উদ্ধার করেছেন ডাঃ সুবল শঙ্কর রায় । তার Miasm এর জ্ঞান দিয়ে। Medorrhinum এর একটি মাত্র ডোজে তিনি জীবন ফিরে পেয়েছেন। তবে পৃথিবীতে কোটি কোটি শিশু এবং অপ্রাপ্ত বয়স্কদের medicinal toxicity-র জন্যে শেষ অবস্থায় পৌছানোর পরে আজ Food & Drug Administration (USA) Black Box Warning বলে একটা আইন চালু করেছে, কোনো শিশু এবং অপ্রাপ্ত বয়স্করা অতিরিক্ত Anti-depression এবং Psychotrophic medicine গুলো খেয়ে যদি Medicine এর toxicity-র জন্য ঔষধের ক্ষতিকারক পার্শ্ব প্রতিক্রিয়া হয় এবং সিরিয়াস incurable রোগের সৃষ্টি হয় এবং তাতে যদি তাদের মৃত্যু হয় অথবা সারা জীবনেতো অথর্ব হয়ে বাঁচতে হয় - তাহলে যদি প্রমানিত হয় অপ্রয়োজনীয় toxic মেডিসিনের পার্শ্বপ্রতিক্রিয়ার জন্য উপোরোক্ত Condition গুলো develop করেছে এবং আরও যদি প্রমানিত হয়, তাহলে American Food & Drug Administration ডাক্তারদের শাস্তির বিধান দিয়েছেন।

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সর্বশেষে বলি আমরা যেমন আমাদের বেশির ভাগ ডাক্তারেরা (তাদের মধ্যে আমিও একজন) আমাদের স্রষ্টা মহাত্মা ডাঃ হ্যানিম্যান ও ডাঃ কেন্ট এর কথা মানি না তেমনি এ্যালোপাথরাও আধুনিক ঔষধের স্রষ্টা (Father of Modern Medicine) Dr. Hippocrates এর কথা মেনে চিকিৎসা করে না । তাই বেশিরভাগ মানুষই সুস্থ জীবন কাকে বলে ভুলতে বসেছে। এই লেখার মুল কারন হলো মাত্র কয়েকদিন আগে আমি গলব্লাডার-এর ব্যাথার এক রোগী পেয়েছিলাম এবং হোমিওপ্যাথি ডাক্তারের ঔষধে প্রতিবারই যন্ত্রনার লাঘব হতো, সাধারণ ভাবেই রোগী সেখানেই চিকিৎসা করিয়ে চলছিল । এরপর দুবার গলব্লাডারের যন্ত্রনা ঐ ডাক্তারের ঔষধে কমলো না তখন আমার শরনাপন্ন হলো। সেটা খুব স্বাভাবিক ব্যাপার। আমার চিকিৎসায় ৮০% রোগীর diagnosis সঠিক হওয়া সত্তেও আমিও কিছু কয়েকটি রোগে ব্যর্থ হয়েছি । কিন্তু এই ব্যাপারে আমি বলতে চাই - রোগীনীটি আমার কাছে আসবার পরে দেখলাম তার কোনো Investigation করানো হয় নি। একটি অতি সাধারণ complete ডাক্তার এই রোগে কম পক্ষে USG of the upper abdomen, LFT (Liver Function Test), Serum Lypase, Serum Amylase এবং সরাসরি অবস্থা অনুযায়ী Alfa Feto-Protein করাতো । আমার কাছে আসবার পরে আমি কোনো চিকিৎসা না করে শুধু ওই পরীক্ষা গুলো করাই, দুঃখের কথা ভদ্রমহিলাকে অনেকদিন আগে থেকেই ক্যান্সার তার ধ্বংসের কাজ শুরু করে দিয়েছিল। তাই আবার বলতে বাধ্য হচ্ছি রোগ নির্ণয় ক্ষমতা না থাকলে কিছু কোনও দিনে কোনও যুগান্তকারী আবিষ্কার কাজে লাগবে না , এবং আমাদের শ্যামলদার পরশ্রমও সম্পূর্ণ ব্যর্থ হবে । New York, Canada, Bangladesh এবং Holland/Papua Newgini থেকে আমার কাছে সামান্য কয়েকজন রোগী যে চিকিৎসার জন্য আসে এবং আমাদের এভিয়ারের মধ্যে পড়া রোগগুলোতে তারা ভালো থাকে, তারা কিন্তু প্রথমেই দেখে নেয় ডাক্তারবাবু Diagnosis

ঠি ঠিকমত করতে পারছেন কিনা, U.S.A, Canada, Delhi, Hariana, Tripura র বিশিষ্ঠ ডাক্তারদের সঙ্গে আমার Diagnosis মিললো কিনা বাজিয়ে নেয় । তারপর যখন দেখে কিছু কিছু Selected রোগে Modern Medicine এর থেকে

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Advanced Computerised Revolutionary Classical Method-এ অনেক বেশী সুস্থ থাকলে আমাদের চিকিৎসা পদ্ধতিকে পৃথিবীর বিভিন্ন জায়গায় ছড়িয়ে দেয়।

আমি New York এর President (Vedanta Society) Established By Swami Vivekananda (1894) কাছ থেকে যে Certificate টা পেয়েছি সেটা হলো "Dr. Maity has earned Great reputation not only in India, but in overseas, therefore he has helped thousand of patient both India & Abroad. I therefore appeal to all sincere patient suffering of long standing difficulties to seek his expertise. I do hope the patient will get relief from his valuable treatment. His great contribution in the field of Medicine which has given him International Reputation to check-up your health, Diagnose the case and to get confirmed which pathy (Allopathy or Homoeopathy) is more beneficial less time consuming & relatively cheaper for your disease & treat yourself accordingly. এটা বলা হলো এই কারনে যে হোমিওপ্যাথি ডাক্তারেরা যাতে হীনমন্যতায় না ভোগে এবং এই অবস্থায় আসার জন্য কিন্তু Diagnosis of disease, diagnosis of medicine করে চিকিৎসা করা সম্ভব হবেই .

Dr. Amitava Maity
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A Physician of International Repute.
9830154048

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Bimala Devi, (F), Age – 62 years

07.10.2013

A patient come with fever 5 to 6 years. Fevers comes after 2 p.m. with chilly sensation previously there was no time regarding the appearance of fever. But for the last 2 year fever comes exactly at 2 p.m. & continue till morning. There was not so much uneasiness except some chilliness & headache.

Before coming to me the patient tried all sorts of investigations and treatment in Kolkata.

Past History – Fever comes due to Heavy food,

& Extra Features: Diarrhoea from indignation.
History of – Koch's
Body heavy pain all over body taking cold food fever comes from seeing strangers.

H/ Father: Osteoarthritis

H/Mother: Chilly fever with BP + +

Fever comes by seeing outsiders/strangers

Fear of strangers – Puls

কোন জিনিষ চাইলে না দিলে রাগ হতো এবং কাঁদত, আবার বায়না করতো তারপরে অল্প সান্ত্বনা দিলেই সব রাগ পড়ে যেত ।

Affectionate, Consolation Amel

ছোট বেলায় সবার সামনেই কেঁদে ফেলত এখনও কাঁদে WEEPING

যে ভাল কথা বলে না তার সঙ্গে মিশবো না ।

ছোট বেলায় গন্ডগোল হলে নিজে নিজেই ভাব করতে চলে যেত ।

সব সময় খেলতো , playful.

weeping piteous	Always wants something if anything is not given she began to cry continuously in low tone : the cry was _____ by consolation.
Caresfull of domestic affairs	Very much fond of domestic matter, instead of study. She was very reluctant to consider her own fault. Always ready to hear anybody.
Yielding disposition	She always wants to mix with those type of persons who can love her (affectionate)
Advice	ASO titre With reactive protein AMA factor Result – ve

Pulsatilla – 30 to 10 was prescribed between 7.10.2013 to 3.1.2014. The fever recurred once or twice but was not exhausted so much. After that the patient recovered completely.

Dr. Amitava Maity
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PPPর ফাঁদ থেকে বেরিয়ে আসার ফল(Miracele)??

Dr. Biswajit Roy
৯২৩১৬১১৭০২,৯০৫১৫৬৭১৮৪

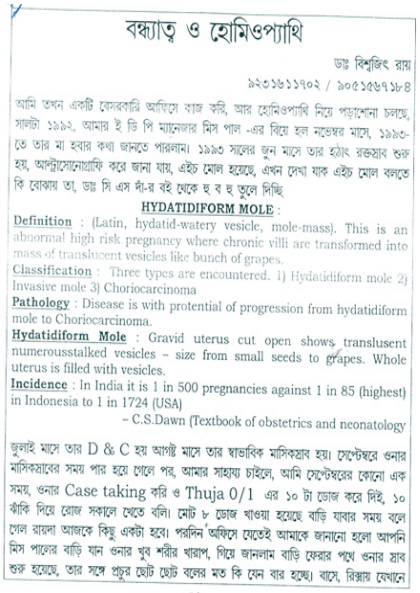
সারা গা, মাথা থেকে পা পর্যন্ত প্রচন্ড psoriasis-এর কষ্ট Dr. Debasish Golui এই case টিকে আমাদের Dalhausie chamber-এ নিয়ে আসে রোগী ঃ – ডাক্তার বাবু আমার এই রোগটার জন্য আমি ৫/৬ লাখ টাকা খরচ করেছি (actual কিন্তু করেনি সে কথা পরে বলেছে ১ লাখ হবে যখন Hyos confirm করার জন্য জানতে চেয়েছি।) পাছে আমি ভুলে যাই তাই আমি আমার সমস্ত কষ্ট লিখে এনেছি, পাছে সব ভুলে যাই বলে, বিশাল একটা লিষ্ট বার করে একের পর এক পড়তে লাগলো । আমার শরীর নিয়ে খুবই চিন্তিত, আমার রাত্রে ঘুম হয় না, আমি ঘুমের ঔষধ খাই । আমার খাবার হজম হয় না । গলা জ্বালা করে, গলায় একটা ডেলা মত কিছু একটা আটকে থাকে, পায়খানা দিয়ে রক্ত পরে, আরো কত কি, ডাক্তারবাবু আমি ভালো হব তো ? আমি বললাম একদম ভালো হয়ে যাবেন । আমার wife-এরও অনেক সমস্যা আমারটা ঠিক হয়ে গেলে ওকেও আমি এখানে নিয়ে আসবো । inciting দেখে আমিতো Hyos – এ ঢুকবো ভাবছি কিন্তু সন্দেহ হচ্ছে মুখটা একদম বোকা ও লাজুক। Hyos এর suspiciousness- নেই, Aggravation-এর ভয় নেই, wrong suffering এর কিছু নেই, High spirit নেই, ছোট বেলার কথা জিজ্ঞাসা করেছি অমনি বেরিয়ে এলো । আগন্তুককে - ভয়, নিজের ইচ্ছে সত্বেও তা প্রকাশ করতে পারে না । লোক সঙ্গ একদম পছন্দ নয় । বউ কিছু বললে তার প্রতিবাদ করতে পারে না, সব সময় ভয়ে ভয়ে থাকে সামান্য কোন decision নিতে পারে না । ও নিজে জানে ও কোনো decision নিতে পারে না তাই গতানুগতিক জীবন অতিবাহিত করে কোন বৈচিত্রর দিকে যেতে চায় না। নিম্নক্ত Rubrics এর সাহায্য Baryt Carb 0/1 দিই খেতে ও লাগাতে বলি এক সপ্তাহ পরে কেবলি mental depression এর কথা বলছে বলে B/C 10M 1 dose পাঠাই ।

1) Timidity Bashful, 2) Anxiety health of – onw health ones, 3) Fear – strangers of, 4) Cowardice – opinion,without courage to express own, 5) Company – aversion to – strangers ; aversion to the presence of, 6) Brooding – corner or moping in a , 7) Caresfull of domestic affairs, about, 8) Excape attempts to – pregnancy during, 9) Spineless, 10) Hiding himself – children – strangers from, 11) Irriesolution – trifles; about, 12) Anxiety trifles about

২৮/ ১১/ ১৩ skin অনেক ভালো Pt বলছে, এটা দেখছেন তো ভালো আমার observation হচ্ছে আবার বাড়বে ইত্যাদি ইত্যাদি কিন্তু পায়খানায় রক্ত পরছে । অম্বল, Anxiety রয়েছে PI + B/C – 0/2.

২৬/ ১২/ ১৩ skin আরও পরিষ্কার আর observation এর কথা নেই, রক্ত পড়ার কথা ও Anxiety-র কথা বলছে B/c 10M repeat.

Jan, 2014 ফোনে কথা হয়েছে ভালো আছে, কিন্তু বারে বারে প্রশ্ন করছে ডাক্তারবাবু আমি ভালো হব তো ? এবারে, অম্বল, Anxiety র কথা আর বলছে না বার বার খালি Assurance চাইছে আমি একবার ভাবলাম Acconite হবে না তো? আবার ভাবলাম, Acconite Assurance দিলে satisfy হতো কিন্তু ওতো satisfy হচ্ছে না। তাই PL দিলাম । চিকিৎসা চলছে ।



বন্ধ্যাত্ব ও হোমিওপ্যাথি

ডাঃ বিশ্বজিৎ রায়
৯২৩১৮১১৭০২ / ৯০৫১৫৬৭১৮৪

আমি তখন একটি কোরবারি অফিসে কাজ করি, আর হোমিওপ্যাথি নিয়ে পড়াশোনা চলছে, সালটা ১৯৯২, আমার ই ডি পি ম্যানেজার মিস পাল -এর বিয়ে হল নভেম্বর মাসে, ১৯৯৩-তে তার মা হবার কথা জানতে পারলাম। ১৯৯৩ সালের জুন মাসে তার হঠাৎ রক্তস্রাব শুরু হয়, আল্ট্রাসোনোগ্রাফি করে জানা যায়, এইচ মোল হয়েছে, এখন দেখা যাক এইচ মোল বলতে কি বোঝায় তা, ডাঃ সি এস দাঁ-র বই থেকে হু ব হু তুলে দিচ্ছি

HYDATIDIFORM MOLE :

Definition : (Latin, hydatid-watery vesicle, mole-mass). This is an abnormal high risk pregnancy where chronic villi are transformed into mass of translucent vesicles like bunch of grapes.

Classification : Three types are encountered. 1) Hydatidiform mole 2) Invasive mole 3) Choriocarcinoma

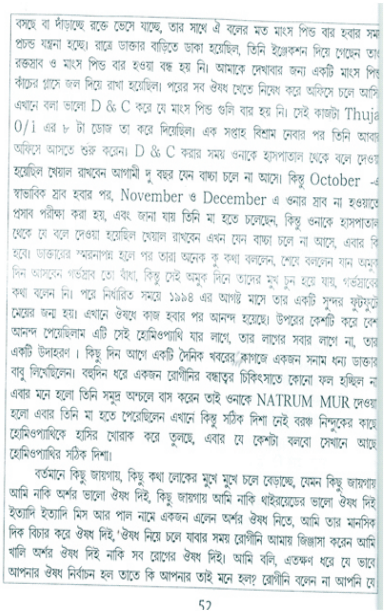
Pathology : Disease is with protential of progression from hydatidiform mole to Choriocarcinoma.

Hydatidiform Mole : Gravid uterus cut open shows translusent numerousstalked vesicles – size from small seeds to grapes. Whole uterus is filled with vesicles.

Incidence : In India it is 1 in 500 pregnancies against 1 in 85 (highest) in Indonesia to 1 in 1724 (USA)

– C.S.Dawn (Textbook of obstetrics and neonatology

জুলাই মাসে তার D & C হয় আগষ্ট মাসে তার স্বাভাবিক মাসিকস্রাব হয়। সেপ্টেম্বরে ওনার মাসিকস্রাবের সময় পার হয়ে গেলে পর, আমার সাহায্য চাইলে, আমি সেপ্টেম্বরের কোনো এক সময়, ওনার Case taking করি ও Thuja 0/1 এর ১০ টা ডোজ করে দিই, ১০ কাঁকি দিয়ে ডোজ সকালে খেতে বলি। মোট ৮ ডোজ খাওয়া হয়েছে বাড়ি যাবার সময় বলে গেল রায়না আজকে কিছু একটা হবে। পরদিন অফিসে যেতেই আমাকে জানানো হলো আপনি মিস পালের বাড়ি যান ওনার খুব শরীর খারাপ, গিয়ে জানলাম বাড়ি ফেরার পথে ওনার স্রাব শুরু হয়েছে, তার সঙ্গে প্রচুর ছোট ছোট বলের মত কি যেন বার হচ্ছে। বাসে, রিক্সায় যেখানে

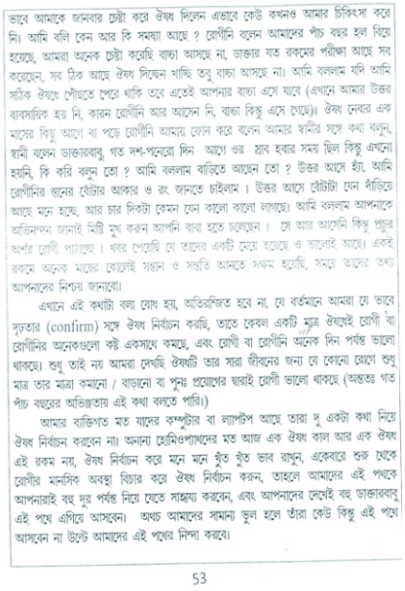


বসছে বা দাঁড়াচ্ছে রক্তে ভেসে যাচ্ছে, তার সাথে ঐ বলের মত মাংস পিন্ড বার হবার সময় প্রচন্ড যন্ত্রনা হচ্ছে। রাত্রে ডাক্তার বাড়িতে ডাকা হয়েছিল, তিনি ইঞ্জেকশন দিয়ে গেছেন তাও রক্তস্রাব ও মাংস পিন্ড বার হওয়া বন্ধ হয় নি। আমাকে দেখাবার জন্য একটি মাংস পিন্ড কাঁচের গ্লাসে জল দিয়ে রাখা হয়েছিল। পরের সব ঔষধ খেতে নিয়ে করে অফিসে চলে আসি। এখানে বলা ভালো D & C করে যে মাংস পিন্ড গুলি বার হয় নি। সেই কাজটা Thuja 0/1 এর ৮ টা ডোজ তা করে দিয়েছিল। এক সপ্তাহ বিশ্রাম নেবার পর তিনি আবার অফিসে আসতে শুরু করেন। D & C করার সময় ওনাকে হাসপাতাল থেকে বলে দেওয়া হয়েছিল খেয়াল রাখবেন আগামী দু বছর যেন বাচ্চা চলে না আসে। কিন্তু October -এ স্বাভাবিক স্রাব হবার পর, November ও December এ ওনার স্রাব না হওয়াতে প্রসাব পরীক্ষা করা হয়, এবং জানা যায় তিনি মা হতে চলেছেন, কিন্তু ওনাকে হাসপাতাল থেকে যে বলে দেওয়া হয়েছিল খেয়াল রাখবেন এখন যেন বাচ্চা চলে না আসে, এবার কি হবে। ডাক্তারের স্মরনাপন্ন হলে পর তারা অনেক কু কথা বললেন, শেষে বললেন যান অমুক দিন আসবেন গর্ভস্রাব তো বাঁধা, কিন্তু সেই অমুক দিনে তাদের মুখ চুন হয়ে যায়, গর্ভস্রাবের কথা বলেন নি। পরে নির্ধারিত সময়ে ১৯৯৪ এর আগষ্ট মাসে তার একটি সুন্দর ফুটফুটে মেয়ের জন্ম হয়। এখানে ঔষধে কাজ হবার পর আনন্দ হয়েছে। উপরের কেশটি করে বেশ আনন্দ পেয়েছিলাম এটি সেই হোমিওপ্যাথি যার লাগে, তার লাগের সবার লাগে না, তার একটি উদাহরণ। কিছু দিন আগে একটি দৈনিক খবরের কাগজে একজন সনাম ধন্য ডাক্তার বাবু লিখেছিলেন। বহুদিন ধরে একজন রোগীনির বন্ধাত্বর চিকিৎসাতে কোনো ফল হচ্ছিল না এবার মনে হলো তিনি সমুদ্র অন্চলে বাস করেন তাই ওনাকে NATRUM MUR দেওয়া হলো এবার তিনি মা হতে পেরেছিলেন এখানে কিছু সঠিক দিশা নেই বরঞ্চ নিন্দুকের কাছে হোমিওপ্যাথিকে হাসির খোরাক করে তুলছে, এবার যে কেশটা বলবো সেখানে আছে হোমিওপ্যাথির সঠিক দিশা।

বর্তমানে কিছু জায়গায়, কিছু কথা লোকের মুখে মুখে চলে বেড়াচ্ছে, যেমন কিছু জায়গায় আমি নাকি অর্শর ভালো ঔষধ দিই, কিছু জায়গায় আমি নাকি থাইরয়েডের ভালো ঔষধ দিই ইত্যাদি ইত্যাদি মিস আর পাল নামে একজন এলেন অর্শর ঔষধ নিতে, আমি তার মানসিক দিক বিচার করে ঔষধ দিই, ঔষধ নিয়ে চলে যাবার সময় রোগীনি আমায় জিজ্ঞাসা করেন আমি খালি অর্শর ঔষধ দিই নাকি সব রোগের ঔষধ দিই। আমি বলি, এতক্ষণ ধরে যে ভাবে আপনার ঔষধ নির্বাচন হল তাতে কি আপনার তাই মনে হল? রোগীনি বলেন না আপনি যে

বসছে বা দাঁড়াচ্ছে রক্তে ভেসে যাচ্ছে, তার সাথে ঐ বলের মত মাংস পিন্ড বার হবার সময় প্রচন্ড যন্ত্রনা হচ্ছে। রাত্রে ডাক্তার বাড়িতে ডাকা হয়েছিল, তিনি ইঞ্জেকশন দিয়ে গেছেন তাও রক্তস্রাব ও মাংস পিন্ড বার হওয়া বন্ধ হয় নি। আমাকে দেখাবার জন্য একটি মাংস পিন্ড কাঁচের গ্লাসে জল দিয়ে রাখা হয়েছিল। পরের সব ঔষধ খেতে নিয়ে করে অফিসে চলে আসি। এখানে বলা ভালো D & C করে যে মাংস পিন্ড গুলি বার হয় নি। সেই কাজটা Thuja 0/1 এর ৮ টা ডোজ তা করে দিয়েছিল। এক সপ্তাহ বিশ্রাম নেবার পর তিনি আবার অফিসে আসতে শুরু করেন। D & C করার সময় ওনাকে হাসপাতাল থেকে বলে দেওয়া হয়েছিল খেয়াল রাখবেন আগামী দু বছর যেন বাচ্চা চলে না আসে। কিন্তু October -এ স্বাভাবিক স্রাব হবার পর, November ও December এ ওনার স্রাব না হওয়াতে প্রসাব পরীক্ষা করা হয়, এবং জানা যায় তিনি মা হতে চলেছেন, কিন্তু ওনাকে হাসপাতাল থেকে যে বলে দেওয়া হয়েছিল খেয়াল রাখবেন এখন যেন বাচ্চা চলে না আসে, এবার কি হবে। ডাক্তারের স্মরনাপন্ন হলে পর তারা অনেক কু কথা বললেন, শেষে বললেন যান অমুক দিন আসবেন গর্ভস্রাব তো বাঁধা, কিন্তু সেই অমুক দিনে তাদের মুখ চুন হয়ে যায়, গর্ভস্রাবের কথা বলেন নি। পরে নির্ধারিত সময়ে ১৯৯৪ এর আগষ্ট মাসে তার একটি সুন্দর ফুটফুটে মেয়ের জন্ম হয়। এখানে ঔষধে কাজ হবার পর আনন্দ হয়েছে। উপরের কেশটি করে বেশ আনন্দ পেয়েছিলাম এটি সেই হোমিওপ্যাথি যার লাগে, তার লাগের সবার লাগে না, তার একটি উদাহরণ। কিছু দিন আগে একটি দৈনিক খবরের কাগজে একজন সনাম ধন্য ডাক্তার বাবু লিখেছিলেন। বহুদিন ধরে একজন রোগীনির বন্ধাত্বর চিকিৎসাতে কোনো ফল হচ্ছিল না এবার মনে হলো তিনি সমুদ্র অন্চলে বাস করেন তাই ওনাকে NATRUM MUR দেওয়া হলো এবার তিনি মা হতে পেরেছিলেন এখানে কিছু সঠিক দিশা নেই বরঞ্চ নিন্দুকের কাছে হোমিওপ্যাথিকে হাসির খোরাক করে তুলছে, এবার যে কেশটা বলবো সেখানে আছে হোমিওপ্যাথির সঠিক দিশা।

বর্তমানে কিছু জায়গায়, কিছু কথা লোকের মুখে মুখে চলে বেড়াচ্ছে, যেমন কিছু জায়গায় আমি নাকি অর্শর ভালো ঔষধ দিই, কিছু জায়গায় আমি নাকি থাইরয়েডের ভালো ঔষধ দিই ইত্যাদি ইত্যাদি মিস আর পাল নামে একজন এলেন অর্শর ঔষধ নিতে, আমি তার মানসিক দিক বিচার করে ঔষধ দিই, ঔষধ নিয়ে চলে যাবার সময় রোগীনি আমায় জিজ্ঞাসা করেন আমি খালি অর্শর ঔষধ দিই নাকি সব রোগের ঔষধ দিই। আমি বলি, এতক্ষণ ধরে যে ভাবে আপনার ঔষধ নির্বাচন হল তাতে কি আপনার তাই মনে হল? রোগীনি বলেন না আপনি যে



ভাবে আমাকে জানাবার চেষ্টা করে ঔষধ দিলেন এভাবে কেউ কখনও আমার চিকিৎসা করে নি। আমি বলি কেন আর কি সমস্যা আছে ? রোগীনি বলেন আমাদের পাঁচ বছর হল বিয়ে হয়েছে, আমরা অনেক চেষ্টা করেছি বাচ্চা আসছে না, ডাক্তার যত রকমের পরীক্ষা আছে সব করেছেন, সব ঠিক আছে ঔষধ দিচ্ছেন মাঝি তবু বাচ্চা আসছে না। আমি বললাম যদি আমি সঠিক ঔষধে পৌঁছতে পেরে থাকি তবে এতেই আপনার বাচ্চা এসে যাবে (এখানে আমার উত্তর ব্যবসায়িক হয় নি, কারন রোগীনি আর আসেন নি, বাচ্চা কিন্তু এসে গেছে)। ঔষধ নেবার এক মাসের কিছু আগে বা পড়ে রোগীনি আমায় ফোন করে বলেন আমার স্বামীর সঙ্গে কথা বলুন, স্বামী বলেন ডাক্তারবাবু, গত দশ-পনেরো দিন আগে ওর স্রাব হবার সময় ছিল কিন্তু এখনো হয়নি, কি করি বলুন তো ? আমি বললাম বাড়িতে আছেন তো ? উত্তর আসে হ্যাঁ, আমি রোগীনির স্তনের বোঁটার আকার ও রং জানতে চাইলাম । উত্তর আসে বোঁটাটা যেন দাঁড়িয়ে আছে মনে হচ্ছে, আর চার দিকটা কেমন যেন কালো কালো লাগছে। আমি বললাম আপনাকে অভিনন্দন জানাই মিষ্টি মুখ করুন আপনি বাবা হতে চলেছেন । সে আর আসেনি কিন্তু প্রচুর অর্শর রোগী পাচ্ছি । খবর পেয়েছি যে তাদের একটি মেয়ে হয়েছে ও ভালোই আছে। এবার এরকম অনেক মায়ের কোলেই সন্তান ও সন্ততি আনতে সক্ষম হয়েছি, সময়ে তাদের তথ্য আপনাদের নিশ্চয় জানাবো।

এখানে এই কথাটা বলা বোধ হয়, অতিরঞ্জিত হবে না, যে বর্তমানে আমরা যে ভাবে দৃঢ়তার (confirm) সঙ্গে ঔষধ নির্বাচন করছি, তাতে কেবল একটি মাত্র ঔষধেই রোগী বা রোগীনির অনেকগুলো কষ্ট একসাথে কমছে, এবং রোগী বা রোগীনি অনেক দিন পর্যন্ত ভালো থাকছে। শুধু তাই নয় আমরা দেখছি ঔষধটি তার সারা জীবনের জন্য যে কোনো রোগে শুধু মাত্র তার মাত্রা কমানো / বাড়ানো বা পুনঃ প্রয়োগের দ্বারাই রোগী ভালো থাকছে (অন্ততঃ গত পাঁচ বছরের অভিজ্ঞতায় এই কথা বলতে পারি।)

আমার ব্যক্তিগত মত যাদের কম্পুটার বা ল্যাপটপ আছে তারা দু একটা কথা নিয়ে ঔষধ নির্বাচন করবেন না। অনান্য হোমিওপ্যাথদের মত আজ এক ঔষধ কাল আর এক ঔষধ এই রকম নয়, ঔষধ নির্বাচন করে মনে মনে খুঁত খুঁত ভাব রাখুন, একেবারে শুরু থেকে রোগীর মানসিক অবস্থা বিচার করে ঔষধ নির্বাচন করুন, তাহলে আমাদের এই পথকে আপনারাই বহু দুর পর্যন্ত নিয়ে যেতে সাহায্য করবেন, এবং আপনাদের লেখাই বহু ডাক্তারবাবু এই পথে এগিয়ে আসবেন। অথচ আমাদের সামান্য ভুল হলে তাঁরা কেউ কিছু এই পথে আসবেন না উল্টে আমাদের এই পথের নিন্দা করবে।

*** MANY IMPROVED CASES ARE GIVEN IN**
www.dramaityimmunetherapy.com



Dr. Amitava Maity

Passed H.S. Exam from R.K. Mission, Narendrapur

Passed M.B.S., B.H.M.S. (Hons.), C.U. in 1983 with distinction and Hons marks in Materia Medica in all three University Exams.

During the internship period in 1984 Dr. Maity led a medical team of nine Doctors for combating Epidemic outbreak of Gastroenteritis in Murshidabad.

Participated in different Health camps like mother and child health, Nutrition programme, Heart Diseases, AIDS and other communicable disease, disaster management. Latest development of Prevention & Treatment of Cancer etc., organized by V.I.H.C. These were all published in daily news papers serveral times.

Arranged several Health Camps for complete Health Check up and advanced homeopathic treatment in the district of Bankura, Purulia, Birbhum, Hooghly & Midnapur with his own initiative and expenditure (specially amonghst the poorest people of the society)

It is a great pleasure for our country that a good number of NRI & Citizens from UK, Germany, California, Canada, Sweden, Papua New Gunea (Australia), Bangkok, Bangladesh and many other countries are experiencing signatificant inprovement by the homeopathic treatment of Dr. Amitava Maity in some chronic and complicated cases.

Now carrying out clinical research about the Scope of Homeopathy in Sports Medicine an also acted as a Hon'y Physician of Tata Football Academy, to be played in Kolkata. A good number of sports persons were immensely benefitted by his treatment (Certified by Padmashree P.K. Banerjee and Salien Manna, footballer of the century)

The above milestones of himself and V.I.HC. are largely appreciated by Sunil Gangopadhya, Soumitra Chatterjee, Kabita Krishnamoorthy, Mother Teresa, P.K. Banerjee, Sailen Manna, Swami Lokeswarananda, Swami Girishananda, Sunil Gavaskar and above all the common people of India and abroad.

A good number of selected cancer patients are experiencing a longer, peaceful and painless state of health for the rest of their lives by the treatment of Dr. Amitava Maity.

Based on the existing Socio-economic condition of the country the most revolutionary approach which has given him one of some international reputation in his 30 years career i.e. Check-up your health, diagnose the case and to get confirmed which pathy (allopathy or homeopathy) is more beneficial, less time consuming, has got minimum side effect and relatively cheaper for your disease and treat yourself accordingly.

Established Ramakrishna Sarada Arogya Niketan by his own effort an expenditure. He is treatment atleast 250 patient per month completely fees of cost including medicine vitamin, dietary supplements and necessary pathological investigations.

For this unique combination of professionalism and philanthropism he has been awarded life time achievement from Ramakrishna Mahamondal in year 2001.

Dr. Maity has been honoured by Swamy Tathagatananda, the President of New York Vedanta Society (Est. by Swami Vivekananda in the year 1894) for his great success in various types of chronic and complicated cases in India and abroad.

Recently he has been honoured by Ramakrishna Society Anath Bhandar who are serving the helpless boys. This Ramakrishna Society Anath Bhander was established by Swami Saradananda, the son the Bhagaban Sree Sree Ramakrishna in a rememberance meeting of Swamiji's 150th Birth anniversary for following the selfless work of Swami Vivekananda.

He has also been awarded for his all-round activities in the field of medicine and dedication by Swami Suparananda, Socretary Ramakrishna Mission Institute of Culture.

Being inspired by Thakur, Ma and Swamiji he has written a book (Ajker Prajanmer kache Thakur Ma or Swamiji) Dr. Maity has been carrying out extensive research work on advancement of homoeopathy and also engaged in extensive study on immune pathology and immune genetics. He remarked that High Dilution Technology has been used successfully for many years to help eleminate diseases. The DNA molecules were designed to target immune response Genes to fight infections and control the infectivity of Viruses. He established that Homeopthic Gene Targeting System is known as Dynamic Micro Immuno Genetics. Dr. Maity is the pioneer of developing the idea of non materialistic aspect of medicine in this materialistic world. He has proved that this micro immune therapy is one of the way to bring the man in his healthy state. This system can help to trigger up the immune system of a man. According to Swami Vivekananda. "The inner man cannot do any sin". This therapy can help to wash out the artificial coverings of jealousy, vindictiveness, perversion, dishonesty, religious superstition and above all the Chronic Complicated and Genetic diseases.

Invited to Leicestershire (UK) (2015 December) for the presentation of his Revolutionary Research on Micro Immuno Genetics based on Homoeopathic Phylosophy for Physical, Mental, Social and Financial will being for the suffering Humanity.

Rewarded by Mother Teresa International Award 25th August 2017 for helping the helpless for the last 34 years onwards by Mother Teresa International Award Committee.

One of the Pioneer of Medical world who wanted to prove that in every disease Diagnosis is the most vital thing. After that selection of Pathy (Allopathy, Homoeopathy & Ayurveda) is very Vital. Also Pioneer of Micro Immuno Genetis.

Today Modern Medicine is technically very much advanced in most acute and devastating conditions. We are unable to reach there, as there types of conditions require superb sophiscated management of Modern Medicine.

But it is also our duty to keep knowledge regarding the scope of specialization and micro specialization and micro specialization. Refer the patient in proper place is very vital. So at first we have to be comfolede physician.

Recently the Author and his workers of Ramakrishna Sarada Arogyo Neketon is fighting against COVID-19 Pandemic by distributing Medicine, Nutriments Vitamins, preventive and mask for the last 2 years among the present group of people.

To know more - www.dramaityimmunetherapy.com
Email - amitavam499@gmail.com Mobile - 9830154048

AMRITA BAZAR PATRIKA SATURDAY 5 MAY 1984



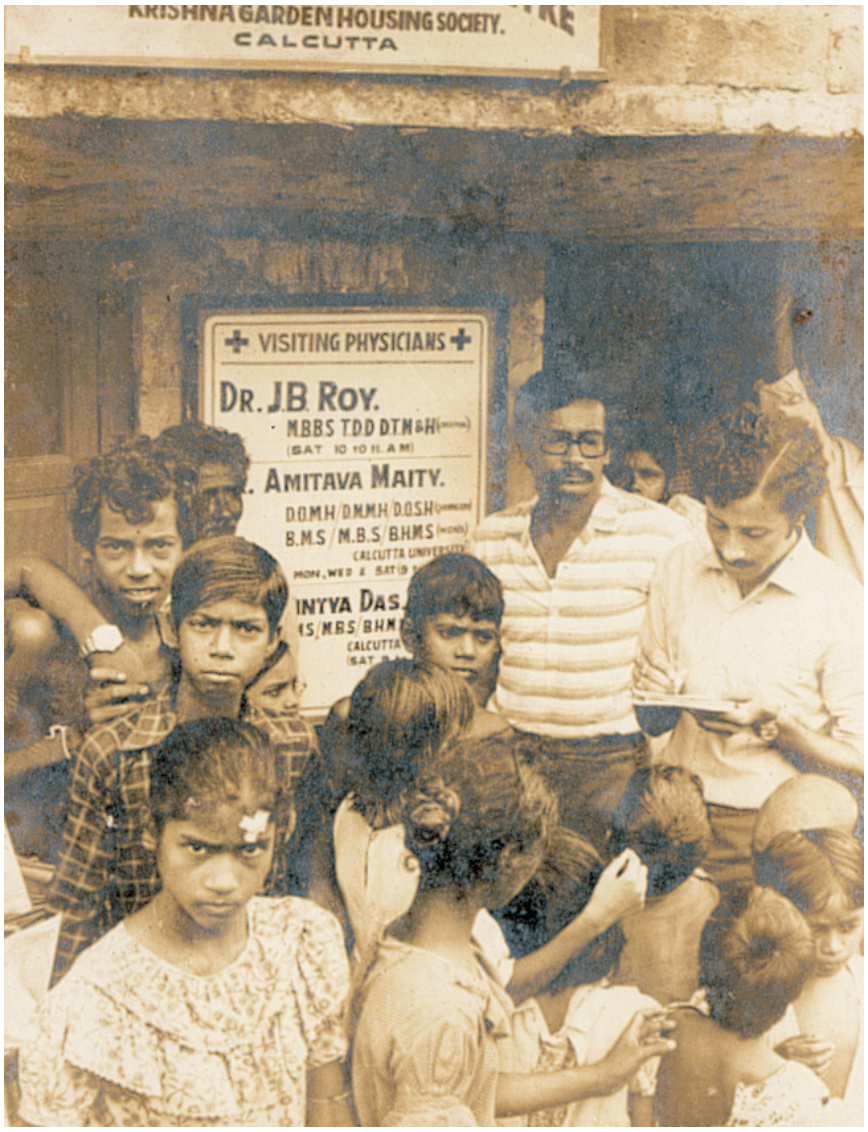
Interns of Homoeopathic Medical College examining a child suffering from bacillary dysentery at Nazirpur village in Murshidabad. — Patrika photo. DR Maity, standing 2nd from Right.

Homoeo students' fight against enteric disease

CALCUTTA, May 4, Correspondent: Internees and students of the Homoeopathic Medical College, Calcutta, who went to combat the outbreak of enteric diseases in Murshidabad and Bagnan in the last week of April, have found the results encouraging This has emboldened them to undertake a second anti-epidemic operation from May 6, at the request of the District Magistrate of Murshidabad. This time, the college authorities have allotted a sum of Rs. 2000/- from their contigency fund for the purpose.

In their week-long mission from April 27 to May 2, they treated 559 enteric patients in 11 villages 95% of them below 5 years in age. Principally they applied Ipecac 12, Ipecac 30 for blood in the stool, followed by Mercsol 6 and Mercsol 30 for mucous. They found the drugs effective in most cases. But they had to cut-short their mission since they ran out of money. No funds were available from the State Government. the principal. Dr. T. K. Bose and the internees alleged that while the allopathic doctors of the district co-operated with them, the Directorate of Homoeopathy was indifferent towards their mission.

To Combat Epidemic Outbreak of Gastroenteritis in Murshidabad, 1984



Nutrition Program at
Vivekananda International Health Centre (VIHC), 1984



শ্রীশ্রী রামকৃষ্ণায় নমঃ
বাঁকুড়া জেলার কোতলপুর অঞ্চলের গ্রামবাসীর দীর্ঘদিন ধরে সেবায় রত হোমিওপ্যাথী চিকিৎসা জগতে আলোড়ন সৃষ্টিকারী মহান সমাজসেবী ও বহু দুরারোগ্য ব্যাধীর চিকিৎসায় সফল কলিকাতার চিকিৎসক ডাঃ অমিতাভ মাইতিকে বিজয়ার শুভেচ্ছা।
স্বামী গিরিশানন্দ
কোয়ালপাড়া আশ্রম
২/১/২, দেব লেন, কলি-১৪
৪২/বি, যোধপুর পার্ক, কলি-৬৮
ফোন ঃ ২৪৪-৪৬৭৯, ৩২৯-৯১৩৫
৯৮৩-০০৩৯৫৬৮

বর্তমান

দরিদ্রদের স্বাস্থ্যরক্ষায়

আজকালের প্রতিবেদন: 'ইউনিসেফ' ও রাজ্য সরকারের সহযোগিতায় কলকাতার দরিদ্র এলাকার বস্তিবাসী মা ও শিশুদের স্বাস্থ্যরক্ষার উদ্যোগ নিয়েছে বিবেকানন্দ আন্তর্জাতিক স্বাস্থ্যকেন্দ্র। আগামী ২৪ ফেব্রুয়ারি রবিবার বিকেল দুটো থেকে পূর্ব কলকাতার ৮ পটারি রোডে দেওয়া হবে বিনা খরচে শিশুদের টিপল অ্যান্টিজেন ও পোলিও, খাওয়ানো হবে ভিটামিন বি-কমপ্লেক্স এবং ভিটামিন 'এ', দরিদ্র মায়েদের দেওয়া হবে জন্মনিয়ন্ত্রণের বড়ি ও রক্তশূন্যতা প্রতিরোধ আয়রন ট্যাবলেট। এই উদ্যোগ সফল হলে এধরনের শিবির মাঝেমাঝেই করা হবে বলে জানিয়েছেন স্বাস্থ্যকেন্দ্র কর্তৃপক্ষ। রবিবার টিকাদান পরিচালনা করবেন দুই সুপরিচিত চিকিৎসক অমিতাভ মাইতি ও অসিতকুমার ঘোষ।

জনসাধারণকে স্বাস্থ্য সচেতন করার প্রয়াসে চিকিৎসা জগতের যুগান্তকারী ঘটনার সাক্ষী হোন।
সংশয়মুক্ত হোন, সম্পূর্ণ স্বাস্থ্য পরীক্ষা করান এবং জানুন কোন রোগে এবং রোগের কি অবস্থায় কোন প্যাথীর (অ্যালোপ্যাথী না হোমিওপ্যাথী) সাহায্য নেবেন।
প্রধান চিকিৎসক এবং উপদেষ্টা —
ডাঃ অমিতাভ মাইতি, M.B.S. B.H.M.S. (C.U) বিশিষ্ট অ্যালোপ্যাথ ও হোমিওপ্যাথ চিকিৎসকরা চিকিৎসা করিবেন।
পরিচালনায়— ইন্টার্ন মাল্টিওয়েলফেয়ার সোসাইটি।
স্থান— ১২/১ জি, বেচুলাল রোড। কলিকাতা-১৪

শুক্রবার ১২ এপ্রিল ১৯৯১, ২৮ চৈত্র ১৩৯৭
এইডস প্রতিকারে উদ্যোগ
স্টাফ রিপোর্টার: সংক্রামক রোগ ও এইডসের ভয়াবহতা সম্পর্কে চেতনা গড়ে তুলতে তৎপর হয়েছে বিবেকানন্দ আন্তর্জাতিক স্বাস্থ্যকেন্দ্র। দীর্ঘদিন ধরে এই সংস্থা রাজ্যের বিভিন্ন অঞ্চলে ঘুরে ঘুরে প্রতিকার এবং প্রতিরোধের উপায় সম্পর্কে স্থানীয় মানুষকে জানিয়ে আসছেন।
বিশ্ব স্বাস্থ্য দিবস উপলক্ষে এই সংস্থার উদ্যোগে ৭ এপ্রিল মৌলালির যুব কেন্দ্রে এই সংস্থা একটি আলোচনা সভা ও অনুষ্ঠানের আয়োজন করেছিল। সেখানেও ওপরের বিষয়টি আলোচনা হয়।

রবিবার ২৮ এপ্রিল ১৯৯১, ১৪ বৈশাখ ১৩৯৮
সভা ও অনুষ্ঠান
ভারত সেবাশ্রম সংঘ: সন্ধ্যা ৬-০০ টায় রাজা শ্রীনাথ সভাগৃহে ডঃ গোবিন্দ গোপাল মুখোপাধ্যায়ের বিষ্ণুপুরাণ পাঠ ও ব্যাখ্যা এবং গড়িয়া সেবাশ্রমে সন্ধ্যা ৬-০০ টায় ডঃ সীতানাথ গোস্বামীর গীতা পাঠ।
বিবেকানন্দ আন্তর্জাতিক স্বাস্থ্য কেন্দ্র: বিকাল ৩-০০ টায় ৮, পটারি রোডে মা ও শিশু স্বাস্থ্য শিবির।
সেন্টার ফর হিউম্যানিস্ট স্টাডিজ: বিকাল ৫-৩০ টায় ৭ বি, লেক প্লেসে আলোচনা করবেন ডঃ অম্লান দত্ত।

রবিবার ২৪ মার্চ ১৯৯১, ৯ চৈত্র ১৩৯৭
সভা ও অনুষ্ঠান
বিবেকানন্দ আন্তর্জাতিক স্বাস্থ্য কেন্দ্র: ৮, পটারী রোডে দুপুর ২ টায় মা ও শিশুর স্বাস্থ্য শিবির ও হোমিওপ্যাথী চিকিৎসায় সুব্যবস্থা সংক্রান্ত পরামর্শদান।

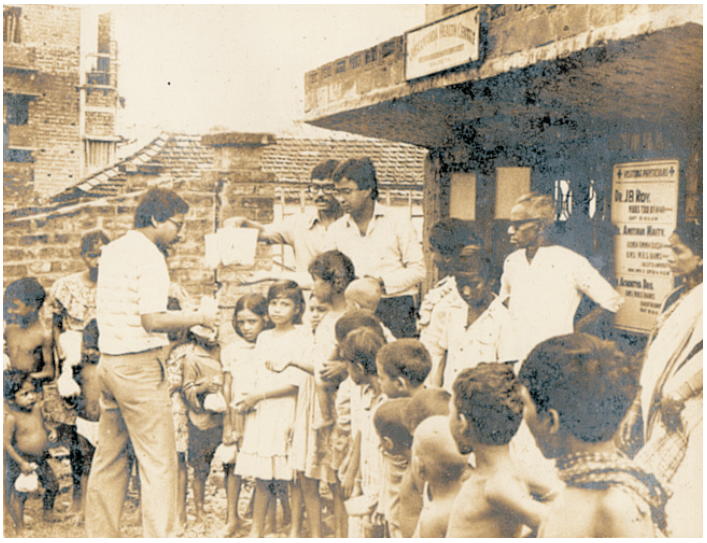
২৯ বৈশাখ ১৯১৩ শকাব্দ রবিবার ৪ জৈষ্ঠ ১৩৯৮
আজকের অনুষ্ঠান
আন্তর্জাতিক 'এইডস দীপ' প্রজ্জ্বলন — সেন্ট পলস ক্যাথিড্রাল, পরিচালনায়: বিবেকানন্দ আন্তর্জাতিক স্বাস্থ্যকেন্দ্র; বক্তা: ডাঃ অমিতাভ মাইতি, ডাঃ অবনীশকুমার নাগ। সকাল সাড়ে ৮টা।

সংবাদ
৺তারাপীঠ রামকৃষ্ণ মহামণ্ডলের পক্ষ হতে শুভ বিজয়া সম্মিলনী আগামী ১৭ই নভেম্বর বিকাল ৫টায় যোগেশ মাইম একাডেমী হলে (কালীঘাট পার্ক) অনুষ্ঠিত হবে। ঐ অনুষ্ঠানে মহামণ্ডল প্রতিষ্ঠাপক মহন্ত শ্রী ১০৮ স্বামী হাসানন্দ পুরীজী মহারাজ এবং হোমিওপ্যাথী চিকিৎসায় যুগান্ত সৃষ্টিকারী চিকিৎসক ডাঃ অমিতাভ মাইতি উপস্থিত থাকবেন। (এ.এ-৮৭১৮) A67516

১২৭ ম বর্ষ ৮১ সংখ্যা মঙ্গলবার ১৩ ফাল্গুন ১৩৯৭ ২৬শে ফেব্রু...
'হোমিওপ্যাথিতে এইডস প্রতিরোধ সম্ভব'
স্টাফ রিপোর্টার: সূক্ষ্ম হোমিওপ্যাথি ওষুধ শক্তি (ডায়নামিক ফোর্স) দিয়ে অতিসূক্ষ্ম 'এইডস' রোগের বিষ প্রতিরোধ সম্ভব। মার্কিন যুক্তরাষ্ট্রের 'এইডস' রোগ বিশেষজ্ঞ এলটন কেসেল এই অভিমত প্রকাশ করেছেন। হাওড়ার মহেশ ভট্টাচার্য হোমিওপ্যাথি কলেজ ও হাসপাতালের অধ্যক্ষ রামকৃষ্ণ ঘোষমণ্ডল এক বিবৃতিতে একথা জানান।

রবিবার ১৫ নভেম্বর ১৯৯২, ২৯ কার্তিক ১৩৯৯
● কলিকাতার সুপরিচিত তরুণ হোমিওপ্যাথিক চিকিৎসক ডাঃ অমিতাভ মাইতি (M.B.S. B.H.M.S.) Hons আরামবাগ মহকুমার জনসাধারণের বিশেষ অনুরোধে ঐ স্থানে ১৬ই নভেম্বর রবিবার সকাল ৯টা হইতে জটিল রোগের চিকিৎসা করিবেন। সুতরাং 16 ই নভেম্বর উনার চেম্বার বন্ধ থাকিবে।
(জে-৩২৮১)

Complete Health Check up and Select the Branch of Medicine – Allopathy or Homoepathy



Mother and Child Healthcare (from 1983 onwards)



শারীরচর্চা

স্বাস্থ্য সচেতনতায় অ্যালোপ্যাথি ও হোমিওপ্যাথি

এই প্রতিবেদনের উদ্দেশ্য জনসাধারণকে স্বাস্থ্য রক্ষায় অ্যালোপ্যাথি ও হোমিওপ্যাথি চিকিৎসার ভূমিকা সম্পর্কে অবহিত করা। প্রায়ই দেখা যায় অ্যালোপ্যাথি ও হোমিওপ্যাথি চিকিৎসা সম্পর্কে কিছু মানুষ আস্থা রাখলেও রোগের কারণ এবং কোন রোগে কী চিকিৎসা পদ্ধতির শরণাপন্ন হলে সে ব্যাপারে ঠিক সিদ্ধান্তে পৌঁছতে পারেন না। অ্যালোপ্যাথি ও হোমিওপ্যাথি চিকিৎসা পদ্ধতি সম্পর্কে সমাক ধারণা না থাকাই এর মূল কারণ। কেউ কেউ মনে করেন অ্যালোপ্যাথিক চিকিৎসায় রোগ নিরাময় খুব তাড়াতাড়ি হয়, আর হোমিওপ্যাথি চিকিৎসায় রোগ নিরাময়ে কিছু সময় লাগে। আবার কারও কারও ধারণা অ্যালোপ্যাথিক চিকিৎসায় রোগ নিরাময় তাড়াতাড়ি হলেও সম্পূর্ণভাবে রোগ নিরাময় হয় না, কেবলমাত্র কিছু দিনের জন্য রোগ চাপা থাকে। আবার কিছু সংখ্যক মানুষের ধারণা হোমিওপ্যাথি চিকিৎসায় রোগ নিরাময়ে কিছু সময় লাগলেও সবিকছুরই সম্পূর্ণ জ্ঞানে রোগ নিরাময় সম্ভব। উপরোক্ত ধারণাগুলি যে কত ভ্রান্ত ও তা প্রমাণ করবার জন্যই এই প্রতিবেদন।

প্রকৃতপক্ষে হোমিওপ্যাথি ও অ্যালোপ্যাথিক চিকিৎসা পদ্ধতি দুটি সম্বন্ধে অধিকাংশ মানুষের সমাক ধারণা স্বচ্ছ নয় বলেই উপরোক্ত ধারণাগুলির সৃষ্টিপাত। আজকের যুগে একথা অনস্বীকার্য উভয় চিকিৎসা পদ্ধতি দুটির স্বকীয় বৈশিষ্টের গুণে উজ্জ্বল। প্রথমেই অ্যালোপ্যাথিক চিকিৎসা পদ্ধতি সম্পর্কে আলোচনা করা যাক, সহজ ভাষায় অ্যালোপ্যাথিক চিকিৎসা পদ্ধতিকে 'বিপরীতধর্মী' চিকিৎসা পদ্ধতি বলা হয়, অর্থাৎ বিপরীতধর্মী চিকিৎসা। উদাহরণ স্বরূপ বলা যায়, যখন কোনও রোগী 'অম্বল' বা হাইপার অ্যাসিডিটির রোগের, অর্থাৎ মানুষের পাকস্থলী থেকে যখন অম্লজাতীয় রসের অধিক মাত্রায় হাইড্রোক্লোরিক অ্যাসিড নিঃসৃত হয় তখন অ্যালোপ্যাথিক চিকিৎসকগণ আম্লরসের মুক্ত হোঁয়া ওষধের কথা বলেন। অ্যান্টাসিড ও অ্যালকালি বিক্রিয়া করে, অ্যালকালি এই অ্যাসিডকে নিউট্রালাইজ করে সেয় এবং রোগী আরোগ্য লাভ করেন। আবার যখন কোনও রোগী ব্যাকটেরিয়ার দ্বারা আক্রান্ত হন, তখন কোন ব্যাকটেরিয়ার সংক্রমণ তা নির্ণয় করে অ্যালোপ্যাথিক ডাক্তারগণ তার বিরুদ্ধে সেই ক্ষেত্রে প্রযোজ্য আন্টিবায়োটিক প্রয়োগ করেন। আবার কোনও কারণবশতঃ পরিবর্তন হলেও তাঁরা প্রয়োজন অনুযায়ী সার্জারি বা শল্য চিকিৎসার সাহায্য নেন। যেমন ধরা যাক গলব্লাডারের ক্ষেত্রে যদি রোগী অ্যাকিউট বা ক্রনিক কোলিসিস্টাইটিস বা কোলিলিথিয়াসিসে ভোগেন তখন গলব্লাডার তার নিজস্ব কার্যকলাপ হারিয়ে ফেলে যাকে আমরা পরিভাষায় বলা হয় 'নন ফাংশনিং গলব্লাডার'। তখন তাঁরা রোগীর অন্যান্য প্রাসঙ্গিক বিষয়গুলি বিবেচনা করে, অর্থাৎ তাঁর বয়স, রক্ত চাপ, রক্ত পর্যবা পরীক্ষা করে উপযোগী মনে করলে গলব্লাডার কেটে বাদ দেওয়ার ব্যবস্থা করেন।

কোলিসিস্টেক্টমী করার পরামর্শ দিয়ে থাকেন। সুতরাং এই চিকিৎসা পদ্ধতিতে রোগ নির্ণয় বা ডায়াগনসিস্ই মুখ্য বিষয়।

অপরদিকে হোমিওপ্যাথি চিকিৎসায় ডায়াগনসিস আপাতদৃষ্টিতে রোগের চিকিৎসা করছেন বলে মনে হলেও প্রকৃত হ্যানিম্যানিয়ান পদ্ধতিতে বিশ্বাসী হোমিওপ্যাথিক চিকিৎসকগণ রোগের চিকিৎসার পরিবর্তে সেই রোগীটির চিকিৎসা করে থাকেন। সেই জন্য মনে হতে পারে যে ওই চিকিৎসায় রোগ নির্ণয় বা ডায়াগনসিসের গুরুত্ব বিশেষ নেই। সেই ধারণা কিন্তু একেবারেই অমূলক। যেক্ষেত্রেও ডাক্তারি চিকিৎসায় মূলশিরা ভঙ্গ রোগ নির্ণয় বা ডায়াগনসিস বা সে অ্যালোপ্যাথিকেক্ষেত্রেহোমিওপ্যাথিরোগনির্ণয়ে আধুনিক চিকিৎসাই শ্রেয় পার্থক্য শুধু চিকিৎসা পদ্ধতিতে, যেমন— যখন কোনও মানুষ বমহম বা ডিসপেপসিয়ার চিকিৎসা করতে কোনও হোমিওপ্যাথি ডাক্তারের কাছে যান, তখন প্রকৃত হোমিওপ্যাথিক চিকিৎসক ওই মানুষটিরই চিকিৎসা করে থাকেন। তাই লক্ষ্মজন 'অম্বল' বা হাইপার অ্যাসিডিটিতে ভোগা রোগীর ক্ষেত্রে যে ওষুধ একই হবে তার কোনও মানে নেই। তখন সেই লক্ষণগুলি স্বকীয় বৈশিষ্ট্য সমেত যাচাই ওষুধ নির্বাচন করা যায়, যাতলক্ষ্য ওই লক্ষণগুলির ক্ষেত্রে একাধিক (একজনের ক্ষেত্রে অবশ্যই একটি) ওষুধের প্রয়োজন হতেও পারে। সঠিক হোমিওপ্যাথি ওষুধ প্রয়োগ এই ক্ষেত্রে শুধু রোগীর বমহমই নিরাময় করে না এর সঙ্গে রোগীর অন্যান্য দৈহিক ফাংশনিও নিয়মমত করে থাকে, কারণ হোমিওপ্যাথি রোগের চিকিৎসা করে না, রোগীর চিকিৎসা করে। এইখানেই হোমিওপ্যাথি চিকিৎসার মূল বৈশিষ্ট্য।

সুতরাং সাধারণভাবে হোমিওপ্যাথি চিকিৎসা পদ্ধতি অধিকতর জটিল— এটাই মনে হওয়া স্বাভাবিক, কিন্তু উপরোক্ত বিষয়গুলি যথার্থভাবে বিবেচনা করে যদি সঠিক ওষুধ নির্বাচন করা যায় তাহলে এই পদ্ধতিতে খুব অল্প সময়ের মধ্যেই কোনও পার্শ্ব প্রতিক্রিয়া ছাড়াই রোগীকে সুস্থ করে তোলা যায়। সহজ কথায় হোমিওপ্যাথি চিকিৎসা 'সম্পূর্ণ' চিকিৎসা পদ্ধতিরই নামান্তর মাত্র।

যদি কোনও সম্পূর্ণ সুস্থ মানুষকে হোমিওপ্যাথি ওষুধ, নিয়ম অনুযায়ী খাওয়ানো যায় তাহলে কিছু নির্দিষ্ট লক্ষণ তাঁর মধ্যে পরিলক্ষিত হবে। এগুলি ওই সময় লক্ষণ বিশিষ্ট একটি অসুস্থ রোগীর ওপর যদি ওই ওষুধটি প্রয়োগ করা হয় তাহলে অচিরেই ওই অসুস্থ মানুষটিকে সম্পূর্ণ সুস্থ করে তোলা যায়।

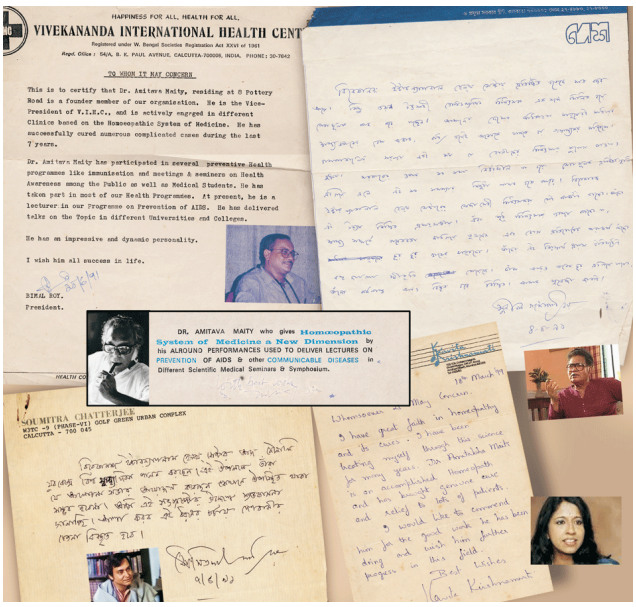
আজকাল বহু ক্ষেত্রে রোগ নিরাময়ে অ্যালোপ্যাথি চিকিৎসার সঙ্গে হোমিওপ্যাথি চিকিৎসার সাহায্য নেওয়া হচ্ছে। আমরা এই কয়েক বছরের অভিজ্ঞতায় দেখেছি ক্রিকমত ডায়াগনসিস করে হোমিওপ্যাথি চিকিৎসা করলে অনেক কম খরচে অনেক জটিল রোগের বিরুদ্ধে সফল হওয়া যায়।

কিছু কিছু অত্যাধুনিক পদ্ধতি চিকিৎসা জগতে মূলতঃ এনেছে, যেমন সি টি স্ক্যানিং, আলট্রা সোনোগ্রাফি, ইকোকার্ডিওগ্রাম, ইনট্রাভেনাস পাইলোগ্রাফি বা কিছু কিছু গ্যাস্ট্রোএন্টারলজি পরীক্ষা যেমন, সিমরু ফাংশন টেস্ট, রিউম্যাটয়েড আর্থাইটিসের জন্য রক্ত ও সিরাম পরীক্ষা, সিরাম ইউরিক অ্যাসিড, সিরাম ক্রিয়েটিনিন, সিরাম সি পি কে, এল সি, সিরাম অ্যালডিস্টেরন, সিরাম সি বি অই, টি-জি, টি-চোল, টী এস এইচ, কিন্তু প্রয়োজন থাকলেও এসব পরীক্ষা করানো যখন অনেকেরই সাধ্যে কুলোয় না তখন রোগী ও তাঁর আত্মীয়রা খুবই নির্মম হয়ে পড়েন। অপর দিকে দেশি সবক্ষেত্রে প্রয়োজন না থাকলেও সমস্তের এক শ্রেণীর মানুষ সিদ্ধিদাতা এই সব পরীক্ষা করিয়েই যাচ্ছেন। সেই সবক্ষেত্রে একটু ভালভাবে ক্লিনিক্যাল ডায়াগনসিস করে বা খুবই সাধারণ কিছু কিছু প্যাথোলজিকাল পরীক্ষার সাহায্যেই রোগ উপশম করা যায়। কিন্তু মানুষের ধারণা যে কোনও একটি পদ্ধতিতে চিকিৎসা চলাকালীন অন্য পদ্ধতির সাহায্য নেওয়া যায় না, কারণ কোনও একটি প্যাথির ওষুধ চলাকালীন অন্য প্যাথির ওষুধের কার্যকারিতা থাকে না। এই ধারণাটিও অমূলক, কারণ অ্যালোপ্যাথি ও হোমিওপ্যাথি— দুইটি চিকিৎসা পদ্ধতিই সম্পূর্ণরূপে ভিন্ন প্রকৃতির।

একটি চলাকালীন প্রয়োজন হলে অন্যটির সাহায্য নিশ্চিন্তে নেওয়া যেতে পারে। ওষুধের কার্যকারিতাকোনওভাবেই বিনিষ্ট হয় না। কারণ অ্যালোপ্যাথিতে রোগের উপর নির্ভর করে ওষুধ সরাসরি নির্দিষ্ট অঙ্গের ওপর কাজ করে। আর অন্যদিকে হোমিওপ্যাথি ওষুধ যায় রোগের ওপর অর্থাৎ সম্পূর্ণ মানুষটির চিকিৎসা করতে প্রয়োগ করা হয়। অ্যালোপ্যাথিতে সরাসরি রোগটির চিকিৎসা করা হয়। হোমিওপ্যাথিতে যেহেতু একটী মানুষ রোগে আক্রান্ত, তাই যদি সেই মানুষটিকে চিকিৎসা করে পূর্ণাবস্থায় সুস্থ অবস্থায় ফিরিয়ে আনা যায় তাহলে তার শরীরে সেই রোগটি থাকে না— এই ধারণাকে ভিত্তি করেই চিকিৎসা করা হয়। তাই দুইটী পদ্ধতিই নিজ নিজ স্থানে যথাসম্পূর্ণ। কিন্তু অম্বলী এবে আমার পরিপূরক নয়, অনেক সময় দেখা যায় পুরনো জটিল রোগের ক্ষেত্রে অ্যালোপ্যাথির থেকে হোমিওপ্যাথি অধিকতর ফলদায়ক। ত্রেতেমি এটিও দেখা যায় যে কিছু কিছু সঙ্কটজনক অবস্থায় (যেমন হৃদরোগ, সেরিব্রাল অ্যাটাক, মেনিনজাইটিস, এনকেফালাইটিস) প্রভৃতি চিকিৎসার সঙ্গে রোগীর অ্যানেসথেসি-ও মুখ্য বিষয় হয়ে ওঠে। অত্যাধুনিক যন্ত্রপাতি যেমন ইসি-জা মেশিন, অ্যাবলিসিস মেশিন প্রভৃতি যন্ত্রপাতির সঙ্গে অ্যালোপ্যাথিক চিকিৎসা পদ্ধতির সম্পর্ক অনেক নিবিড়। সুতরাং ওই সমস্ত সঙ্কটজনক অবস্থায় অ্যালোপ্যাথি চিকিৎসাই অধিকতর প্রয়োজনীয়। কারণ এখনও পর্যন্ত হোমিওপ্যাথির ডিগ্রি ছাত্রদের পক্ষে এই সমস্ত আধুনিক যন্ত্রপাতির কার্যকলাপের সঙ্গে যুক্ত হওয়ার সুযোগ খুবই কম।

ডাঃ অমিতাভ মাইতি

সাপ্তাহিক বর্তমান ॥ ১৭ অক্টোবর ১৯৯২ ॥ ৪০



Comments from Eminent Personalities



Orphans of Ramkrishna "Anath Bhandar"



Swamiji of Advaita Ashram Visited "Ramakrishna Aanath Bhander"

TO WHOM IT MAY CONCERN

Dr. Amitava Maity, M.B.S B.H.M.S. Hons. (C.U.) is very much known to me. He has earned great reputation not only in India but in Overseas, and thereby he has helped thousand of patient both India and Abroad. I therefore appeal to all sincere patient suffering from long standing difficulties to seek his expertise. I do hope the patient will get relief from his valuable treatment. His greatest contribution in the field of medicine which has given him the international reputation is to :

CHECK-UP YOUR HEALTH, DIAGNOSE THE CASE AND TO GET CONFIRMED WHICH PATHY (ALLOPATHY OR HOMEOPATHY) IS MORE BENEFICIAL LESS TIME CONSUMING, HAS GOT MINIMUM SIDE EFFECT & RELATIVELY CHEAPER FOR YOUR DISEASE & TREAT YOURSELF ACCORDINGLY.

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IN

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Sports Activities at
R.K. Mission Narendrapur & Caluctta University



Inauguration of Comprehensive Health Clinic
by Legendary P.K. Banerjee



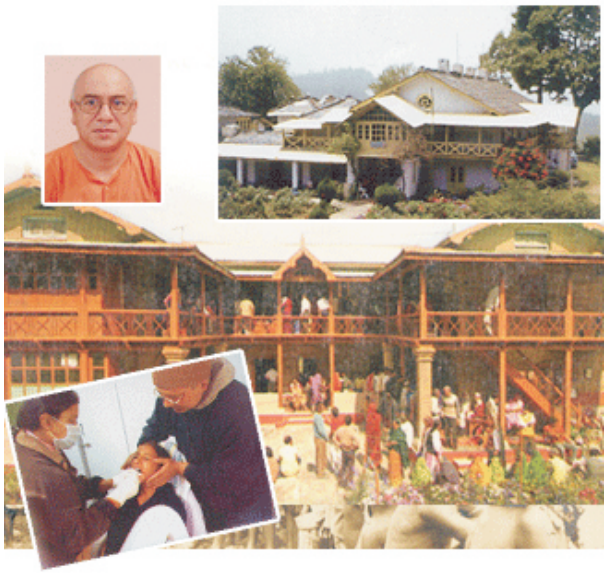
Inauguration of Multi Speciality Clinic
by Sailen Manna



Treating Players of TATA Football Academy, Coached by P.K. Banerjee



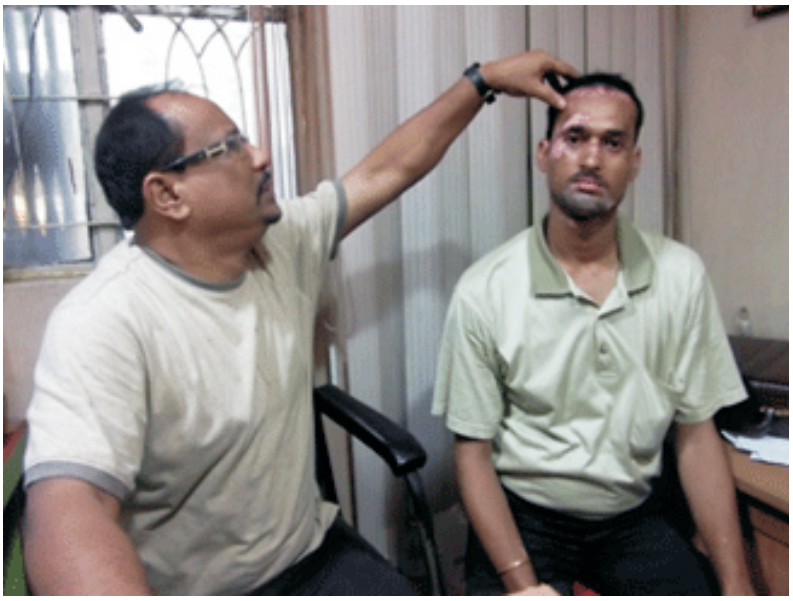
Ramakrishna Sarada Arogya Niketan



Treating the Patients at Mayawati Hospital as Invited by Swami Bodhsarananda



Treating Legendary Sailen Manna



Successful Treatment of Leucoderma



Program in Silver Jubilee Celebration

Recurrent Varicose Veins

Prianka Jaisal. Recurrent Varicose Veins with Incompetent medial circulation with torsion of **Saphenofemoral Ligament**.



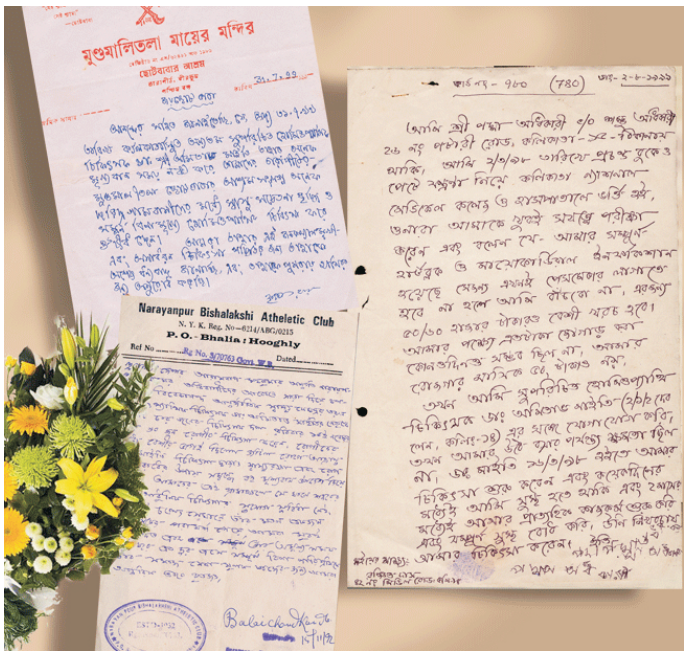
Patient came - 22.6.2019.



Patient Came - 06.10.2019

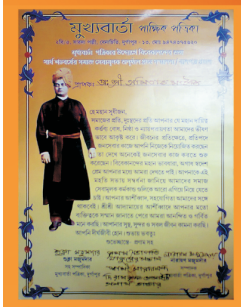


Interviewee for a TV Channel



Appreciations by the Rural Organisations

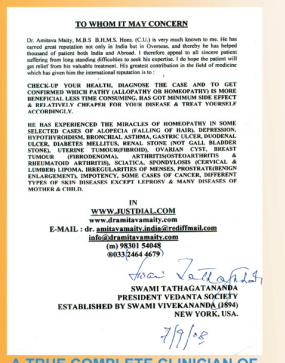
A Certificate of Excellence From New York (U.S.A)



Dedicated Works



MOTHER TERESA CONCERNED WITH THE ACTIVITLES OF VIVEKANANDA INTERNATIONAL HEALTH CENTER , HON PHYSICIAN WAS DR. AMITAVA MAITY



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ANOREXIA, COLIC & CONSTIPATION



Recognition from Vedant Society In New York(U.S.A) 1894



DIAGONISTIC & TREATMENT CENTER IN NEW YORK



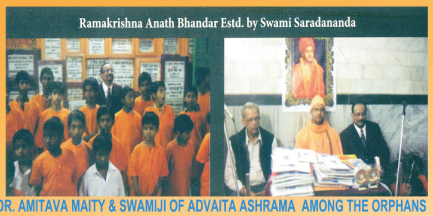
WITH THE ORPHANS



ESTABLISHED BY SWAMI VIVEKANANDA IN 1894



COMMUNITY CENTER IN NEW YORK



DR. AMITAVA MAITY & SWAMIJI OF ADVAITA ASHRAMA AMONG THE ORPHANS



THE GERIATRIC PATIENTS OF NEW YORK(U.S.A)

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THE RAMAKRISHNA MISSION INSTITUTE OF CULTURE

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TELEPHONE : 46-3431 (4 LINES)

GRAM : INSTITUTE CALCUTTA

30 March, 1990

I am glad to hear that the Vivekananda International Health Centre is going to observe World Health Day on 7 April, 1990, through some special programmes and a Seminar on 'Environment and Health'. They want to create wide awareness among the public to save their health by 2000 AD. I thank the members ot the Vivekananda Internatfonal Health Centre for their noble endeavour towards human welfare.

Sd/-
(Swami Lokeswarananda)
Secretary



MOTHER TERESA
CALCUTTA



Note on invitation at V. I. H. C·S World Health Day Programme

Sorry I will not
be able to come
God bless you
MoTeresa MC

Date : 20-3-90

Blessing from Swami Lokswarananda and Mother Teresa



Promotion of Micro Immunogenetics in different Places of UK



The Author at Vedanta Centre, UK



Before giving demonstration for the suffering humanity in U.K.



The Author in Front of Queen Elizabeth Library



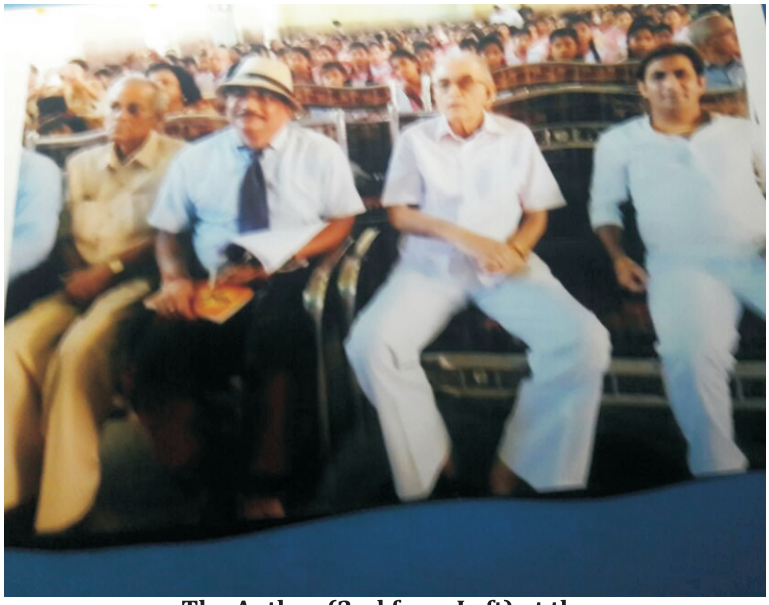
Certificates of Honour Received from Famous Sports Personalities



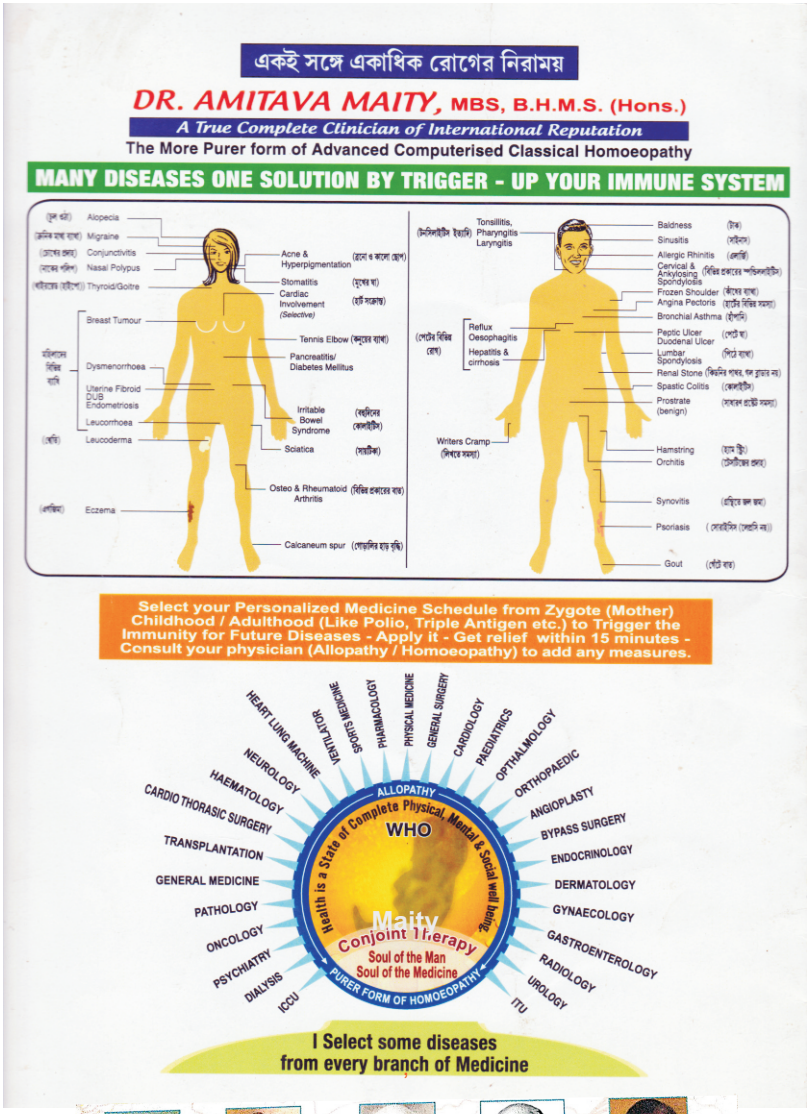
Receiving the "Mother Teresa International Award"



'The Mother Teresa International Award' (Memento)



The Author (2nd from Left) at the Award Ceremony with the Dignitaries



The Secret of Micro Immuno Genetics

An Appeal to the Budding Homoepaths

ঃ আজকের প্রজন্মের উদীয়মান হোমিওপ্যাথদের কাছে একটি আবেদন ঃ

প্রথমেই মহাত্মা হ্যানিম্যানের যোগ্য উত্তরসূরী মহামান্য Dr. Kent সাহেবের কথা উল্লেখ করা যাক।

তিনি বলে গিয়েছেন - "**Homoeopathy is nothing but an applied Science**" অর্থাৎ হোমিওপ্যাথির যাত্রা এখনও শেষ হয়নি। যদিও কোনো Applied Science -এর যাত্রাই কোনোদিন শেষ হতে পারেনা, তাই সর্বগ্রে ধন্যবাদ তাঁদেরই প্রাপ্য, যাঁরা অনেক যন্ত্রণা ও অপমান সহ্য করে কয়েকশত বছর ধরে পৃথিবীর বিভিন্ন প্রান্তের গ্রাম এবং শহরে হোমিওপ্যাথি চিকিৎসার মাধ্যমে মানুষের সেবা করে চলেছেন। কে কিভাবে হোমিওপ্যাথিকে ব্যবহার করছে সেসব পুরোনো বস্তাপচা আলোচনা করে আর কাউকে ছোটো করার দরকার নেই। আজ আমাদের সবারই দরকার সবাইকে সাথে নিয়ে অল্প আলো থেকে আরো বেশি আলোর দিকে যাওয়ার।

আজ আমাদের একমাত্র উদ্দেশ্য খুব কম সময়ের মধ্যে কিভাবে শারীরিক, মানসিক ও সামাজিক যন্ত্রণা থেকে মানুষকে মুক্তি দেওয়া যায়। এই কথাটির প্রতিধ্বনী পাওয়া যায় WHO-এর কথায়। " **Health - is a state of complete, Physical, Mental & Social Well being, not merely an absence of disease or infirmity".**

আজকের উদীয়মান হোমিওপ্যাথদের কাছে আবেদন - হোমিওপ্যাথি দর্শনকে অগ্রাহ্য না করে, Miasm কে মনে রেখে, Basic Medicine -এর ব্যাপারে সম্যক জ্ঞান অর্জন করে "Constitutional চিকিৎসাই হোমিওপ্যাথির মূল মন্ত্র"— এটা মেনে নেওয়া। শুধু তার সঙ্গে দরকার মহাত্মা হ্যানিম্যানের সেই দৈববাণী - 'MIND IS THE KEY TO THE MAN". এর উপরে আরও একটু জোর দেওয়া। শুধু এখনকার মানসিক অবস্থা নয়, একেবারে ছোটবেলা থেকে সে কি মানসিক লক্ষণ নিয়ে জন্মেছে, সেগুলোর সন্ধান করা। তাহলেই অসাধ্য সাধন হবে। দরকার শুধু SOUND SENSES (ইন্দ্রিয়ের অটুট শক্তি), ATTENTION IN OBSERBING (পর্যবেক্ষণে মনোযোগ), SPECAL CIRCUMSPECTION (বিশেষ পর্যবেক্ষণ শক্তি), TACT (কৌশল), PATIENCE IN AN EMINENT DEGREE (বিশেষ ধৈর্য্য)— Organon of Medicine (Aphorism 83 & 98)। একথা বলতে এখন আর কোনো দ্বিধা নেই যে প্রয়োজনীয় এবং অপ্রয়োজনীয় প্যাথোলজিক্যাল পরীক্ষা এবং বাহ্যিক অন্তঃসারশূণ্য এবং আড়ম্বরপূর্ণ চিকিৎসা ব্যবস্থার কাছে আমরা আজ বশীভূত। তাই চিকিৎসার উপরোক্ত মূলমন্ত্র আমরা প্রায় ভূলতে বসেছি।

তাই নতুন প্রজন্মের কাছে আমাদের আবেদন হোমিওপ্যাথিক দর্শন ও বেসিক মেডিসিনের জ্ঞানের সঙ্গে সঙ্গে হ্যানিম্যানের **"MIND IS KEY TO THE MAN"** এবং KENT সাহেবের **"MAN CONSIST OF WILL & UNDERSTANDING"** কে আরো একটু বেশি করে অনুশীলন করা। এরজন্য অবশ্যই অনেক সাধনা ও কষ্ট করতে হবে। কোনো জিনিসই কষ্ট ও সাধনা ছাড়া লাভ করা যায় না। **Complete** এবং **Synthetic repertory**-এর সমস্ত Mental RUBRICS এর Inner Meaning কে আয়ত্ত্ব করার চেষ্টা করতে হবে। তারপর যখন দেখা যাবে দীর্ঘদিনের Chronic, Complicated এবং মরণাপন্ন রোগগুলোর বেশিরভাগই অন্তঃসারশূণ্য চিকিৎসায় একেবারে শেষ অবস্থায় আমাদের কাছে

আসবে এবং সেই অবস্থা থেকে অত্যন্ত অল্প সময়ের মধ্যেই একেবারে নতুন জীবন ফিরে পাবে তখন মনে হবে এই সাধনা, এই মানব জীবন সার্থক। আবার নতুন করে প্রমাণিত হবে স্বামীজির বাণী — "জীবে প্রেম করে যেই জন, সেই জন সেবিছে ঈশ্বর"। এই সেবার সাথে সাথে অর্থ ও প্রতিষ্ঠাও সহজেই করায়াত্ত হবে।

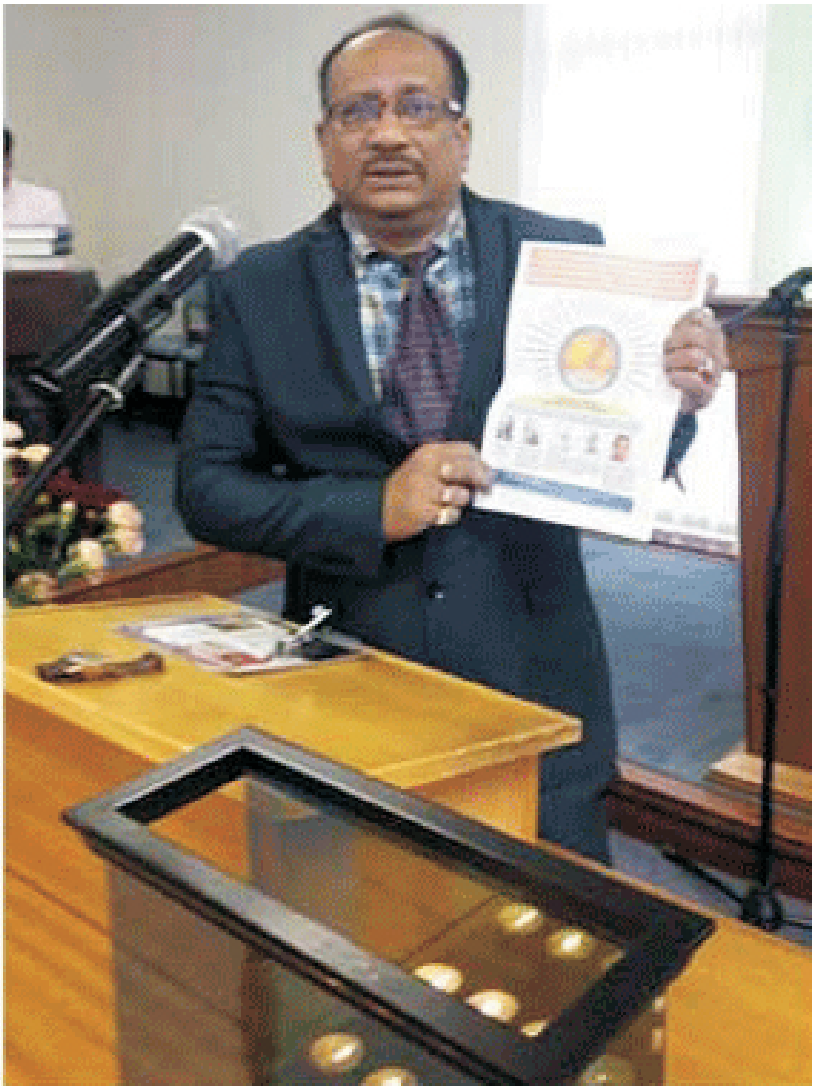
মানুষ যখন দেখবে সবসময় বিভিন্ন ব্রাঞ্চের মেডিসিনের সাহায্য ছাড়াই অর্থাৎ একজনই পরিপূর্ণ হোমিওপ্যাথি ডাক্তারের কাছে গিয়েই রোগ নিরাময় সম্ভব হচ্ছে, তখন ভুক্তভুগী রোগীরাই অর্থের সংস্থান করবে। তারমানে এই নয়, যে বেসিক মেডিসিনের কোনো প্রয়োজন নেই। বেসিক মেডিসিনের জ্ঞান অর্জন ছাড়া কোনোদিনই পরিপূর্ণ চিকিৎসক হওয়া যায় না। তবুও আজকাল দেখা যাচ্ছে ঠিকমতো সিলেক্টেড এবং অবশ্যই ADVANCED COMPUTERISED REVOLUTIONIZED CLASSICAL HOMOEOPATHY TREATMENT -এ বেশিরভাগ মানুষই উপকৃত হচ্ছেন। এবং মানুষকে জানাবার দায়িত্ব আমাদেরই যে এই ADVANCED HOMOEOPATHY, DYNAMIZE MICRO-IMMUNOPATHY ছাড়া আর কিছুই নয়। অর্থাৎ রোগের উপশমের সঙ্গে সঙ্গে ভবিষ্যতের জানা ও অজানা রোগের বিরুদ্ধে Automatically প্রতিরোধ গড়ে ওঠা।

আমাদের নতুন প্রজন্মের কাছে আবেদন অবসাদের কোনো স্থান নেই। উপনিষদের কথায় 'চরুইবেতি চরুইবেতি' অর্থাৎ এগিয়ে চলা ও আরো এগিয়ে চলা। সামনে উজ্জ্বল ভবিষ্যৎ অপেক্ষা করছে। বহুজাতিক ঔষধ কোম্পানী এবং কিছু স্বার্থান্বেষী চিকিৎসকেরা যারা প্রতিমুহূর্তে কিছু না জেনেই হোমিওপ্যাথিকে হেয় করার চেষ্টা করছে তারা জানে না, হোমিও প্যাথির -মৃত্যু হতে পারে না। কারণ ত্রেতা যুগের রাম ও দ্বাপরের কৃষ্ণ যিনি কলিযুগের রামকৃষ্ণ অর্থা স্বয়ং ভগবান, ভারতে হোমিওপ্যাথি চিকিৎসা জগতের পথিকৃত ও প্রাতস্মরণীয় মনীষি ডঃ মহেন্দ্রলাল সরকারকে বলে গিয়েছিলেন "তোমার এ চিকিৎসা (হোমিওপ্যাথি) বেশ ভালো"।

পশ্চিমবঙ্গে Revolutionary হোমিওপ্যাথির পথিকৃত ডঃ শ্যামল কুমার দাস , ডঃ অমিতাভ মাইতি, ডঃ সুবল শংকর রায়, ডঃ অচিন্ত্য কুমার দাস, ডঃ বিশ্বরতন চক্রবর্ত্তী এবং জানা অজানা আরো অনেকে।



The Author's 35 years Benevolent Journey only.



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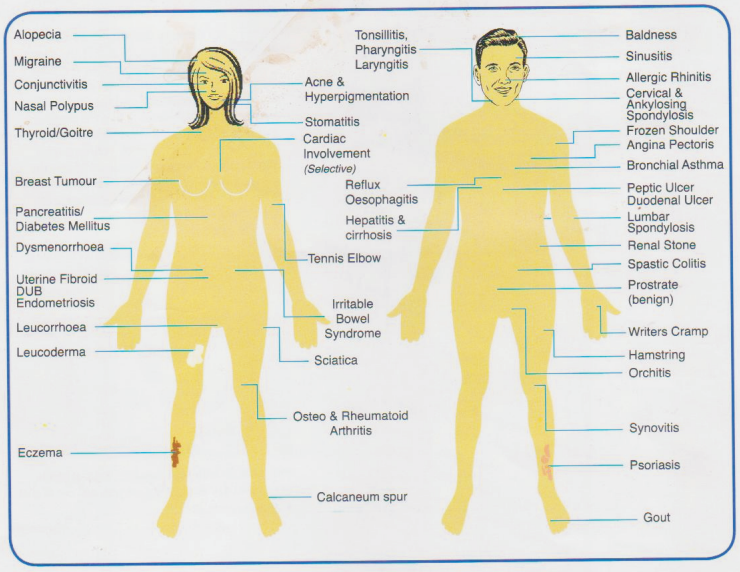

Dr. Amitava Maity

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Ex-honorary physician- vivekananda International health centre
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author- ajker homoeopathy -Non materialistic approach of treatment
Founder and honorary physician -Ramakrishna Sarada Arogyo Niketon.
Pioneer - Dynamic Micro-immuno Therapy to rectify all the system of the body at a time by Advanced Computerized Revolutionized classical method for prompt ,permanent and zero side effect cure .

A concept

Check up your health, diagnose the case & to get confirmed which branch of medicine (Allopathy or Homoeopathy) is relatively more beneficial, less time consuming & relatively cheaper for your disease & treat them accordingly.

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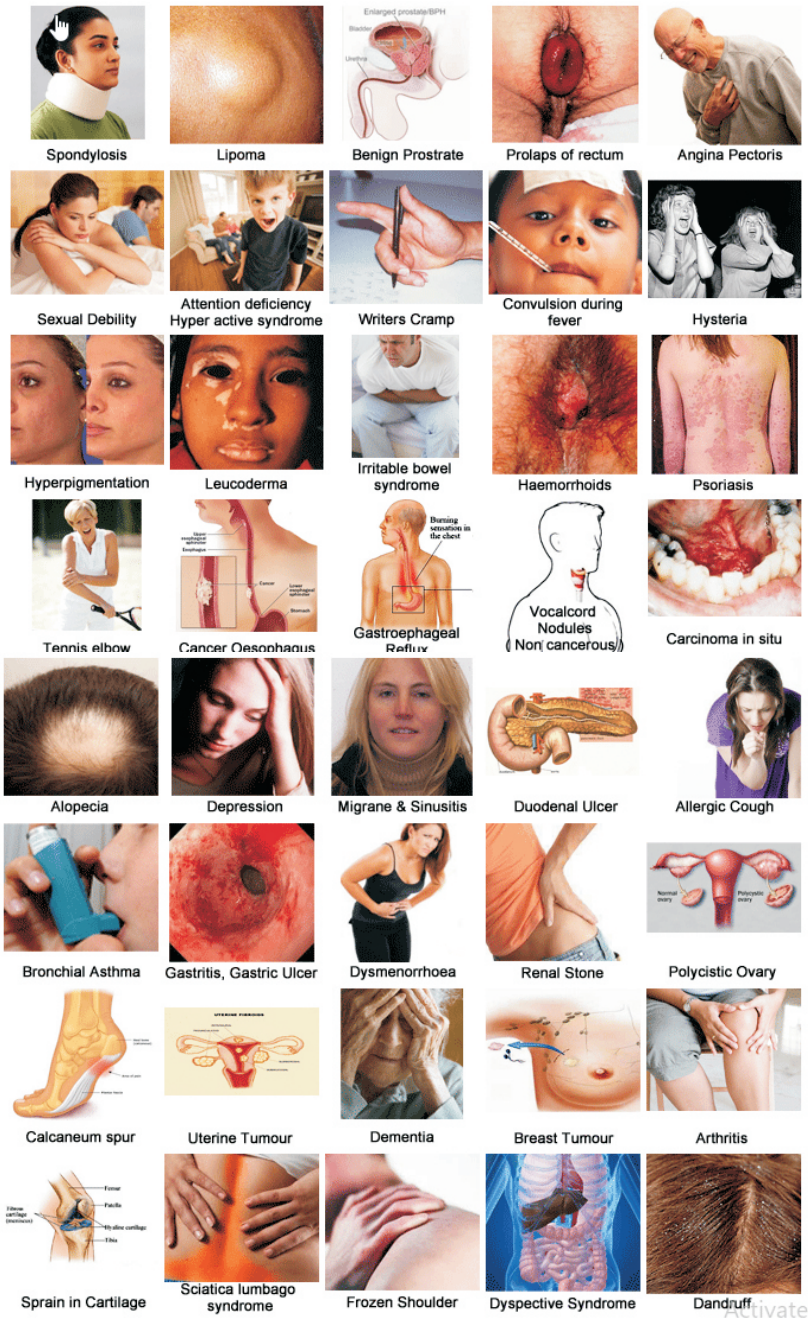
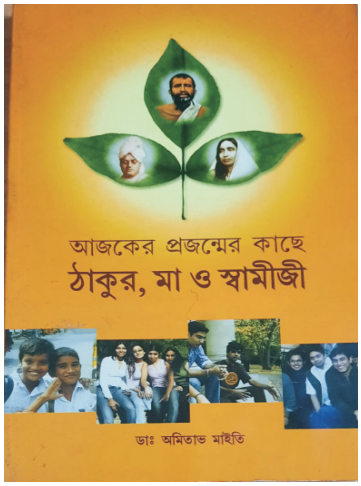
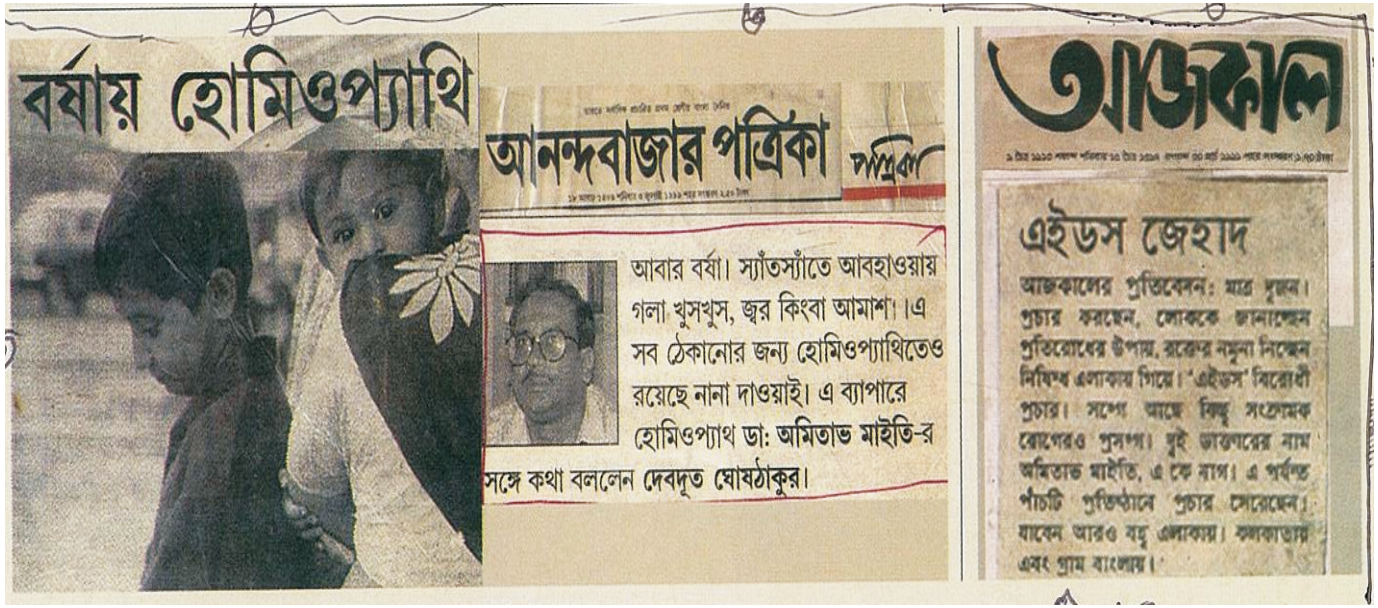


Different Diseases on which Homoepathy Treatment can be Relied on



Has written a book named **"AAJKER PROJONMER KACHE THAKUR MA O SWAMIJI".** This book has got recognition from different dignified person from all fields of work in India & abroad. This book consists of **"ART OF LIVING" FOR TODAYS' GENERATION"**





বর্ষায় হোমিওপ্যাথি

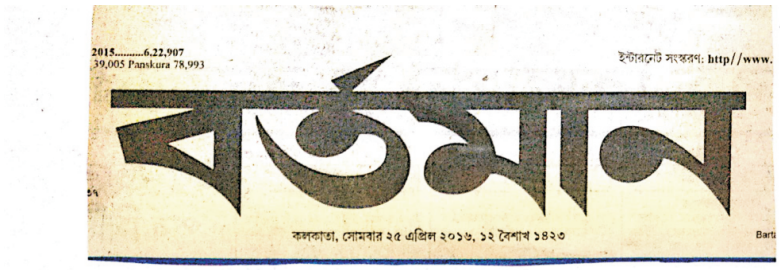
আনন্দবাজার পত্রিকা

আবার বর্ষা। স্যাঁতস্যাঁতে আবহাওয়ায় গলা খুসখুস, জ্বর কিংবা আমাশা। এ সব ঠেকানোর জন্য হোমিওপ্যাথিতেও রয়েছে নানা দাওয়াই। এ ব্যাপারে হোমিওপ্যাথ ডা: অমিতাভ মাইতি-র সঙ্গে কথা বললেন দেবদূত ঘোষঠাকুর।

আজকাল

এইডস জেহাদ

আজকালের প্রতিবেদন: মাত্র দুজন। প্রচার করছেন, লোককে জানাচ্ছেন প্রতিরোধের উপায়, রক্তের নমুনা নিচ্ছেন নির্বিঘ্ন এলাকায় গিয়ে। 'এইডস' বিরোধী প্রচার। সঙ্গে আছে কিছু সংক্রামক রোগেরও প্রসঙ্গ। দুই ডাক্তারের নাম অমিতাভ মাইতি, এ কে নাগ। এ পর্যন্ত পাঁচটি প্রতিষ্ঠানে প্রচার সেরেছেন। যাবেন আরও বহু এলাকায়। কলকাতায় এবং গ্রাম বাংলায়।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বর্তমান

কলকাতা, সোমবার ২৫ এপ্রিল ২০১৬, ১২ বৈশাখ ১৪২৩

অ্যালোপ্যাথি চিকিৎসা করানো ৬০ শতাংশ মানুষই ঘুরেছেন হোমিওপ্যাথির দিকে: সমীক্ষা

বিশ্বজিৎ দাস • কলকাতা

হোমিওপ্যাথির প্রতি দেশের মানুষের ভরসা বাড়ছে। গত এক বছরে অ্যালোপ্যাথি চিকিৎসার উপর ভরসা রাখা প্রায় ৬০ শতাংশ মানুষ হোমিওপ্যাথির দিকে ঘুরে গিয়েছেন। দেশের অন্যতম নামকরা একটি সমীক্ষাকারী সংস্থার প্রকাশিত তথ্য থেকে এ খবর জানা গিয়েছে। কলকাতা, মুম্বই, দিল্লি, বেঙ্গালুরু, হায়দরাবাদ, চেন্নাই, পুনে ও আমেদাবাদের মানুষজনের মধ্যে সমীক্ষা চালিয়ে উঠে এসেছে এই তথ্য।

কিন্তু কেন? অধিকাংশ মানুষ মনে করেন, অ্যালোপ্যাথি তথা মডার্ন মেডিসিনের তুলনায় হোমিওপ্যাথি অনেক নিরাপদ। ক্ষণিকের উপকারের থেকে দীর্ঘকালীন ফল ভালো বলেও অনেকে অ্যালোপ্যাথি থেকে সরে এসেছেন। এছাড়াও বেশ কয়েকটি কারণ হোমিওপ্যাথির জনপ্রিয়তা দ্রুত বাড়ার কারণ বলে মনে করছে সমীক্ষাকারী সংস্থাটি। তারা জানিয়েছে, এক, হোমিওপ্যাথির পার্শ্ব প্রতিক্রিয়া কম। দুই, হোমিওপ্যাথি শরীরের স্বাভাবিক রোগ প্রতিরোধ ক্ষমতা বাড়ায়। তিন, এই চিকিৎসায় অ্যালোপ্যাথির থেকে অন্তত ৩০ শতাংশ খরচ কম। তার ফলেই জ্বর, সর্দি-কাশি, গা-হাত-পা পিঠ কোমর ব্যথা, পেট ব্যথা, ইত্যাদি অসুখবিসুখে এই চিকিৎসা বহুল প্রচলিত হলেও বর্তমানে টিউমার, ক্যানসার প্রভৃতি দুরারোগ্য অসুখে বহু মানুষ হোমিওপ্যাথির সাহায্য নিচ্ছে।

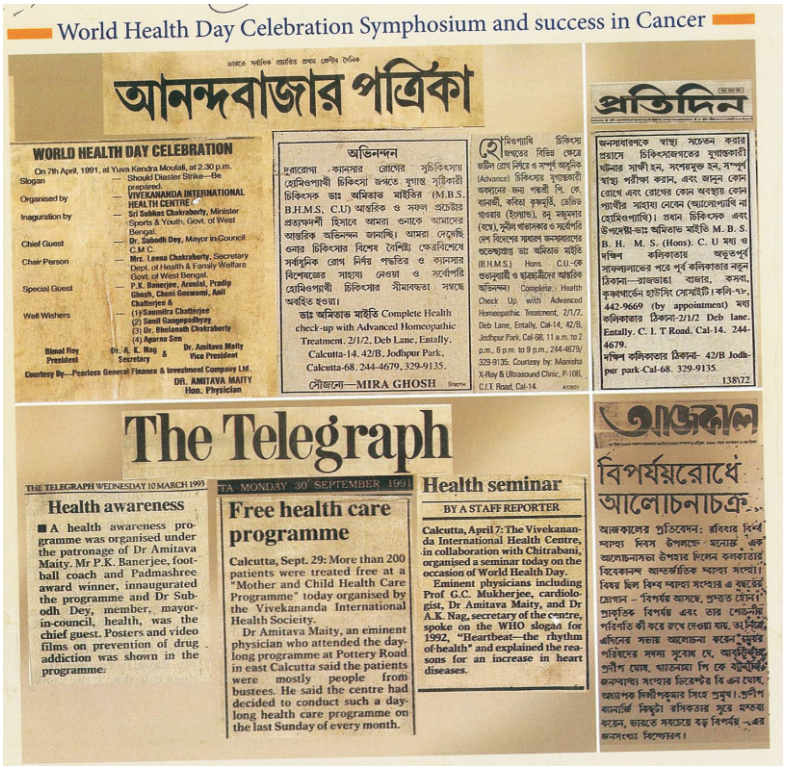
বর্তমানে পৃথিবীতে অ্যালোপ্যাথির পরপরই সবচেয়ে বেশি মানুষ হোমিওপ্যাথি চিকিৎসার উপর ভরসা রাখেন। প্রায় ৬০ কোটি মানুষ হোমিওপ্যাথি চিকিৎসা করান। এর মধ্যে ১০ কোটিরও বেশি মানুষ ভারতের। ৮৬টি দেশে চালু এই চিকিৎসা পদ্ধতি। সমীক্ষা থেকে জানা যাচ্ছে, হোমিওপ্যাথির প্রতি মানুষের ভরসা যেভাবে বাড়ছে, তাতে আগামী তিন বছরে হোমিও চিকিৎসা পদ্ধতির প্রতি আস্থা রাখা মানুষের সংখ্যা বেড়ে হবে ১৬ কোটি। হোমিওপ্যাথি ব্যাবসাও বাড়ছে। অ্যাসোচেমের হিসাব বলছে, বিশ্বজুড়ে হোমিও চিকিৎসার বাজার কমবেশি ২৬ হাজার কোটি টাকার। আর ভারতে? ২৭৫৮ কোটি টাকার। এ দেশে প্রতি বছর এই ব্যাবসা প্রায় ৩০ শতাংশ করে বাড়ছে বলে জানিয়েছে অ্যাসোচেম।

যদিও এই চিকিৎসা পদ্ধতি নিয়ে বিতর্কেরও শেষ নেই। বহু অ্যালোপ্যাথি চিকিৎসক হোমিওপ্যাথির নাম শুনলেই নাক সিঁটকান। হোমিওপ্যাথি অবৈজ্ঞানিক, যুক্তি-বুদ্ধির ধার ধারে না—নানা সময়ে নানা বিশিষ্ট লোক এই দাবি করেছেন। সম্প্রতি এই দাবি করেন নোবেলজয়ী বিজ্ঞানী ভেঙ্কটরামন রামকৃষ্ণানই। আবার বহু অ্যালোপ্যাথি চিকিৎসক নিজের ও পরিবারের লোকজনের অসুখ-বিসুখে হোমিওপ্যাথিতে ভরসা রাখেন। এ দৃশ্যও বিরল নয়। মোতিলাল নেহরু, রবীন্দ্রনাথ, শরৎচন্দ্রের মতো বিশিষ্ট মানুষও হোমিওপ্যাথিতে ভরসা রেখেছিলেন। হোমিওপ্যাথির প্রতি আস্থা পোষণ করা অনেকেই মনে করেন, যতই জনপ্রিয়তা বাড়ছে, এই চিকিৎসা পদ্ধতিও মডার্ন মেডিসিনের ফার্মা লবির চক্রান্তের শিকার হচ্ছে। তাদের উদ্দেশ্য নাকি যে কোনওভাবে হোমিওপ্যাথদের দিয়ে অ্যালোপ্যাথি চিকিৎসা করানো এবং হোমিওপ্যাথি ওষুধ বিক্রির বাজার ধ্বংস করা।

হোমিওপ্যাথির এই উন্নতি রমরমা নিয়ে কী বলছেন নামকরা হোমিওপ্যাথরা? বিশিষ্ট হোমিওপ্যাথ ডাঃ সুনির্মল সরকার বলেন, যাঁরা আগে হোমিওপ্যাথিতে বিশ্বাসই করতেন না, তাঁদের অনেকে এখন ক্যানসারের মতো জটিল রোগ সারাতে আমাদের কাছে আসছেন। এর অন্যতম কারণ হল, অ্যান্টিবায়োটিক রেজিস্ট্যান্স হয়ে যাওয়া। কয়েক বছর পর আর কাজ না করা। এবং সেই অনুপাতে নতুন নতুন কার্যকর অ্যান্টিবায়োটিক না আসা। দ্বিতীয়ত, ভাইরাসঘটিত রোগ ও ফাংগোল-ইনফেকশনে মডার্ন মেডিসিনের সীমাবদ্ধতা। বিশিষ্ট হোমিওপ্যাথ ডাঃ রথীন চক্রবর্তী বলেন, বহু রোগেই অ্যালোপ্যাথির নিদান হল, সারা জীবন খেয়ে যেতে হবে। হোমিওপ্যাথি তা বলে না। এছাড়া মানুষের স্বাভাবিক রোগ প্রতিরোধ ক্ষমতা বাড়ানোতেও জোর দেয় হোমিওপ্যাথি। এসব কারণেই ইউরোপসহ গোটা বিশ্বের বহু দেশই এখন হোমিওপ্যাথিতে বিশ্বাস রাখছেন। যা হচ্ছে, ভালো হচ্ছে—মত রথীনবাবুর।

অন্যদিকে এই সমীক্ষা নিয়ে কী বলছেন অ্যালোপ্যাথরা? অ্যালোপ্যাথির প্রতি কি অনাস্থা বাড়ছে? বিশিষ্ট ফিজিশিয়ান ডাঃ সুকুমার মুখোপাধ্যায় বলেন, এই সমীক্ষায় আমার আস্থা নেই। একজন হোমিওপ্যাথকে জানি না, যিনি হার্ট অ্যাটাক বা কোনও ইমার্জেন্সি পরিস্থিতিতে হোমিওপ্যাথি চিকিৎসা করতেন? পাবেন না। জনসংখ্যা বাড়ছে, তাই প্রাথমিকভাবে রোগ নিরাময়ে, বিশেষ করে বাচ্চাদের অসুখ-বিসুখে মানুষ হোমিও চিকিৎসকদের কাছে যাচ্ছে। জরুরি পরিস্থিতিতে তাদের সেই অ্যালোপ্যাথি চিকিৎসা করাতেই হচ্ছে।

Bartaman, 25.04.16, Kolkata



World Health Day Celebration Symphosium and success in Cancer

আনন্দবাজার পত্রিকা

WORLD HEALTH DAY CELEBRATION

On 7th April, 1991, at Yuva Kendra Moulali, at 2.30 p.m.

Slogan	— Should Diaster Strike—Be prepared.
Organised by	— VIVEKANANDA INTERNATIONAL HEALTH CENTRE
Inagruation by	— Sri Subhas Chakraborty, Minister Sports & Youth, Govt. of West Bengal.
Chief Guest	— Dr. Subodh Dey, Mayor in Council C.M.C.
Chair Person	— Mrs. Leena Chakraborty, Secretary Dept. of Health & Family Welfare Govt. of West Bengal.
Special Guest	— P.K. Banerjee, Arunlal, Pradip Ghosh, Chuni Goswami, Anil Chatterjee &
Well Wishers	— (1) Saumitra Chatterjee (2) Sunil Gangopadhyay (3) Dr. Bholanath Chakraborty (4) Aparna Sen

Bimal Roy, President — Dr. A. K. Nag, Secretary & Dr. Amitava Maity, Vice President

Courtesy By—Peerless General Finance & Investment Company Ltd.

DR. AMITAVA MAITY
Hon. Physician

অভিনন্দন

দুরারোগ্য ক্যানসার রোগের সুচিকিৎসায় হোমিওপ্যাথী চিকিৎসা জগতে যুগান্ত সৃষ্টিকারী চিকিৎসক ডাঃ অমিতাভ মাইতির (M.B.S. B.H.M.S. C.U) আন্তরিক ও সফল প্রচেষ্টার প্রত্যক্ষদর্শী হিসাবে আমরা এনাকে আমাদের আন্তরিক অভিনন্দন জানাচ্ছি। আমরা দেখেছি এনার চিকিৎসার বিশেষ বৈশিষ্ট্য ক্ষেত্রবিশেষে সর্বাধুনিক রোগ নির্ণয় পদ্ধতির ও ক্যানসার বিশেষজ্ঞের সাহায্য নেওয়া ও সর্বোপরি হোমিওপ্যাথী চিকিৎসার সীমাবদ্ধতা সম্বন্ধে অবহিত হওয়া।

ডাঃ অমিতাভ মাইতি Complete Health check-up with Advanced Homeopathic Treatment. 2/1/2, Deb Lane, Entally, Calcutta-14. 42/B, Jodhpur Park, Calcutta-68. 244-4679, 329-9135.

সৌজন্যে—MIRA GHOSH

হোমিওপ্যাথি চিকিৎসা জগতের বিভিন্ন ক্ষেত্রে জটিল রোগ নির্ণয়ে ও সম্পূর্ণ আধুনিক (Advance) চিকিৎসায় যুগান্তকারী অবদানের জন্য পদ্মশ্রী পি. কে. ব্যানার্জী, কবিগুরু কৃষ্ণমূর্তি, ডেভিড গুডরার (ইংলান্ড), লু মাস্কমান (হল্যান্ড), সুনীল গঙ্গোপাধ্যায় ও সর্বোপরি দেশ বিদেশের সাধারণ জনসাধারণের অকুণ্ঠপ্রাণ ডাঃ অমিতাভ মাইতি (B.H.M.S.) Hons. C.U.-কে গুরুদায়ীত্ব ও ছাত্রছাত্রীদের আন্তরিক অভিনন্দন। Complete Health Check Up with Advanced Homeopathic Treatment. 2/1/2, Deb Lane, Entally, Cal-14, 42/B, Jodhpur Park, Cal-68, 11 a.m. to 2 p.m., 6 p.m. to 9 p.m., 244-4679/ 329-9135. Courtesy by; Manisha X-Ray & Ultrasound Clinic, P-108, C.I.T. Road, Cal-14.

প্রতিদিন

জনসাধারণকে স্বাস্থ্য সচেতন করার প্রয়াসে চিকিৎসাজগতের যুগান্তকারী ঘটনার সাক্ষী হন, সংশয়মুক্ত হন, সম্পূর্ণ স্বাস্থ্য পরীক্ষা করান, এবং জানুন কোন রোগে এবং রোগের কোন অবস্থায় কোন প্যাথীর সাহায্য নেবেন (অ্যালোপ্যাথি বা হোমিওপ্যাথি)। প্রধান চিকিৎসক এবং উপদেষ্টা-ডাঃ অমিতাভ মাইতি M. B. S. B. H. M. S. (Hons). C. U মন্ত্র ও দক্ষিন কলিকাতায় অত্যন্তপূর্ব সাফল্যলাভের পরে পূর্ব কলিকাতার নতুন ঠিকানা—রাজডাঙা বাজার, কসবা, কৃষ্ণাপার্কের হাউসিং সোসাইটি। কলি-৭৮, 442-9669 (by appointment) মন্ত্র কলিকাতার ঠিকানা-2/1/2 Deb lane. Entally. C. I. T Road. Cal-14. 244-4679.
দক্ষিন কলিকাতার ঠিকানা- 42/B Jodhpur park-Cal-68. 329-9135.

138172

The Telegraph

THE TELEGRAPH WEDNESDAY 10 MARCH 1993

Health awareness

■ A health awareness programme was organised under the patronage of Dr Amitava Maity. Mr P.K. Banerjee, football coach and Padmashree award winner, innaugurated the programme and Dr Subodh Dey, member, mayor-in-council, health, was the chief guest. Posters and video films on prevention of drug addiction was shown in the programme.

TA MONDAY 30 SEPTEMBER 1991

Free health care programme

Calcutta, Sept. 29: More than 200 patients were treated free at a "Mother and Child Health Care Programme" today organised by the Vivekananda International Health Society.

Dr Amitava Maity, an eminent physician who attended the day-long programme at Pottery Road in east Calcutta said the patients were mostly people from bustees. He said the centre had decided to conduct such a day-long health care programme on the last Sunday of every month.

Health seminar

BY A STAFF REPORTER

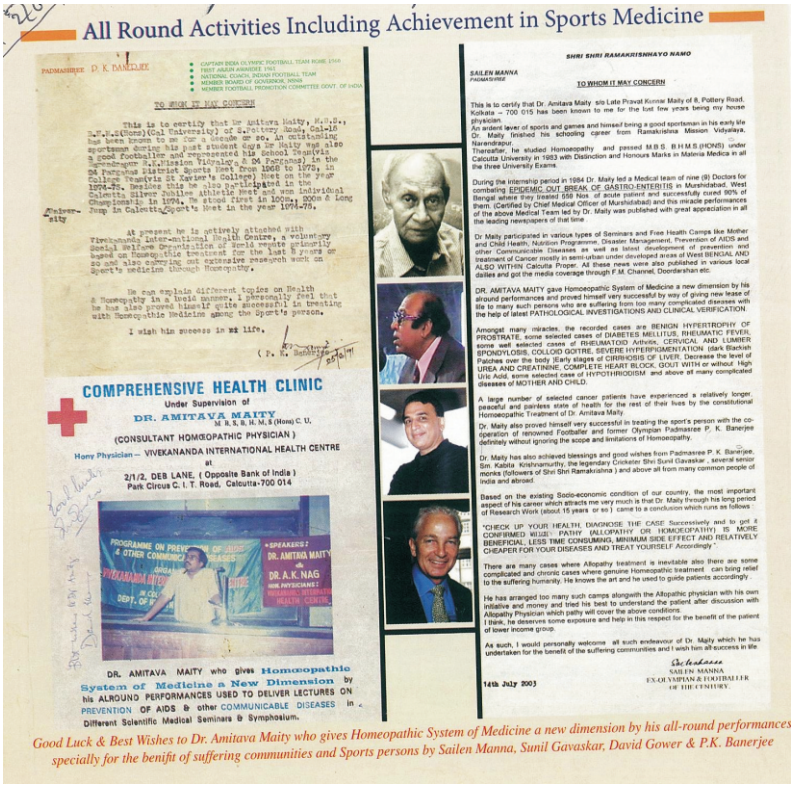
Calcutta, April 7: The Vivekananda International Health Centre, in collaboration with Chitrabani, organised a seminar today on the occasion of World Health Day.

Eminent physicians including Prof G.C. Mukherjee, cardiologist, Dr Amitava Maity, and Dr A.K. Nag, secretary of the centre, spoke on the WHO slogan for 1992, "Heartbeat—the rhythm of health" and explained the reasons for an increase in heart diseases.

আজকাল

বিপর্যয়রোধে আলোচনাচক্র

আজকালের প্রতিবেদন: রবিবার বিশ্ব স্বাস্থ্য দিবস উপলক্ষে মনোজ্ঞ এক আলোচনাসভা উপহার দিলেন কলকাতার বিবেকানন্দ আন্তর্জাতিক স্বাস্থ্য সংস্থা। বিষয় ছিল বিশ্ব স্বাস্থ্য সংস্থার এ বছরের শ্লোগান – বিপর্যয় আসছে, প্রস্তুত হোন। প্রাকৃতিক বিপর্যয় এবং তার শ্লোগানীয় পরিণতি কী করে রুখে দেওয়া যায়, আলোচনায় এদিনের সভায় আলোচনা করেন ডাক্তার পরিষদের সভাপতি সুবোধ দে, আন্তর্জাতিক পুরীপ ঘোষ, ঘাতনাম্যা পি কে ব্যানার্জি, জনস্বাস্থ্য সংস্থার ডিরেক্টর বি এন ঘোষ, অন্যান্য পক্ষ দিলীপকুমার সিংহ প্রমুখ। প্রদীপ ব্যানার্জি কিছুটা রসিকতার সুরে মন্তব্য করেন, ভারতে সবচেয়ে বড় বিপর্যয় এর জনসংখ্যা বিস্ফোরণ।



All Round Activities Including Achievement in Sports Medicine

PADMASHREE D. K. BANERJEE

- CAPTAIN INDIA OLYMPIC FOOTBALL TEAM ROME 1960
- FIRST ARJUN AWARDEE 1961
- NATIONAL COACH, INDIAN FOOTBALL TEAM
- MEMBER BOARD OF GOVERNOR, INDIA
- MEMBER FOOTBALL PROMOTION COMMITTEE GOVT. OF INDIA

TO WHOM IT MAY CONCERN

This is to certify that Dr Amitava Maity, M.B.B.S., B.M.R.E.(Hons)(Cal University) of S.Pottery Road, Cal-16 has been known to me for a decade or so. An outstanding sportsman during his past student days Dr Maity was also a good footballer and represented his School Team(Vis Jyotiniketan P.S.,Vision Victory,& 24 Parganas) in the 24 Parganas District Sports Meet from 1968 to 1973, in College Team(St Xavier's College) Meet in the year 1974-75. Besides this he also participated in the Calcutta Silver Jubilee Athletic Meet and won Individual Championship in 1974. He stood first in 100m., 800m & Long Jump in Calcutta Sport's Meet in the year 1974-75.

Univer-sity

At present he is actively attached with Vivekananda Inter-national Health Centre, a voluntary Social Welfare Organisation of World repute primarily based on Homeopathic treatment for the last 8 years or so and also carrying out extensive research work on Sport's medicine through Homeopathy.

He can explain different topics on Health & Homeopathy in a lucid manner. I personally feel that he has also proved himself quite successful in treating with Homeopathic Medicine among the Sport's person.

I wish him success in his life.

(P. K. Banerjee)

COMPREHENSIVE HEALTH CLINIC

Under Supervision of

DR. AMITAVA MAITY

M.B.B.S, B.M.R.E.(Hons) C. U.

(CONSULTANT HOMOEOPATHIC PHYSICIAN)

Hony Physician — VIVEKANANDA INTERNATIONAL HEALTH CENTRE at

2/1/2, DEB LANE, (Opposite Bank of India)

Park Circus C. I. T. Road, Calcutta-700 014

DR. AMITAVA MAITY who gives **Homeopathic System of Medicine a New Dimension** by his ALROUND PERFORMANCES USED TO DELIVER LECTURES ON PREVENTION OF AIDS & other COMMUNICABLE DISEASES in Different Scientific Medical Seminars & Symphosium.

SHRI SHRI RAMAKRISHNAYO NAMO

SAILEN MANNA
PADMASHREE

TO WHOM IT MAY CONCERN

This is to certify that Dr. Amitava Maity s/o Late Pravat Konnar Maity of 8, Pottery Road. Kolkata – 700 015 has been known to me for the lust few years being my house physician.
An ardent lover of sports and games and himself bring a good sportsman in his early life Dr. Maity finished his schooling career from Ramakrishna Mission Vidyalaya, Narendrapur.
Thereafter, he studied Homoeopathy and passed M.B.S. B.H.M.S.(HONS) under Calcutta University in 1983 with Distinction and Honours Marks in Materia Medica in all the three University Exams.

During the internship period in 1984 Dr. Maity led a Medical team of nine (9) Doctors for combating EPIDEMIC OUT BREAK OF GASTRO-ENTERITIS in Murshidabad, West Bengal where they treated 658 Nos. of acute patient and successfully cured 90% of them. (Certified by Chief Medical Officer of Murshidabad) and this miracle performances of the above Medical Team led by Dr. Maity was published with great appreciation in all the leading newspapers of that time.

Dr Maity participated in various types of Seminars and Free Health Camps like Mother and Child Health, Nutrition Programme, Disastor Management, Prevention of AIDS and other Communicable Diseases as well as latest development of prevention and treatment of Cancer mostly in semi-urban under developed areas of West BENGAL AND ALSO WITHIN Calcutta Proper. All these news were also published in various local dailies and got the media coverage through F.M. Channel, Doordarshan etc.

DR. AMITAVA MAITY gave Homoeopathic System of Medicine a new dimension by his alround performances and proved himself very successful by way of giving new lease of life to many such persons who are suffering from too many complicated diseases with the help of latest PATHOLOGICAL INVESTIGATIONS AND CLINICAL VERIFICATION.

Amongst many miracles, the recorded cases are BENIGN HYPERTROPHY OF PROSTRATE, some selected cases of DIABETES MELLITUS, RHEUMATIC FEVER, some well selected cases of RHEUMATOID Arthritis, CERVICAL AND LUMBER SPONDYLOSIS, COLLOID GOITRE, SEVERE HYPERPIGMENTATION (dark Blackish Patches over the body)Early stages of CIRRHOSIS OF LIVER, Decrease the level of UREA AND CREATININE, COMPLETE HEART BLOCK, GOUT WITH or without High Uric Acid, some selected case of HYPOTHIROIDISM and above all many complicated diseases of MOTHER AND CHILD.

A large number of selected cancer patients have experienced a relatively longer, peaceful and painless state of health for the rest of their lives by the constitutional Homoeopathic Treatment of Dr. Amitava Maity.

Dr. Maity also proved himself very successful in treating the sport's person with the co-operation of renowned Footballer and former Olympian Padmasree P. K. Banerjee definitely without ignoring the scope and limitations of Homoeopathy.

Dr. Maity has also achieved blessings and good wishes from Padmasree P. K. Banerjee, Sm. Kabita Krishnamurthy, the legendary Cricketer Shri Sunil Gavaskar , several senior monks (followers of Shri Shri Ramakrishna) and above all from many common people of India and abroad.

Based on the existing Socio-economic condition of our country, the most important aspect of his career which attracts me very much is that Dr. Maity through his long period of Research Work (about 15 years or so) came to a conclusion which runs as follows :

"CHECK UP YOUR HEALTH, DIAGNOSE THE CASE Successively and to get it CONFIRMED WHETHER PATHY (ALLOPATHY OR HOMOEOPATHY) IS MORE BENEFICIAL, LESS TIME CONSUMING, MINIMUM SIDE EFFECT AND RELATIVELY CHEAPER FOR YOUR DISEASES AND TREAT YOURSELF Accordingly ".

There are many cases where Allopathy treatment is inevitable also there are some complicated and chronic cases where genuine Homeopathic treatment can bring relief to the suffering humanity. He knows the art and he used to guide patients accordingly.

He has arranged too many such camps alongwith the Allopathic physician with his own initiative and money and tried his best to understand the patient after discussion with Allopathy Physician which pathy will cover the above conditions.
I think, he deserves some exposure and help in this respect for the benefit of the patient of lower income group.

As such, I would personally welcome all such endeavour of Dr. Maity which he has undertaken for the benefit of the suffering communities and I wish him all success in life.

SAILEN MANNA
EX-OLYMPIAN & FOOTBALLER OF THE CENTURY.

14th July 2003

Good Luck & Best Wishes to Dr. Amitava Maity who gives Homeopathic System of Medicine a new dimension by his all-round performances specially for the benifit of suffering communities and Sports persons by Sailen Manna, Sunil Gavaskar, David Gower & P.K. Banerjee

মুখ্যবার্তা পাক্ষিক পত্রিকা

২বি/৫, সারদা পল্লী, বেনাচিতি, দুর্গাপুর - ১৩, মোঃ ৯৪৭৪৩৭৫৬২০

মুখ্যবার্তা পত্রিকার উদ্যোগে বিবেকানন্দের জন্ম

সার্ধ শতবর্ষের সমাজ সেবামূলক অনুষ্ঠান প্রদত্ত সম্মাননা / মানপত্র প্রদান



প্রাপকঃ ডাঃ শ্রী অমিতাভ মাইতি

হে মহান সূধীজন,

সমাজের প্রতি, দুঃস্থদের প্রতি আপনার যে মহান দায়িত্ব কর্ত্তব্য বোধ, নিষ্ঠা ও ন্যায়পরায়ণতা আমাদের ভীষণ ভাবে আকৃষ্ট করে। জীবনের প্রতিক্ষেত্রে, প্রতিপদে জনসেবার কাজে আপনি নিজেকে নিয়োজিত করছেন তা দেখে অনেকেই জনসেবার কাজ করতে শুরু করেছেন। বিবেকানন্দের মহান ভাবধারা, অগাধ স্বদেশ প্রেম আপনার মধ্যে আমরা দেখতে পাই। আপনাকে এই মহতি সভায় সম্বর্ধনা জানিয়ে আমাদের সমাজ সেবামূলক কর্মকান্ড গুলিকে আরো এগিয়ে নিয়ে যেতে চাই। আপনার আর্শীব্বাদ, সহযোগিতা আমাদের সঙ্গে থাকবেই। শ্রীশ্রী আদ্যামায়ের আর্শীব্বাদে আপনার মতো ব্যক্তিত্বকে সম্মান জানাতে পেরে আমরা আনন্দিত ও গর্বিত মনে করছি। আপানার সুস্থ, সুন্দর ও সবল জীবন কামনা করছি। আপনি দীর্ঘজীবী হোন। শুভায় ভবতুঃ

শুভেচ্ছান্তে- প্রণাম সহ

শুক্লা মজুমদার
শুক্লা মজুমদার
সহ সম্পাদিকা
মুখ্যবার্তা পত্রিকা, দুর্গাপুর

প্রণাম সভাপতি
ঠাকুরের সন্তান
স্বামী সারদানন্দ
দি রামকৃষ্ণ মোসাইটি
প্রণাম ভান্ডার

নারায়ণ মজুমদার
নারায়ণ মজুমদার
সম্পাদক
মুখ্যবার্তা পত্রিকা, দুর্গাপুর

7 9 2008

TO WHOM IT MAY CONCERN

Dr. Amitava Maity, M.B.S B.H.M.S. Hons. (C.U.) is very much known to me. He has earned great reputation not only in India but in Overseas, and thereby he has helped thousand of patient both India and Abroad. I therefore appeal to all sincere patient suffering from long standing difficulties to seek his expertise. I do hope the patient will get relief from his valuable treatment. His greatest contribution in the field of medicine which has given him the international reputation is to :

CHECK-UP YOUR HEALTH, DIAGNOSE THE CASE AND TO GET CONFIRMED WHICH PATHY (ALLOPATHY OR HOMEOPATHY) IS MORE BENEFICIAL LESS TIME CONSUMING, HAS GOT MINIMUM SIDE EFFECT & RELATIVELY CHEAPER FOR YOUR DISEASE & TREAT YOURSELF ACCORDINGLY.

HE HAS EXPERIENCED THE MIRACLES OF HOMEOPATHY IN SOME SELECTED CASES OF ALOPECIA (FALLING OF HAIR), DEPRESSION, HYPOTHYROIDISM, BRONCHIAL ASTHMA, GASTRIC ULCER, DUODENAL ULCER, DIABETES MELLITUS, RENAL STONE (NOT GALL BLADDER STONE), UTERINE TUMOUR(FIBROID), OVARIAN CYST, BREAST TUMOUR (FIBRODENOMA), ARTHRITIS(OSTEOARTHRITIS & RHEUMATOID ARTHRITIS), SCIATICA, SPONDYLOSIS (CERVICAL & LUMBER) LIPOMA, IRREGULARITIES OF MENSES, PROSTRATE(BENIGN ENLARGEMENT), IMPOTENCY, SOME CASES OF CANCER, DIFFERENT TYPES OF SKIN DISEASES EXCEPT LEPROSY & MANY DISEASES OF MOTHER & CHILD.

IN
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®033 2464 4679

Swami Tathagatananda

SWAMI TATHAGATANANDA
PRESIDENT VEDANTA SOCIETY
ESTABLISHED BY SWAMI VIVEKANANDA (1894)
NEW YORK, USA.

7/9/08

HAPPINESS FOR ALL, HEALTH FOR ALL.

VIVEKANANDA INTERNATIONAL HEALTH CENTRE

Registered under W. Bengal Societies Registration Act XXVI of 1961

Regd. Office : 54/A, B. K. PAUL AVENUE, CALCUTTA-700005, INDIA. PHONE : 30-7842

TO WHOM IT MAY CONCERN

This is to certify that Dr. Amitava Maity, residing at 8 Pottery Road is a founder member of our organisation. He is the Vice-President of V.I.H.C., and is actively engaged in different Clinics based on the Homoeopathic System of Medicine. He has successfully cured numerous complicated cases during the last 7 years.

He has a deep knowledge in Homoeopathic Materia Medica and Theraputies and has taught these subjects to our Medical Officers and Health Workers. His teaching capacity is excellent.

Dr. Amitava Maity has participated in several preventive Health programmes like immunisation and meetings & seminers on Health Awareness among the Public as well as Medical Students. He has taken part in most of our Health Programmes. At present, he is a lecturer in our Programme on Prevention of AIDS. He has delivered talks on the Topic in different Universities and Colleges.

He has an impressive and dynamic personality.

I wish him all success in life.

20/6/91

BIMAL ROY.
President.

HEALTH COMPLEX : RAJDANGA SCHOOL ROAD, CALCUTTA-700 078



জীবে প্রেম করে যেই জন,
সেই জন সেবিছে ঈশ্বর।

LOVING CARE TO HUMANITY,
IS SERVICE TO GOD.

Vivekananda International Health Centre

VIHC

AN
INTRODUCTION

REGD. OFFICE:
54/A, B. K. PAUL AVENUE, CALCUTTA-700 005
INDIA
PHONE : ~~30-7842~~

BRIEF HISTORY

Ill-health is a major curse suffered by mankind. And when it is coupled with poverty and powerlessness, the result is disastrous. Unfortunately, a large number of people in developing countries are forced to live in such conditions. The most painful fact is that the World today has the necessary Knowledge and Means to end much of this misery ; but is there the WILL ?

A small group of young homoeopathic doctors found this situation intolerable Inspired by Swami Vivekananda's ideal of 'Selfless Service with burning Love', the VIVEKANANDA INTERNATIONAL HEALTH CENTRE was formed by them in 1984 alongwith a few more well-wishers

The V. I. H. C. is a non-profit voluntary organisation registered under the West Bengal Societies Registration Act of 1961. Our cherished Goal is : 'Sarve Sukhinah Santu, Sarve Santu Niramayah' — 'HAPPINESS FOR ALL, HEALTH FOR ALL'.

Our members provided Emergency Medical Relief during outbreak of Gastro-enteritis in 1984 to villagers in Murshidabad District and Slum-dwellers in Calcutta. We experienced at first-hand, the complex nature of health problems mingled with under development, that plagues our Country. We strengthened our Resolve to do something to change the situation.



Emergency Medical Relief being provided to victims of Gastroenteritis Epidemic in Murshidabad District



Health Walk and Rally in front of our Rajdanga Health Complex to highlight Immunisation Day and Tercentenary of Calcutta on 25th August, 1989.

MAJOR OBJECTIVES

- To serve mankind with Swami Vivekananda's ideals.
- To promote healthy living and strengthening the body and mind.
- To free people from the curse of ill-health.
- To create Awareness about Health and Environment.
- To fight against Health hazards like Pollution, addictions etc.
- To form an international network with like-minded individuals and organisations.
- To provide preventive and curative Health Care.
- To popularise Integrated System of Medicine.
- To arrange for First aid and Emergency Medical Relief.
- To propagate and popularise Family Planning.
- To impart trainings on Health and related Subjects.
- To conduct studies and research on Health and Development.

ACTIVITIES

MEDICAL RELIEF : We provide First-Aid and Emergency Medical Relief during Epidemics, Floods, Long-distance Swimming Competitions, Sport Meet, Kumbha Mela and other gatherings.

HEALTH COMPLEX : A Health Complex is being set up at Rajdanga School Road, Calcutta-78. At present, Immunisation, Growth-monitoring, Nutritional Advice, Prophylaxis against Anaemia and Night-blindness, Ante-natal care, Family Planning Services, Free Blood-testing Camps for detecting anaemia, diabetes and blood groups, and Homoeopathic Out Patient Treatment, is being carried out regularly.

We plan to introduce Yoga Classes, Pathological investigations, Special Clinics on Eye, E. N. T., Dental, Gynaecology etc., to provide complete Health Care at a minimal cost to the needy people.

HEALTH AWARENESS : Mass-meetings, Group Discussions, Slide-shows, Video-shows, Exhibitions, Puppet-shows, Drama, Rallies etc. are organised in different slums and remote villages to create health-awareness.

The programmes are aimed to elicit health problems from the participants, and to encourage them to overcome the same through individual and community action.



Collecting Blood Sample at our Rajdanga Health Complex during a Free Camp for detection of Anaemia and Diabetes.

TRAININGS AND SEMINARS : Trainings of various durations on different aspects of Community Health and treatment of Common Diseases, using locally available remedies and Homoeopathic medicines are imparted to workers of several organisations, Mothers groups and Youth Clubs.

Seminars on Mother and Child Health, Cancer, Women's Health, Superstitions, Environment, Safe Drinking Water, and other topics were held, in which eminent speakers were invited.

SURVEYS AND CONSULTANCIES : We conduct Health and Socio-economic Surveys and offer consultancy in planning, implementing and evaluating Community Health Projects. We assisted the I.I.M. Calcutta, in carrying out Baseline and KAP surveys on Health and Family Planning Programmes in West-Bengal and Uttar Pradesh.

HEALTH PROJECTS : We select backward and under-served Rural areas and slums for our Health Projects. The basic aim is to make the people self-reliant in Health Care matters. We are running three such Projects.

FAMILY PLANNING : All our programmes incorporate the messages of Family Planning and stress the benefits of a small family. We strongly advocate the right of women to choose their own preferred method of F. P. Our Health Complex provides Family Planning Services.

AGAINST ADDICTIONS : Concerned by the increase in addictions, we organised and took part in Seminars and Movements against Drug-Abuse. We successfully carried out detoxification of Heroin addicts with Homoeopathic Medicines and Yoga. We are promoting the Eastern Region Drug Detoxification and Therapy Complex, to provide complete Drug-Dependence Services.

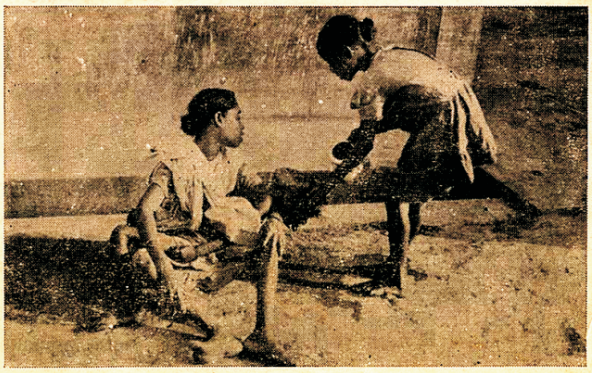
AUDIO-VISUAL WING : To propagate Health Messages more effectively, our Audio-visual Wing has collected and produced Color-slides, Posters, Flash-Cards, Video-cassettees, Booklets, Journals and Books on Health and Development. Our Kala Kendra will promote Cultural activities like Music, Dance, Drama, Songs and Drawing to promote Health.

OUR REALISATION

Though years of well-intentioned activities we have realised that it is very difficult to bring about real and sustained improvement in Health conditions in communities plagued by Poverty, Illiteracy and Inhuman exploitation. To be healthy and happy, people need, not only charity and medical assistance, but a radical change in life style with Spiritual upliftment and a Just Social Order.

We started with Emergency Medical Relief, and added a Health Complex, Awareness programmes, Trainings on Health, Health Projects aimed at self-reliance at community level etc, but we feel that this is not enough. Literacy, Income-generation, and Social Development must also be carried on simultaneously. Our experience and means are limited; but we do not wish to give up. Swami Vivekananda never sought for help or begged assistance. He never leaned on any. What might be done, it was the doer's privilege to do, not the recepient's to accept.

We welcome you to join us in the crusade againt ill-health. The task ahead is not easy, but we need not despair; let us follow Swamiji's Call :— "AWAKE ! ARISE ! STRUGGLE ON ! AND STOP NOT TILL THE GOAL IS REACHED."



Won't we join her in serving suffering humanity and fulfil the goal "HAPPINESS FOR ALL, HEALTH FOR ALL".



Diversified Work



Benevolent Activities
Lecture of Prevention of Aids & Other Communicable Diseases

ডাঃ অমিতাভ মাইতি





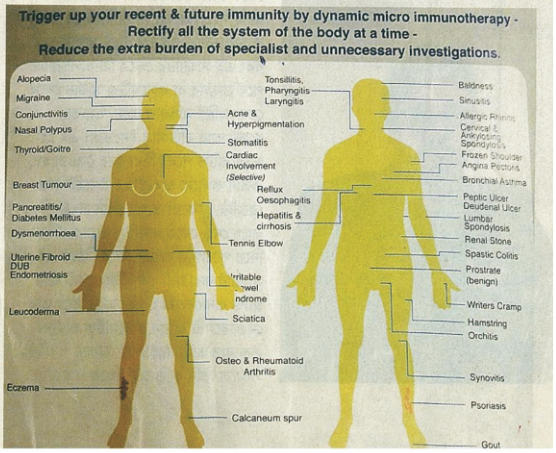


হোমিওপ্যাথির মূল দর্শনকে ঠিক রেখে 'মাইক্রোইমিউনোজেনেটিক্স'কে ব্যবহার করে শরীর ও মনকে ডিটক্সিফাই করে একই সঙ্গে নির্বাচিত বেশ কিছু জটিল রোগের চিকিৎসা একসঙ্গে করা যায়। এর মাধ্যমে রোগ প্রতিরোধও করা সম্ভব।

মাইক্রো' অর্থাৎ অতি সূক্ষ্ম বা ক্ষুদ্র। এই ক্ষুদ্র ওষুধ দিয়ে ইমিউনিটি ট্রিগার অর্থাৎ রোগ প্রতিরোধ ক্ষমতা বাড়ানোর চেষ্টা করা হয় শরীরের জিনকে রেক্টিফাই করে। মাইক্রোইমিউনোজেনেটিক্স কেমন করে জিনগত পরিবর্তনে রোগ প্রতিরোধ করতে পারে, সেই বিষয়ে বিস্তারিত গবেষণা ভবিষ্যতের বিজ্ঞানীদের জন্য তোলা থাক। এই ব্যাপারে বেলজিয়মের বিখ্যাত বৈজ্ঞানিক ডঃ মরিস জেনার জানান 'ডায়নামিক পাওয়ার অফ ওয়াটার মলিকিউলস' সহজেই জিনের মধ্যে থাকা ডিএনএ ও আরএনএকে ইনফ্লুয়েন্স করে ইমিউন সিস্টেমকে ট্রিগার আপ করতে পারে। ফ্রান্সের নোবেল লরিয়েট লুক মন্টাজিয়ার এবং জ্যাক বেনেভিস্টা নিজেরা এই সত্য প্রমাণ করে দেখিয়েছেন। এছাড়াও ডাঃ অমিতাভ মাইতি পৃথিবীবিখ্যাত অসংখ্য ইমিউনোলজিস্ট, মাইক্রোবায়োলজিস্ট, বৈজ্ঞানিক এবং সর্বোপরি ভারতবর্ষের বিখ্যাত ডাঃ রাজন শংকরন, ডাঃ ভিদালকাস, ডাঃ শ্যামলকুমার দাস, ডাঃ বিশ্বজিৎ রায়ের গবেষণাকে কাজে লাগিয়েছেন। এছাড়াও ডাঃ মাইতি আয়ুর্বেদিক, অ্যালোপ্যাথ ও হোমিওপ্যাথির বিজ্ঞানের স্রষ্টা চরক, সুশ্রুত, হিপোক্রিটাস, হ্যানিম্যান ও কেন্টের দর্শন, গর্ভ উপনিষদ ও বেদান্তের সাহায্যে নিজের স্বধর্মকে বিশ্বের দরবারে প্রতিষ্ঠা করেছেন।

কিন্তু সবার আগে মেডিসিনে একজন সম্পূর্ণ ক্লিনিশিয়ান হতেই হবে। এর পরেই আসবে একজন রোগীর স্বাস্থ্য পরীক্ষার প্রসঙ্গ। তারপর রোগ নির্ণয়; তার পরেই দেখতে হবে কোন রোগে কোন প্যাথি (হোমিওপ্যাথি না অ্যালোপ্যাথি) বেশি প্রয়োজন।

এই চিকিৎসা অনেক কম সময়সাপেক্ষ; অনেক কম খরচে করা যায়। মডার্ন





ডঃ অমিতাভ মাইতি

মেডিসিন বিশ্বের স্বাস্থ্য ব্যবস্থাকে নিয়ন্ত্রণ করছে ঠিকই, কিন্তু সাফল্যের নিরিখে আজও বেশ কিছু দীর্ঘস্থায়ী জটিল রোগের জন্য সুপরিকল্পিত হোমিওপ্যাথি চিকিৎসা বহুক্ষেত্রেই এগিয়ে আছে। সবথেকে উল্লেখযোগ্য বিষয় হল, ক্রনিক রোগের জন্য মাইক্রোইমিউনোজেনেটিক্স পৃথিবীর দ্রুততম পদ্ধতি হিসেবে গণ্য। সম্ভবত বিশ্বে প্রথমবার এই ধারণার জন্য নিউ ইয়র্ক বেদান্ত সোসাইটি থেকে ২০০৮ সালের সাতই সেপ্টেম্বর ডাঃ অমিতাভ মাইতি সার্টিফিকেট অফ এক্সেলেন্স পেয়েছেন।

২০১৫ সালের পঁচিশে ডিসেম্বর ইংল্যান্ডের লিস্টারমায়ারে মাইক্রোইমিউনোজেনেটিক্সের ওপর 'জিন ট্রিগার আপ থেরাপি' শিরোনামে এক যুগান্তকারী বক্তৃতায় এই বিষয় নিয়ে পৃথিবীতে আগ্রহ তৈরি হয়েছে। জার্মানি, ফ্রান্স ও সিঙ্গাপুর এই বক্তৃতায় আমন্ত্রিত দেশ হিসেবে অংশগ্রহণ করে।

মানসিক ও শারীরিক যে কোনও রোগ নিয়ে চিকিৎসা করাতে এলে সার্বিকভাবে মানসিক লক্ষণ বুঝে নিয়ে এগোতেই হয়; হ্যানিম্যান এবং কেন্টের কথায়, 'ম্যান ইজ নাথিং বাট উইল অ্যান্ড আন্ডারস্ট্যান্ডিং'। একাধিক রোগের নিরাময়, যেমন, কোনও মহিলার আর্থ্রাইটিস, গ্যাস্ট্রিক, মাইগ্রেন, আলসার, বিভিন্ন ধরনের অ্যালার্জি, ইরিটেবল বাওয়েল সিনড্রোম, পাইলস একই সঙ্গে নিরাময় হওয়া সম্ভব। যে কোনও রোগ নিয়ে চিকিৎসা করাতে এলে সার্বিকভাবে ভবিষ্যত প্রজন্মেরও সমস্ত শরীর ও মনের বিশেষ কলুষতা বা টক্সিসিটি দূর হয়। পরিবেশ ও সেইসঙ্গে বিশ্ব জুড়ে ক্রমাগত বদলে যাওয়া অর্থহীন লাইফস্টাইলের জন্য সমস্ত অসুস্থতা অনেক জটিল হচ্ছে। এখনকার এবং ভবিষ্যতের অ্যাডিকশান, অবসেশান, ডিপ্রেশান, স্কিজোফ্রেনিয়া, মনোযোগ ব্যাহত হওয়ার সমস্যা আয়ত্তে আনা সম্ভব। এই সমস্ত রোগের ক্ষেত্রে মডার্ন মেডিসিন অপরিহার্য; শুধুমাত্র মাইক্রোইমিউনোজেনেটিক্স দিয়ে এইসব রোগের মোকাবিলা করা যাবে না। কিন্তু একই সঙ্গে যদি অ্যালোপ্যাথি এবং ওয়ার্ল্ড ক্লাস হোমিওপ্যাথি প্রয়োগ করা যায়, তাহলে ওষুধের কার্যকারিতাও বেড়ে যাবে এবং অ্যালোপ্যাথ ওষুধের সংখ্যাও কমে যাবে। এই সমস্ত রোগে অ্যালোপ্যাথি চিকিৎসার পরেও কিন্তু কার্যকারিতা বজায় থাকে, ওষুধের অ্যাকশন নষ্ট হয় না। ডায়নামিক পাওয়ারকে কেউ নষ্ট করতে পারে না। শিশু বা কিশোর বয়স থেকে বৃদ্ধ বয়স পর্যন্ত এর সাফল্যের হার দেখে অনুপ্রাণিত হয়ে, ডাঃ শ্যামল কুমার দাসের সৌজন্যে মায়ের জরায়ুতে থাকাকালীন জিনগত প্রভাব নিয়ে গবেষণা করেন।



সম্পূর্ণ সুস্থ জীবনযাপনের জন্য ইমিউনিটি বা রোগ প্রতিরোধ ক্ষমতাকে জেনেটিক স্তর থেকে একটু একটু করে পরিবর্তিত করে অত্যন্ত অল্প সময়ের মধ্যে সামগ্রিক সুস্থতার সন্ধান দিলেন তিনি। কারও যদি দীর্ঘকালীন ব্লাড প্রেশার, ডায়াবিটিস, থাইরয়েড ইত্যাদি সমস্যা থাকে, তাহলে অ্যালোপ্যাথ ওষুধ বন্ধ করা যাবে না। খাবারের ক্ষেত্রেও কোনও নিষেধাজ্ঞা নেই। ডাউন'স সিনড্রোম, ওভারিয়ান সিস্ট, লিভার ক্যানসার, প্রস্টেট ক্যানসার, অ্যাস্থমার মতো রোগে প্রতিরোধ ক্ষমতা বাড়ানো যায়। বিশেষত, অ্যালার্জি, আর্টিকেরিয়া, সোরিয়াসিস, লিউকোডার্মা এবং জটিল বাত সারবে এই চিকিৎসায়। হোমিওপ্যাথির বেশিরভাগ ওষুধই







পার্সোনালাইজড মেডিসিন হিসেবে গণ্য হয়। এখন বোঝা যাচ্ছে ডারউইন 'অরিজিন অফ স্পিসিজ' লিখতে পারতেন না হোমিওপ্যাথি না থাকলে। স্বয়ং শ্রীরামকৃষ্ণদেব ডাঃ মহেন্দ্রলাল সরকারকে বলে গিয়েছেন, 'তোমার এই চিকিৎসা পদ্ধতি বেশ'; এর ওষুধের প্রয়োগ যেন 'যত মত, তত পথ'-এর ওপর প্রতিষ্ঠিত।

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How to Prevent COVID-19



Waiting for Preventive Medicine by increasing Immunity Against COVID-19



Waiting of Treatment



Treatment



Serving Neutrients



OPPORTUNITY FOR SERVING THE SUFFERING HUMANITY